

CDC'S RESPONSE TO ZIKA

MATERIAL RESOURCE GUIDE

FOR COMMUNITY HEALTH WORKERS



CENTERS FOR DISEASE CONTROL AND PREVENTION
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ATLANTA, GEORGIA 30329



**U.S. Department of
Health and Human Services**
Centers for Disease
Control and Prevention

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icon indicates a
low-literacy resource

GREETINGS

The links to materials found in this packet can be used to help you spread the word and educate your communities about Zika. The enclosed materials are also available on CDC's website and can be tailored to your specific agency's mission and needs. We hope you find these materials useful as you work to increase awareness of Zika and highlight prevention activities in your community.

For more information, please visit <https://www.cdc.gov/zika>.

Thank you in advance for your support in promoting Zika prevention.

VIDEO RESOURCES AND PODCASTS

VIDEO RESOURCES AND PODCASTS: ZIKA VIRUS

VIDEO RESOURCES

Zika 101	<ul style="list-style-type: none"> English: https://www.youtube.com/watch?v=clXx8kRw_GU Spanish: https://www.youtube.com/watch?v=GDYq-2GAFbg
Zika Virus Prevention for Puerto Rico	<ul style="list-style-type: none"> English: https://www.youtube.com/watch?v=WfFAup0qXrU Spanish: https://www.youtube.com/watch?v=H1yTPMoBD8U
Cover and Repel: Zika Prevention for Puerto Rico	<ul style="list-style-type: none"> English: https://www.youtube.com/watch?v=MT9REjr8uV8&list=PLvrp9iOILTQZCu74GLQj9qeUroIMtS9ly&index=9 Spanish: https://www.youtube.com/watch?v=wcBBE14Yf1Y&list=PLvrp9iOILTQZCu74GLQj9qeUroIMtS9ly&index=10
Keep Mosquitos Out of Your Home: Zika Prevention for Puerto Rico	<ul style="list-style-type: none"> English: https://www.youtube.com/watch?v=6gZUVNoF7IU&list=PLvrp9iOILTQZCu74GLQj9qeUroIMtS9ly&index=11 Spanish: https://www.youtube.com/watch?v=BTR_yJfGDbE&list=PLvrp9iOILTQZCu74GLQj9qeUroIMtS9ly&index=12
Remove Collected Water: Zika Prevention in Puerto Rico	<ul style="list-style-type: none"> English: https://www.youtube.com/watch?v=VnqjJP3jTfE&list=PLvrp9iOILTQZCu74GLQj9qeUroIMtS9ly&index=13 Spanish: https://www.youtube.com/watch?v=Wv5EB6jqbr8&list=PLvrp9iOILTQZCu74GLQj9qeUroIMtS9ly&index=14
