

## The Third Sunday in Lent

### The Collect

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

### The Sunday Readings

[Exodus 3:1-15](#)

[1 Corinthians 10:1-13](#)

[Luke 13:1-9](#)

### Serving this weekend 9:00 a.m.

Jim Lo Bello, Jonathan Galliher, *Altar*

DiAnne Walsh, *Lector*

### Serving this weekend 11:00 a.m.

Jim Lo Bello, Patrick Johnston, LaVerne Saunders,

Enrique Vilaseco, Chris Raymond, Louise Gram, *Altar*

Cynthia Perrizo, *Lector*

Cliff Green, Jay Jacot, Tim Kowalski, Cynthia Perrizo, *Ushers*

Organ voluntaries are customarily omitted on this Sunday.

### At the Entrance Procession

Hymn 574 ST. PETERSBURG

### At the Offertory

Hymn "Come, we that love the Lord" WHIDBEY

### At the Communion

Hymn 344 SICILIAN MARINERS

### At the Retiring Procession

Hymn 635 WER NUR DEN LIEBEN GOTT

### Mass Setting and Motets

Christopher Lee Fraley *Missa brevis* (2010)

Henry Purcell (1659-1695) *Hear My Prayer, O Lord* à8

Gregorian Propers from the *Graduale Romanum*