

Your Habits Predict Your Future

In managing your lab, your habits can lead you to be successful. Very successful. Or, your habits can cause you and your lab to struggle.

A habit is something we do unconsciously. They say, “people form habits and habits form the future.”

So, what are you in the habit of doing? Do you have positive habits that are so strongly embedded that they are part of your unconscious? Or, are your habits sown with seeds of doubt?

Let’s start by examining your present habits in your day-2-day activities in your lab. Be observant, honest and even a little critical. For example:

- Do you create a daily and weekly ‘to do’ list?
- Do you reach out to Dentists that you haven’t heard from in a while?
- Do you add value to your client’s relationships, every chance you get?
- Do you make phone calls on difficult cases to make sure everything went well?
- Do you do research trends in your industry and share your insights?

Take a detailed look at your habits. Are you continually striving to improve, or are you just trying to make it through the day?

In working with clients in more than 30 industries – including lab owners, we suggest you start small. Identify a handful of habits that you would like to change that would positively impact you and your practice. Then start with just one habit that you would like to change. Yes, one habit – only. Avoid the urge to change all your bad habits at once.

By working on one habit at a time, you’ll be amazed at your progress. You’ll feel more enthusiastic. More energized. More focused. And you’ll start to see a transformation in you and your practice, as you begin to achieve even greater results. The results you deserve.

=====

About The Author –
John Marshall
Results Driven – Business Consulting

Most Dental Lab owners are frustrated because they’re stuck doing day-2-day activities. Results Driven’s 5-part framework uses proven business tools to get them off the treadmill, so they can focus, plan and execute to achieve real results. Client’s from over 30 industries marvel at the transformation in themselves and their lab, when they start to work with John Marshall and Results Driven. [You can contact him at: john@results-driven.com]