

# Spiritual Direction Certification Program

Lutheran Theological Southern Seminary (LTSS) at Lenoir-Rhyne University

**Holy Listening** – At LTSS, we believe holy listening is at the core of spiritual direction. It’s listening to one another and to the promptings of the Holy Spirit. *The real and most genuine spiritual director is always the Holy Spirit.*

**Everyone is Welcome to Apply** – Our primary purpose is to train people who feel called to be spiritual directors; however, we also welcome those whose main interest is to deepen their own spiritual practices and life with God.

**Within the Christian Tradition** – Our program is an experience in spiritual direction grounded in the Christian, Trinitarian faith. However, we recognize that there is deep spiritual wisdom that can be found in other faith traditions and practices. We will draw on those traditions, and integrate them from a Christian perspective.

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## What:

- ~ four intensives, always from Wednesday noon until Saturday noon
- ~ small mentor groups, each with its own mentor

## Between the intensives, participants will:

- ~ read key books and write short reaction papers
- ~ have the opportunity to interact with mentor and mentor group
- ~ find and meet regularly with a spiritual director
- ~ find a willing person to be their spiritual directee

## When:

- ~ new intensive cycles begin in January of each year
- ~ **application deadline is November 15**
- ~ intensives are held in January and June over a two-year period
- ~ the next cycle of intensives is      January 5-8, 2022; June 15-18, 2022  
  January 4-7, 2023; June 14-17, 2023

## Costs:

- ~ \$40 non-refundable application fee
- ~ The total cost for the program is \$3,000, which includes tuition and meals.
- ~ Participants find their own lodging (limited on-campus housing available for \$25/night).

## Interested? We'd love to hear from you!

Rev. Melanie Dobson, Th.D.

Director of the Spiritual Direction Certification Program

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## Application available at:

<http://www.lr.edu/ltss/afi> (select the “Spiritual Direction Certification Program” pull-down menu)



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