



Ruth & Norman Rales
Jewish Family Services
Help. Hope. Humanity.

Support Groups at a Glance



BEREAVEMENT GROUPS

Mondays | 11:00 am
Tuesdays | 12:30 pm
Thursdays | 12:00 pm



CAREGIVER SUPPORT GROUPS

Tuesdays | 2:00 pm
Wednesdays | 10:00 am
Thursdays | 10:30 am
Fridays | 10:00 am



INFERTILITY GROUP

Monthly, third Thursday of the Month
11/18 | 7:00 pm



PARENTING WEBINAR SERIES

Thursdays | 7:15 pm - 8:15 pm



WOMEN'S EMPOWERMENT & SUPPORT GROUP

Thursdays | 6:00 pm

SPECIAL NEEDS SUPPORT GROUPS

In partnership with JAFCO and Levis JCC Helene & Roy Schwedelson Special Needs Department



SPECIAL NEEDS GRANDPARENT SUPPORT GROUP

Fridays | 10:30 am - 11:45 am

SPECIAL NEEDS PARENT CAREGIVER SUPPORT GROUP (DAYTIME)

Tuesdays | 10:00 am

SPECIAL NEEDS PARENT CAREGIVER SUPPORT GROUP (EVENING)

Wednesdays 11/10 and 11/24 | 6:30 pm

CAREER & EMPLOYMENT SERVICES



STEPS TO SUCCESS

BUILDING AND MARKETING YOUR PERSONAL BRAND

11/9/2021 | 10:00 am - 11:00 am

CREATING A RESUME THAT POPS!

11/10/2021 | 10:00 am - 11:00 am

NETWORKING AND INTERVIEWING SKILLS

11/11/2021 | 10:00 am - 11:00 am

PRACTICING YOUR 30 SECOND PITCH

11/12/2021 | 10:00 am - 11:00 am

WEBINARS

EMPLOYER SPOTLIGHT

11/4/2021 | 12:00 pm - 1:00 pm

GOOGLE DOCS

11/16/21 | 10:00 am - 12:00 pm

LINKEDIN FOR THE JOB SEEKER

11/30/21 | 10:00 am - 11:00 am

ZOOM MOCK INTERVIEW

by appointment only

FOR SUPPORT GROUP DETAILS, VISIT:

ralesjfs.org/supportgroups