If You're Pregnant and Have Sex, Use Condoms: Zika Prevention for Puerto Rico	<ul style="list-style-type: none"> English: https://www.youtube.com/watch?v=lnr3gpFr-BE&list=PLvrp9iOILTQZCu74GLQj9qeUroIMtS9ly&index=14 Spanish: https://www.youtube.com/watch?v=IORocyA9SQo&list=PLvrp9iOILTQZCu74GLQj9qeUroIMtS9ly&index=18
Zap Zika: Cover Exposed Skin	<ul style="list-style-type: none"> English: https://www.youtube.com/watch?v=KvD5H7CiOqY&index=1&list=PLvrp9iOILTQbrhYMqB8yKoC3LDy5uebvx Spanish: https://www.youtube.com/watch?v=Z4wWrQvHPxg&list=PLvrp9iOILTQbrhYMqB8yKoC3LDy5uebvx&index=2
Zap Zika: Don't Travel to Places with Zika if You're Pregnant	<ul style="list-style-type: none"> English: https://www.youtube.com/watch?v=uq4KUwVhQ9A&list=PLvrp9iOILTQbrhYMqB8yKoC3LDy5uebvx&index=4 Spanish: https://www.youtube.com/watch?v=o-SLkJN0Wxc&list=PLvrp9iOILTQbrhYMqB8yKoC3LDy5uebvx&index=5
Zap Zika: If You Get Sick	<ul style="list-style-type: none"> English: https://www.youtube.com/watch?v=Eb6YJdA8jeo&list=PLvrp9iOILTQbrhYMqB8yKoC3LDy5uebvx&index=6 Spanish: https://www.youtube.com/watch?v=ul-F7N9gU7A&list=PLvrp9iOILTQbrhYMqB8yKoC3LDy5uebvx&index=7
Zap Zika: Protecting Babies and Kids	<ul style="list-style-type: none"> English: https://www.youtube.com/watch?v=5262loQwX4Q&list=PLvrp9iOILTQbrhYMqB8yKoC3LDy5uebvx&index=8 Spanish: https://www.youtube.com/watch?v=ofU7V2_a-el&list=PLvrp9iOILTQbrhYMqB8yKoC3LDy5uebvx&index=9
Zap Zika: Remove Standing Water	<ul style="list-style-type: none"> English: https://www.youtube.com/watch?v=v1dPqn0iCBM&list=PLvrp9iOILTQbrhYMqB8yKoC3LDy5uebvx&index=13 Spanish: https://www.youtube.com/watch?v=WGTu3cRD9mM&list=PLvrp9iOILTQbrhYMqB8yKoC3LDy5uebvx&index=14
Zap Zika: Use Door and Window Screens	<ul style="list-style-type: none"> English: https://www.youtube.com/watch?v=EvvY7hfkma8&list=PLvrp9iOILTQbrhYMqB8yKoC3LDy5uebvx&index=15 Spanish: https://www.youtube.com/watch?v=YvtboIFVbuE&list=PLvrp9iOILTQbrhYMqB8yKoC3LDy5uebvx&index=16
Zap Zika: Use a Condom	<ul style="list-style-type: none"> English: https://www.youtube.com/watch?v=krtA9BuC-2Y&list=PLvrp9iOILTQbrhYMqB8yKoC3LDy5uebvx&index=21 Spanish: https://www.youtube.com/watch?v=9-PL2CLtB0E&list=PLvrp9iOILTQbrhYMqB8yKoC3LDy5uebvx&index=22
Zap Zika: Apply Insect Repellent	<ul style="list-style-type: none"> English: https://www.youtube.com/watch?v=SApLiWloC0k&list=PLvrp9iOILTQbrhYMqB8yKoC3LDy5uebvx&index=35

