

TRAINING & PRACTICE TRANSFORMATION

An integrated approach to trauma-responsive care training and practice



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WHY "TRAUMA-RESPONSIVE" TRAINING?

There is a growing awareness that trauma is pervasive and that the impact of trauma is often deep and life-shaping. Trauma and toxic stress are often at the center of an individual's school or work problems, mental health challenges, substance use, physical health issues or criminal justice involvement. This means, whether or not it is fully recognized, organizations are working with survivors of trauma.

Trauma-responsive training gets to the heart of understanding an individual's trauma and helps practitioners develop tools and practices that empower and honor individuals to promote healing and resiliency.

WHETHER OR NOT IT IS FULLY RECOGNIZED, ORGANIZATIONS AND SERVICE PROVIDERS ARE WORKING WITH SURVIVORS OF TRAUMA.



TRAINING

Our training offerings are customized and scaled to meet the needs of the organizations we work with, from schools to healthcare, community providers and more.

Trauma 101: Overview Training

This training orients individuals towards a trauma-informed care approach with a focus on preparing participants on how they can apply these tenets to their work place and into their daily practice when interfacing with others.

Advanced Training

Advanced Trauma-Informed Care Training complements the "Trauma 101: Overview Training" by helping participants move beyond basic trauma-informed care knowledge towards a focus on developing substantive and concrete trauma-responsive techniques and strategies.

COACHING

Coaching is an effective complement to training as a way to support individuals who would like to move their learning into real practice; for those needing additional support after training; or for those who want to hone their existing trauma-informed care knowledge.

Train the Trainer

This training supports organizations that want to create an internal resource to better meet the demand for trauma-informed training by preparing participants on how to deliver the Trauma 101: Overview Training to staff and others.

Collegial Learning Circles (CLC)

CLC builds upon foundational Trauma 101 knowledge. Participants develop concrete and practical strategies in a small group setting to allow for individualized support and guidance.

EVALUATION

In order to assess the long-term implementation of a trauma-informed system, an evaluation process can supplement any training offering through:

- Pre and post-learning evaluation
- Self-assessment surveys
- Organizational assessment and evaluation

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A Way of Being that Supports Engagement and Behavior Change



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LEARNING OBJECTIVES

Trauma 101: Overview Training

- Describe major findings of the Adverse Childhood Experiences (ACE) study
- Identify physiologic mechanisms of stress response
- Describe short and long term effects of stress
- Identify the primary resiliency factors

Train the Trainer:

- Reproduce the 101 Training
- Describe all aspects of the 101 learning objectives
- Integrate learners' own pre-existing knowledge and experiences into the 101 presentation

Objectives for Collegial Learning Circles:

- Contrast current practices with those suggested in the readings
- Identify trauma-responsive practices that are appropriate for implementation various settings
- Construct a plan for implementing identified, trauma-responsive practices

WHO WE ARE

CCSI's Training and Practice Transformation team is comprised of training professionals and support staff who are dedicated to helping individuals and organizations expand their trauma-informed care knowledge base and practice capacities. Our training team members have experience working directly in clinical program settings—they combine deep content knowledge with a solid appreciation for the challenges associated with learning and implementing new ways of delivery services in "real world" settings.



MOVING KNOWLEDGE INTO PRACTICE

At the heart of our training offerings is a desire to help individuals move from trauma-informed care knowledge to sustainable and real practice transformation.

This means supporting training participants on how to implement trauma-responsive principles into their daily practice through interactive role playing, tools and resources for continued learning, post-training coaching, and more.

PRICING

Our services are customizable and priced based on the client's goals and learning objectives. We work with individuals and organizations of all sizes and capabilities.

WHAT'S NEXT?

If you're interested in moving your organization towards a trauma-responsive approach, please contact us to set up a consultation call.

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