

Virtual Support Groups



JFS is Here For You!

BEREAVEMENT GROUP

Mondays | 11:00 am

(Adults at all stages of bereavement are welcome - Facilitated by Ariel Mantzoor, MSW)

Zoom Link: [Click here](#)

Meeting ID: 933 4463 7240

Thursday | 12:00 pm

(Adults at all stages of bereavement are welcome - Facilitated by Ariel Mantzoor, MSW)

Zoom Link: [Click here](#)

Meeting ID: 919 0099 7906

CANCER SUPPORT GROUP

(in Partnership with B'nai Torah Congregation)

Tuesday (2/2, 2/16) | 7:00 pm

(A group for cancer patients and survivors to gain support and share experiences." - Facilitated by Ariel Mantzoor, MSW)

Zoom Link: [Click here](#)

Meeting ID: 926 9915 7661

WOMEN'S EMPOWERMENT & SUPPORT GROUP

Thursdays | 6:00 pm

(Due to sensitivity of the group, contact, Lorrie Conglose, Dir. JFS Domestic Abuse Education & Action, for more information: 561.852.3356 or LorrieC@ralejfs.org.)

If you or someone you know needs assistance, reach out to JFS today.

Call: [561.852.3333](tel:561.852.3333) | Email: info@ralesjfs.org

Visit: ralesjfs.org

 Like Us on Facebook: www.facebook.com/ralesjfs

 Follow Us on Instagram: instagram.com/ralesjfs

SOCIAL SUPPORT GROUP FOR SENIORS *(In Partnership with B'nai Torah Congregation)*

Wednesday (2/17) | 2:00 pm

(Connect with others who are feeling the impacts of COVID-19 - Facilitated by Ariel Mantzoor, MSW)

Zoom Link: [Click here](#)

CAREGIVER SUPPORT GROUPS

Tuesdays | 2:00 pm

(for adult caregivers - Facilitated by Howard Horowitz, LCSW)

Zoom Link: [Click here](#)

Meeting ID: 408 724 9274

Password: 4Gh7k2

Wednesdays | 10:00 am

(for adult caregivers - Facilitated by Naomi Shapiro, MSW)

Please call Naomi at

561.558.2542 to register & obtain Zoom link.

Thursdays | 10:30 am

(for adult caregivers - Facilitated by Ariel Mantzoor, MSW)

Zoom Link: [Click here](#)

Meeting ID: 622 457 557

Fridays | 10:00 am

(for adult caregivers - Facilitated by Naomi Shapiro, MSW)

Please call Naomi at

561.558.2542 to register & obtain Zoom link.

PARENTING WEBINAR SERIES

Thursdays | 7:15 pm - 8:15 pm

(This series will focus on problem solving with your children, positive communication and helping your child develop emotional regulation skills. - Facilitated by Francine Rubinstein, Psy.D.)

Call or email JFS at [561.852.3333](tel:561.852.3333) or info@ralesjfs.org for more information or to register. A link to the group will be provided upon registration.



Virtual Support Groups

JFS Special Needs Groups are in partnership with JAFCO and Levis JCC Helene & Roy Schwedelson Special Needs Department.

SPECIAL NEEDS PARENT CAREGIVER SUPPORT GROUP (DAYTIME)

Tuesdays | 10:00 am

Zoom Link: [Click here](#)

Meeting ID: 844 4838 7829 Password: 745549

SPECIAL NEEDS GRANDPARENT SUPPORT GROUP

Wednesdays | 11:00 am

Zoom Link: [Click here](#)

Meeting ID: 889 4585 9619 Password: 952283

SPECIAL NEEDS PARENT CAREGIVER SUPPORT GROUP (EVENING)

Wednesday (2/3, 2/17) | 6:30 pm

Zoom Link: [Click here](#)

Meeting ID: 956 1241 2078 Password: 658329

JFS CAREER & EMPLOYMENT SERVICES:

STEPS TO SUCCESS

Is your resume up to date? Are your interviewing skills polished? From first time job seekers to those in career transition, this workshop provides utilizes a Career Achievement Process (CAP) to create customized action plans. Clients are transformed into job ready candidates aimed towards career success.

STEPS TO SUCCESS: MARKETING YOUR PERSONAL BRAND

2/2/21 | 10:00 am | [Link Click here](#)

STEPS TO SUCCESS: CREATING A RESUME THAT POPS!

2/3/21 | 10:00 am | [Link Click here](#)

STEPS TO SUCCESS: SELLING YOURSELF EFFECTIVELY

2/4/21 | 10:00 am | [Link Click here](#)

STEPS TO SUCCESS: PRACTICING YOUR 30 SECOND ELEVATOR PITCH

2/5/21 | 10:00 am | [Link Click here](#)

GOOGLE DRIVE

In this webinar, you will learn the ins and outs of the versatile cloud-based platform Google Drive. Learn how to save, organize, and store important documents, spreadsheets, presentations, and other items safely with the ability to access them from many devices. Learn about the different applications offered as part of Google Drive to maximize your business and collaboration skills for future employability.

GOOGLE DRIVE

2/9/21 | 10:00 am | [Link Click here](#)

CAREER ASSESSMENT

Need some help identifying careers that meet your skill sets and interests? Not sure what companies would make the best fit? Join us for the Career Assessment workshop to learn about the different career assessment options and learn which is best for you. Hear from Tracy Kawa who created an in depth assessment to help job seekers learn more about their work values, work style and best company cultural fit.

CAREER ASSESSMENT

2/16/21 | 10:00 am | [Link Click here](#)

LINKEDIN WORKSHOP

The digital world is here to stay and your online presence matters... especially to potential employers. Discover how to present yourself online (and how not to). Gain an understanding of how to utilize LinkedIn to effectively network and develop professional relationships.

LINKEDIN

2/23/21 | 10:00 am | [Link Click here](#)

FACEBOOK LIVE

Facebook Live is a platform that facilitates the sharing of information, in an interactive forum, which allows you not only to ask your questions, but to hear the inquiries posed by your peers. You never know what you will learn!

2/19/21 | 10:00 am | [Link Click here](#)

YOUTUBE VIDEOS

CES will add a new YouTube video biweekly covering employment related topics. Learn quick tips that will assist you with furthering your job search. Click >> [JFS CES YouTube Channel](#) to connect and subscribe to our CES YouTube page.

ZOOM MOCK INTERVIEWS

Practice your interview skills and receive feedback on presenting yourself to employees. These interviews are offered online via the Zoom platform.

THE CANDIDATE EXPERIENCE

Hear from a previous CES candidate about her experience working with our office to secure an amazing job!

IF YOU OR SOMEONE YOU KNOW NEEDS ASSISTANCE, REACH OUT TO JFS TODAY.

Call: 561.852.3333 | Email: info@ralesjfs.org
 Visit: ralesjfs.org

Like Us on Facebook: www.facebook.com/ralesjfs
 Follow Us on Instagram: instagram.com/ralesjfs