PODCASTS

Zika Update

- CDC Zika Update: Zika Symptoms, Diagnosis, and Treatment: <https://www2c.cdc.gov/podcasts/player.asp?f=8643064>
- CDC Zika Update: What is Zika?: <https://www2c.cdc.gov/podcasts/player.asp?f=8642885>
- CDC Zika Update: A Summary of the Zika Outbreak: <https://www2c.cdc.gov/podcasts/player.asp?f=8642672>
- CDC Zika Update: U.S. Zika Pregnancy Registry: <https://www2c.cdc.gov/podcasts/player.asp?f=8642261>

Zika Prevention: Do Your Part

- Controlling Mosquitoes Indoors: <https://www2c.cdc.gov/podcasts/player.asp?f=8643197>
- Controlling Mosquitoes Outside: <https://www2c.cdc.gov/podcasts/player.asp?f=8643069>

Zika and Pregnancy: What Pregnant Women Need to Know

- <https://www2c.cdc.gov/podcasts/player.asp?f=8642324>

MOSQUITO CONTROL AND BITE PREVENTION

MOSQUITO CONTROL AND BITE PREVENTION RESOURCES: ZIKA VIRUS


CATALOGUE OF MATERIALS

Mosquito Prevention Door Hangers for US	<p>This informational door hanger explains how you can protect yourself and your family from mosquito bites by following simple steps.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/DoorHanger-ForStates.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_49932.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_49945.pdf
Mosquito Bite Prevention for the United States	<p>This informational guide provides information on the ways to protect yourself and your family from mosquito bites.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/chikungunya/pdfs/fs_mosquito_bite_prevention_us.pdf Spanish: https://www.cdc.gov/zika/pdfs/factsheet_mosquito_bite_prevention_us_spanish.pdf Portuguese: https://www.cdc.gov/zika/pdfs/portuguese/fs_mosquito_bite_prevention_us_portuguese.pdf French: https://www.cdc.gov/zika/pdfs/factsheet-mosquito-bite-prevention-us-french.pdf Arabic: https://www.cdc.gov/zika/pdfs/fs-mosquito-bite-prevention-us-arabic.pdf Tagalog: https://www.cdc.gov/zika/pdfs/fs-mosquito-bite-prevention-us-tagalog.pdf Vietnamese: https://www.cdc.gov/zika/pdfs/fs-mosquito-bite-prevention-us-vietnamese.pdf Mandarin: https://www.cdc.gov/zika/pdfs/fs-mosquito-bite-prevention-us-chinese.pdf Creole: https://www.cdc.gov/zika/pdfs/fs-mosquito-bite-prevention-us-creole.pdf Korean: https://www.cdc.gov/zika/pdfs/fs-mosquito-bite-prevention-us-korea.pdf
Zika Basics Flipbook for Community Health Workers	<p>This flipbook is a low literacy material that can be used to explain how Zika is transmitted and how to prevent it.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/Zika_Basics_Low-Literacy_Flipbook.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_56371.pdf Spanish (Puerto Rico): https://www.cdc.gov/zika/pdfs/Zika_Basics_Low-Literacy_Flipbook-SPA-PR.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_56374.pdf
Mosquito Control and Bite Prevention Flipbook	<p>This flipbook explains different methods of mosquito control and mosquito bite prevention.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/flipBook.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_56027.pdf Spanish (Puerto Rico): https://www.cdc.gov/zika/pdfs/Zika_Flipbook_PR.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_56030.pdf
Mosquito Control: Do Your Part	<p>This infographic provides information on what can be done to control mosquitos and protect pregnant women from Zika.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/Aerial-Spraying-Community.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_56586.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_56671.pdf

How to Protect Against Mosquito Bites	<p>This fact sheet explains the measures you can take to protect yourself and your family from Zika.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/MosqPrevInUS.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_49528.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_49527.pdf
Outdoor Activities	<p>This informational poster explains how to protect yourself and your family from mosquito bites while participating in outdoor activities.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/FS-Outdoors.pdf Spanish: http://espanol.cdc.gov/img/cdc/ES_49915.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_49916.pdf
Protect Yourself from Mosquitoes	<p>This informational poster explains how to protect yourself from mosquito bites.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/Zika_protect_yourself_from_mosquito_bites.pdf Spanish: http://espanol.cdc.gov/img/cdc/ES_47642.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_47881.pdf Danish: https://www.cdc.gov/zika/pdfs/zika_protect_yourself_from_mosquito_bites_danish.pdf
Insect Repellent Wallet Card	<p>This informational wallet card is a portable way for you to know what type of insect repellants you should be using to protect yourself and family from mosquito bites.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/Zika-Repellent-Cards-Public.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_50194.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_50170.pdf
For Parents: Insect Repellent Wallet Card	<p>This informational wallet card is a portable way to know what type of insect repellants you should be using on children to protect them from mosquito bites.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/Zika-Repellent-Cards-accordion.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_50195.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_50172.pdf
Accordion Style Insect Repellent Wallet Card	<p>This informational wallet card is a portable way to know what type of insect repellants you should be using on yourself and your family, to prevent mosquito bites.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/Zika-Repellent-Uses.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_50196.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_50174.pdf

