



ADOPT-A-FAMILY

Sonshine Community Service's Adopt-a-Family program matches individuals, organizations and groups to families in need with the goal to provide them with some relief during the Christmas season.



The families supported by Adopt-a-Family come from many different walks of life, but all have one thing in common: their circumstances brought them to Sonshine looking for the support and healing they need.

The families supported by the program may be current residential clients of the Sonshine Centre, past residential clients now living in the community and connected with follow-up services, families who live in the community and are supported by our community counselling program, or families with children attending Sonshine Children's Centre.

Each one of them is in need of a helping hand and support this Christmas season.



SONSHINE OFFERS TWO WAYS TO BE INVOLVED:

ADOPT A FAMILY (without a tax receipt)

Sonshine will provide you with a **wish list filled out by a family**. As we have updated our program to comply with Canada Revenue Agency policy, these personal gifts will not be eligible for a tax receipt as Sonshine will act as a simple intermediary between you and the family to protect the family's privacy and your anonymity.

ADOPT A FAMILY (with a tax receipt)

Sonshine will provide you with a **care package gift list** for a single woman or a family with 1, 2, or 3+ children. The gifts purchased from these lists will support one of our families during or after Christmas. These gifts will be eligible for a tax receipt, less GST per CRA rules.



FAQ

Q: If I select the wish list option that forgoes a tax receipt, can you provide names and information about the family I'm sponsoring?

A: Sonshine is happy to provide general information about the family you sponsor while respecting their need for anonymity. As such, we cannot provide names for gift tags, but we can provide you with ages. We suggest you label gifts with titles such as: "To a sweet 3-year-old", etc.



FAQ

Q: If I select the care package option, can I spend more than the suggested amount and/or purchase additional items that aren't listed?

A: There is no cap on the amount you may spend on a care package; the amounts listed are suggestions. You are welcome to purchase additional items for care packages. Ideas include clothing of a variety of sizes for women and children, bubble bath, perfume or body spray, cosmetics, artwork, etc.



FAQ

Q: Can I wrap the gifts I purchase?

A: If you are purchasing personal gifts from a family's wish list - absolutely! If you are purchasing gifts for a general list, it is preferred that the gifts come unwrapped. This way we can determine which family best suits your gifts.



FAQ

Q: Can I deliver the gifts I purchased to the family who will receive them?

A: It is vital that Sonshine maintains anonymity of both the recipient families and donors involved in Adopt-a-Family. As such, you may not deliver your gifts to the recipient family.



FAQ

Q: How are recipients chosen?

A: Recipients of our Adopt-a-Family program are current or follow-up clients of Sonshine Community Services. Families may not sign up or be referred to Sonshine's Adopt-a-Family program.



GIFT LIST FOR A SINGLE WOMAN

Approximately \$400+

Basic household and personal items, for example:

Queen-sized bedding and pillows, toiletries (shampoo, conditioner, body wash, lotion, toothbrush, toothpaste, etc.), kitchen essentials such as tea towels, large utensils, coffee maker, toaster, kettle, pots and pans, sponge/scrub brush, dish soap), throw blankets/quilts, grocery gift cards



GIFT LIST FOR A FAMILY WITH ONE CHILD

Approximately \$600+

Basic household and personal items, for example:

Queen-sized and twin-sized bedding and pillows, toiletries (shampoo, conditioner, body wash, lotion, toothbrush, toothpaste, etc.), kitchen essentials such as tea towels, large utensils, coffee maker, toaster, kettle, pots and pans, sponge/scrub brush, dish soap), throw blankets/quilts, grocery gift cards, puzzles, family board games, science kits, building kits, craft kits, paint, books, toys, etc.



GIFT LIST FOR A FAMILY WITH TWO CHILDREN

Approximately \$800+

Basic household and personal items, for example:

One set of queen-sized and two sets of twin-sized bedding and pillows, toiletries (shampoo, conditioner, body wash, lotion, toothbrush, toothpaste, etc.), kitchen essentials such as tea towels, large utensils, coffee maker, toaster, kettle, pots and pans, sponge/scrub brush, dish soap), throw blankets/quilts, grocery gift cards, puzzles, family board games, science kits, building kits, craft kits, paint, books, toys, etc.



GIFT LIST FOR A FAMILY WITH THREE CHILDREN

Approximately \$1000+

Basic household and personal items, for example:

One set of queen-sized and three sets of twin-sized bedding and pillows, toiletries (shampoo, conditioner, body wash, lotion, toothbrush, toothpaste, etc.), kitchen essentials such as tea towels, large utensils, coffee maker, toaster, kettle, pots and pans, sponge/scrub brush, dish soap), throw blankets/quilts, grocery gift cards, puzzles, family board games, science kits, building kits, craft kits, paint, books, toys, etc.



ADOPT-A-FAMILY

Are you interested in participating in Adopt-a-Family to help a family in need this Christmas season? Contact us via email at **donation@sonshine.ca** or by phone at **403-705-3490** to sign up or for more information.