



## Quarantine Guidelines FAQ Updated 6/1/2020

There have been many questions related to the 14-day quarantine guidelines for Maine. We have developed this document to provide answers to frequently asked questions:

### **QUARANTINE**

Question: **What are the requirements for quarantine?**

Answer: Quarantine guidelines can be found on the Maine CDC website FAQs document, linked from <https://www.maine.gov/dhhs/mecdc/infectious-disease/epi/airborne/coronavirus.shtml>

Guidelines include:

- Stay home.
- You cannot go to public places even for essential reasons, including grocery stores. Plan to have 14 days of food available or arrange to have it delivered to you.
- During self-quarantine, you can have contact with other members of your household.
- Do not have visitors in your home.
- Avoid contact with others, especially those who are at high risk of severe COVID-19 illness.
- If you are sick, wear a mask that covers your nose and mouth.
- Quarantine does not require that you stay inside the house at all times. You may go outside on your property or nearby for needed exercise and fresh air but must avoid all interactions with people outside of your own household.

Question: **Stage 2 of the Restarting Maine's Economy plan states that lodging is open in June for Maine residents and non-residents who have completed quarantine guidelines. Can you please clarify how non-residents must complete the quarantine guidelines?**

Answer: Here are the options for non-residents to complete the quarantine guidelines during the month of June:

Acceptable Quarantine Options for June:

- Non-residents who own a second home in Maine and can quarantine at their second home in Maine for 14 days.
- Non-residents who rent a seasonal campsite in Maine and whose camper/RV is their second home can quarantine at their campsite in Maine for 14 days.

Quarantine Options that do not meet the state requirement in June:

- Non-residents may not quarantine in a third-party vacation rental in Maine such as AirBnB, VRBO or private camp or cottage that they do not own.
- Non-residents may not quarantine in a hotel, motel, B&B or other commercial lodging establishment.
- Quarantining in their home state prior to arrival in Maine does not meet Maine's quarantine guidelines.

**CAMPING**

**Question: I live in another state and rent a seasonal campsite in Maine. May I come to my campsite for the weekend?**

Answer: Maine campgrounds opened on May 22, 2020 to Maine residents and residents from other states who have completed quarantine guidelines. While we prefer people limit travel to Maine at this time, the state does not prohibit property owners from traveling to their second homes, including seasonal RVs. Any person traveling from another state to their second home in Maine must immediately self-quarantine for 14 days or for the balance of 14 days dating from the day of arrival. Therefore, you should plan to bring any supplies and groceries needed for your visit or arrange to have these items delivered.

**Question: May I come to my seasonal campsite in Maine to do maintenance work on my RV/camper and prepare my site for the summer?**

Answer: Yes, you are permitted to do necessary maintenance work on your RV/Camper. While in Maine you must quarantine at your campsite. This includes keeping distance from others (about 6 feet), not going to public places, avoid places where groups of people congregate and do not have visitors in your home. If you come for fewer than 14 days, you must not break quarantine while travelling in Maine and should finish the 14-day quarantine in your home state to protect the public health.

**Question: I live out of state and my camper is still in Maine where we have typically done seasonal rentals. We won't be doing that this year and wanted to know if we can come to Maine, pick up our camper and return home?**

Answer: Yes, you may drive to Maine to remove your trailer and personal belongings and return to home. You must continue to observe social distancing guidelines during this process.

## **HOTELS/MOTELS/INNS/B&Bs**

**Question: Can visitors book lodging for June?**

Answer: In June, booked lodging is limited to Maine residents and residents of other states who have already completed a 14-day quarantine in Maine.

**Question: Can I make lodging reservations for July & August?**

Answer: Yes. You may make lodging reservations for July and August. The State is developing guidelines (e.g. potential testing requirements) to assist lodging properties in safely reopening. Currently, the guidelines require guests to quarantine for the first 14-days of their visit, or for the entire visit if less than 14 days. Please be aware that reservations may need to be cancelled if health and safety conditions warrant.

**Question: Can someone from out-of-state come to Maine and stay in a hotel for less than 14 days?**

In June, visitors from outside of Maine must complete the 14-day quarantine guidelines before staying in lodging. The exception is for those who receive a waiver for verifiable extenuating circumstances, providing accommodations for health care workers, or other workers deemed necessary to support public health, public safety or critical infrastructure.

For Stage 3 of the reopening plan (anticipated to begin July 1) the Administration is developing guidelines (e.g. potential testing requirements) to assist lodging, such as hotels, motels, B&Bs, campgrounds, or RV parks for Maine residents and visitors in safely reopening. Currently, the guidelines require guests to quarantine for the first 14-days of their visit, or for the entire visit if less than 14 days. Please be aware that reservations may need to be cancelled if health and safety conditions warrant.

## **VACATION RENTALS (including AirBnB, VRBO, etc.)**

**Question: May vacation rental providers accept short term rentals?**

Answer: Reservations may be accepted for June for Maine residents and out-of-state residents who have completed quarantine guidelines.

For July and August vacation rental providers may take reservations but currently out-of-state residents must quarantine for 14 days upon arrival. The State is developing guidelines (e.g. potential testing requirements) for Stage 3 of the reopening plan (anticipated to begin July 1) to assist lodging in safely reopening.