Bed Net Use Wallet Cards	<p>This wallet card provides information on how to correctly use a bed net.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/bed-net-use-wallet-cards-english.pdf Spanish: https://www.cdc.gov/zika/pdfs/bed-net-use-wallet-cards-Spanish.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_55987.pdf Creole: https://www.cdc.gov/zika/pdfs/bed-net-use-wallet-cards-creole.pdf Palau: https://www.cdc.gov/zika/pdfs/bed-net-use-wallet-cards-palau.pdf Tongan: https://www.cdc.gov/zika/pdfs/bed-net-use-wallet-cards-tongan.pdf Tagalog: https://www.cdc.gov/zika/pdfs/bed-net-use-wallet-cards-tagalog.pdf Bengali: https://www.cdc.gov/zika/pdfs/bed-net-use-wallet-cards-bengali.pdf Russian: https://www.cdc.gov/zika/pdfs/bed-net-use-wallet-cards-Russian.pdf Chinese: https://www.cdc.gov/zika/pdfs/bed-net-use-wallet-cards-Chinese.pdf Samoan: https://www.cdc.gov/zika/pdfs/bed-net-use-wallet-cards-Samoan.pdf Marshallese: https://www.cdc.gov/zika/pdfs/bed-net-use-wallet-cards-Marshallese.pdf Japanese: https://www.cdc.gov/zika/pdfs/bed-net-use-wallet-cards-Japanese.pdf
Protect Your Family from Zika: Prevent Mosquito Bites	<p>This informational poster explains the importance of protecting yourself and your family from mosquito bites.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/family.pdf Spanish: http://espanol.cdc.gov/img/cdc/ES_53482.pdf Portuguese: http://portugues.cdc.gov/img/cdc/PT_53479.pdf Creole: https://www.cdc.gov/zika/pdfs/family_hat.pdf
Treat Clothing with Permethrin Wallet Card	<p>This informational material explains how to properly treat clothing with permethrin (an EPA-registered insect repellent that can be applied to clothing).</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/Permethrin.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_55961.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_55963.pdf Korean: https://www.cdc.gov/zika/pdfs/Permethrin-Korean.pdf Palau: https://www.cdc.gov/zika/pdfs/Permethrin-Palau.pdf Tongan: https://www.cdc.gov/zika/pdfs/Permethrin-Tongan.pdf Tagalog: https://www.cdc.gov/zika/pdfs/Permethrin-Tagalog.pdf Bengali: https://www.cdc.gov/zika/pdfs/Permethrin-Bengali.pdf Russian: https://www.cdc.gov/zika/pdfs/Permethrin-Russian.pdf Chinese: https://www.cdc.gov/zika/pdfs/Permethrin-Chinese.pdf Samoan: https://www.cdc.gov/zika/pdfs/Permethrin-Samoan.pdf Marshallese: https://www.cdc.gov/zika/pdfs/Permethrin-Marshallese.pdf Japanese: https://www.cdc.gov/zika/pdfs/Permethrin-Japanese.pdf
Protecting Children from Mosquito Bites at Camp	<p>This fact sheet explains the risk of mosquito bites to campers participating in outdoor activities, and gives tips on preventing bites.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/protecting-children-camp.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_55290.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_55252.pdf
Protect Yourself from Mosquito Bites Outside	<p>This material explains how to protect yourself from mosquito bites while outside.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/LowLit_FS_LongSleevesPants.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_56804.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_57041.pdf

