



GOVERNMENT OF BERMUDA
Department of Health

March 12th, 2020.

Dear Parents/Staff,

Our top priority is to protect and promote optimal health and wellbeing of our students. In response to the global occurrence of Covid-19 we have put together a few helpful tips to you protect all.

- Regular and thorough hand-washing with soap and water for at least 20 seconds.
- Avoid touching your eyes, mouth, and nose.
- Use disinfectant wipe to clean your workspace thoroughly.
- If soap and water aren't immediately available use a 70% alcohol-based hand sanitizer.
- Cover your cough or sneeze with your sleeve or elbow.
- Stay home when sick to prevent the spread of infection.
- If your child has a temperature of 100.4F degrees/38C degrees, or above, do not send them to school or extra-curricular events.
- Children must be fever free for 24hours without fever reducing medications before returning to normal activities.
- If symptoms worsen seek medical attention.

Keep up-to-date on developments with the resources listed below.

- Local information: www.gov.bm/health-information
- International information:
 - <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>
 - <https://www.who.int/news-room/q-a-detail/q-a-coronaviruses>

Kind Regards,



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