



Hanukkah

Eight Nights...Eight Lights
By Rabbi Amy Grossblatt Pessah

Based on the teachings in Parenting on a Prayer: Ancient Jewish Secrets for Raising Modern Children, here are eight ways to connect as a family during Hanukah. (link above)

December 10- Light One: Focus on Blessings

Blessing Scavenger Hunt: Walk through your home and find items that are blessings in your life, focusing specifically on things that are often taken for granted. A parent might say a washing machine is a blessing, while a child might pick a favorite toy. Come back together after a few minutes to share your findings.

December 11- Light Two: Focus on Love

Use various art supplies to create cards for family and friends who you won't be able to see in person this year. Drop them in the mail to be received during Hanukah.

December 12- Light Three: Focus on Joy

Play a family game that brings you joy. For younger kids select a board game; for tweens and teens an app-based game may be more appealing.

December 13- Light Four: Focus on Gratitude

Have each family member share one or two qualities that they appreciate about each other. For older kids, write them down on an index card and pass around from person to person, creating a Gratitude Card that can be kept to reflect back on throughout the year.

December 14- Light Five: Focus on Learning

Find a delicious Hanukah treat and learn how to bake something new. Here are a few links for ideas: <https://www.delish.com> and <https://www.epicurious.com>

December 15- Light Six: Focus on Empowerment

Have each family member share one new craft or activity that they'd like to learn this year. Use tonight to find or purchase what you'll need to bring your desire to fruition.

December 16- Light Seven: Focus on Family

Watch old videos and look at family photos, sharing memories and teach kids about relatives who may no longer be alive whose traits you hope to emulate.

December 17- Light Eight: Focus on Choices

Tzedakah night: If you have tzedakah boxes in your home, count up the change; if not, decide on an amount your family will donate to a charity(ies) of your choice.