Help Control Mosquitos that Spread Dengue, Chikungunya, and Zika	<p>This fact sheet explains how to help control mosquitoes that spread viruses.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/control_mosquitoes_chikv_denv_zika.pdf Spanish: https://www.cdc.gov/zika/pdfs/control_mosquitoes_chikv_denv_zika_spanish.pdf Portuguese: https://www.cdc.gov/zika/pdfs/portuguese/control_mosquitoes_chikv_denv_zika_portuguese.pdf French: https://www.cdc.gov/zika/pdfs/control-mosquitoes-chikv-denv-zika-french.pdf Arabic: https://www.cdc.gov/zika/pdfs/control-mosquitoes-chikv-denv-zika-arabic.pdf Tagalog: https://www.cdc.gov/zika/pdfs/control-mosquitoes-chikv-denv-zika-tagalog.pdf Vietnamese: https://www.cdc.gov/zika/pdfs/control-mosquitoes-chikv-denv-zika-vietnamese.pdf Mandarin: https://www.cdc.gov/zika/pdfs/control-mosquitoes-chikv-denv-zika-chinese.pdf Creole: https://www.cdc.gov/zika/pdfs/control-mosquitoes-chikv-denv-zika-creole.pdf Korean: https://www.cdc.gov/zika/pdfs/control-mosquitoes-chikv-denv-zika-korea.pdf
Mosquito Life Cycle	<p>This fact sheet explains the life cycle of an <i>Aedes aegypti</i> and <i>Aedes albopictus</i> mosquito.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/MosquitoLifecycle.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_47966.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_47941.pdf
Estimated Range of <i>Aedes albopictus</i> and <i>Aedes aegypti</i> in the United States, 2016 Maps	<p>This map illustrates the estimated range of Zika carrying mosquitos in the US.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/Zika-mosquito-maps.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_48223.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_48071.pdf
Keep Mosquitos Out of Your Septic Tank	<p>This informational sheet gives instructions on sealing septic tanks and preventing mosquito breeding grounds.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/SepticTankFactSheetEnglishNCEZID.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_47626.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_47864.pdf
Mosquito Control: What You Need to Know About Using Larvicides	<p>This informational guide provides information on how to safely use larvacides.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/Larvicides-FactSheet.pdf Spanish: http://espanol.cdc.gov/img/cdc/ES_53275.pdf Portuguese: http://portugues.cdc.gov/img/cdc/PT_53306.pdf
Mosquito Control: What You Need to Know About Truck-Mounted Spraying	<p>This fact sheet provides information about truck spraying for mosquito control.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/TruckMounted-FactSheet.pdf Spanish: http://espanol.cdc.gov/img/cdc/ES_53277.pdf Portuguese: http://portugues.cdc.gov/img/cdc/PT_53308.pdf
Mosquito Control: What You Need to Know About Aerial Spraying	<p>This informational guide explains aerial spraying.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/AerialSpraying-FactSheet.pdf Spanish: http://espanol.cdc.gov/img/cdc/ES_53279.pdf Portuguese: http://portugues.cdc.gov/img/cdc/PT_53310.pdf

Mosquito Control: What You Need to Know About Filling Tree Holes	<p>This fact sheet provides information about filling tree holes to reduce mosquitoes in your yard.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/TreeHoles-FactSheet.pdf Spanish: http://espanol.cdc.gov/img/cdc/ES_53281.pdf Portuguese: http://portugues.cdc.gov/img/cdc/PT_53312.pdf
Mosquito Control: What You Need to Know About Indoor Spraying	<p>This fact sheet provides information about indoor spraying.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/IndoorSpraying-FactSheet.pdf Spanish: http://espanol.cdc.gov/img/cdc/ES_53283.pdf Portuguese: http://portugues.cdc.gov/img/cdc/PT_53314.pdf
Mosquito Control: What You Need to Know About Outdoor Spraying	<p>This fact sheet provides information about outdoor spraying for mosquitoes.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/OutdoorSpraying-FactSheet.pdf Spanish: http://espanol.cdc.gov/img/cdc/ES_53285.pdf Portuguese: http://portugues.cdc.gov/img/cdc/PT_53316.pdf
Mosquito Control: What You Need to Know About Using Adulticides	<p>This fact sheet provides information about adulticides that can be used to kill adult mosquitoes.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/Adulticide-FactSheet.pdf Spanish: http://espanol.cdc.gov/img/cdc/ES_53287.pdf Portuguese: http://portugues.cdc.gov/img/cdc/PT_53318.pdf
Mosquito Control: What State and Local Mosquito Control Programs Do	<p>This informational guide explains the role of state and local mosquito control programs.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/Mosquito_Control.pdf Spanish: http://espanol.cdc.gov/img/cdc/ES_55513.pdf Portuguese: http://portugues.cdc.gov/img/cdc/PT_53395.pdf
 Mosquito Control: Protect Your Family from Zika	<p>This material uses images to explain how to protect your home and yard from mosquitos that may carry Zika virus.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/home.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_53483.pdf Portuguese: http://portugues.cdc.gov/img/cdc/PT_53481.pdf
Did You Know: Important Information About Aerial Spraying for Mosquito Control	<p>This fact sheet provides many important answers about aerial spraying for mosquito control.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/DYK-Aerial_Spraying.pdf Spanish: http://espanol.cdc.gov/img/cdc/ES_55349.pdf Portuguese: http://portugues.cdc.gov/img/cdc/PT_55348.pdf

