



Ruth & Norman Rales
Jewish Family Services
Help. Hope. Humanity.

Support Groups at a Glance



BEREAVEMENT GROUPS

Mondays | 11:00 am
Tuesdays | 12:30 pm
Thursdays | 12:00 pm



CAREGIVER SUPPORT GROUPS

Tuesdays | 2:00 pm
Wednesdays | 10:00 am
Thursdays | 10:30 am
Fridays | 10:00 am



INFERTILITY GROUP

Monthly, third Thursday of the Month
1/20 | 7:00 pm



PARENTING WEBINAR SERIES

Thursdays | 7:15 pm - 8:15 pm



WOMEN'S EMPOWERMENT & SUPPORT GROUP

Thursdays | 6:00 pm

SPECIAL NEEDS SUPPORT GROUPS

In partnership with JAFCO and Levis JCC Helene & Ray Schwedelson Special Needs Department



SPECIAL NEEDS GRANDPARENT SUPPORT GROUP

Fridays | 10:30 am - 11:45 am
In-person (Sandler Center)* 1/7 and 1/21 | Zoom 1/28

SPECIAL NEEDS PARENT CAREGIVER SUPPORT GROUP (DAYTIME)

Tuesdays | 10:00 am

SPECIAL NEEDS PARENT CAREGIVER SUPPORT GROUP (EVENING)

Wednesdays 1/5 and 1/19 | 6:30 pm

CAREER & EMPLOYMENT SERVICES



STEPS TO SUCCESS

BUILDING AND MARKETING YOUR PERSONAL BRAND

1/11/2022 | 11:00 am - 12:00 pm

CREATING A RESUME THAT POPS!

1/12/2022 | 11:00 am - 12:00 pm

NETWORKING AND INTERVIEWING SKILLS

1/13/2022 | 11:00 am - 12:00 pm

PRACTICING YOUR 30 SECOND PITCH

1/14/2022 | 1:00 pm - 2:00 pm

WEBINARS

HOW TO START A BUSINESS

1/6/2022 | 10:00 am - 11:00 am

LINKEDIN FOR THE JOB SEEKER

1/18/22 | 10:00 am - 11:00 am

NETWORKING ONLINE

1/25/22 | 10:00 am - 11:00 am

ZOOM MOCK INTERVIEW

by appointment only

CREATING A JOB SEARCH PLAN : LIVE!

1/26/22 | 10:00 am - 11:00 am | Spanish River Library**

*Levis JCC Sandler Center, 21050 95th Ave S, Boca Raton, FL 33428

**1501 Spanish River Blvd, Boca Raton, FL 33431

FOR SUPPORT GROUP DETAILS, VISIT:

ralesjfs.org/supportgroups