Larvicide Dunk Use Wallet Cards	<p>This wallet sized card provides information about the correct use of larvicide dunks.</p> <ul style="list-style-type: none"> • English: https://www.cdc.gov/zika/pdfs/larvicide-wallet-card-english.pdf • Spanish: https://www.cdc.gov/zika/pdfs/larvicide-wallet-card-spanish.pdf • Portuguese: https://portugues.cdc.gov/img/cdc/PT_55988.pdf • Palau: https://www.cdc.gov/zika/pdfs/larvicide-wallet-card-palau.pdf • Tongan: https://www.cdc.gov/zika/pdfs/larvicide-wallet-card-tongan.pdf • Tagalog: https://www.cdc.gov/zika/pdfs/larvicide-wallet-card-tagalog.pdf • Samoan: https://www.cdc.gov/zika/pdfs/Larvicide-Wallet-Card-Samoan.pdf • Russian: https://www.cdc.gov/zika/pdfs/larvicide-wallet-card-russian.pdf • Marshallese: https://www.cdc.gov/zika/pdfs/larvicide-wallet-card-marshallese.pdf • Korean: https://www.cdc.gov/zika/pdfs/larvicide-wallet-card-korean.pdf • Japanese: https://www.cdc.gov/zika/pdfs/larvicide-wallet-card-japanese.pdf • Chinese: https://www.cdc.gov/zika/pdfs/larvicide-wallet-card-chinese.pdf • Bengali: https://www.cdc.gov/zika/pdfs/larvicide-wallet-card-bengali.pdf
Aerial Spraying with Naled	<p>This infographic contains information about aerial spraying for mosquitos using naled.</p> <ul style="list-style-type: none"> • English: https://www.cdc.gov/zika/pdfs/Aerial-Spraying-Infographic.pdf • Spanish: https://espanol.cdc.gov/img/cdc/ES_56131.pdf • Portuguese: https://portugues.cdc.gov/img/cdc/PT_56129.pdf
Zika Prevention Takes a Community	<p>This infographic explains the important role of community members in the effort to control mosquitos and protect pregnant women from Zika.</p> <ul style="list-style-type: none"> • English: https://www.cdc.gov/zika/pdfs/ProtectCommunity-OnePager.pdf • Spanish: https://espanol.cdc.gov/img/cdc/ES_56588.pdf • Portuguese: https://portugues.cdc.gov/img/cdc/PT_56670.pdf
Mosquito Control During an Outbreak	<p>This informational guide explains the importance of mosquito control activities in stopping the spread of infected mosquitoes.</p> <ul style="list-style-type: none"> • English: https://www.cdc.gov/zika/pdfs/MosquitoControl_FS.pdf • Spanish: https://espanol.cdc.gov/img/cdc/ES_56805.pdf • Portuguese: https://portugues.cdc.gov/img/cdc/PT_57042.pdf
 Get Rid of Mosquitoes at Home	<p>This infographic explains how to get rid of mosquitos in or near your home.</p> <ul style="list-style-type: none"> • English: https://www.cdc.gov/zika/pdfs/LowLit_FS_GetRidMosquitoes.pdf • Spanish: https://espanol.cdc.gov/img/cdc/ES_57232.pdf • Portuguese: https://portugues.cdc.gov/img/cdc/PT_57235.pdf
What You Need to Know About <i>Bacillus thuringiensis</i> Subspecies <i>israelensis</i> (BTI)	<p>This fact sheet explains what Bti is (a larvicide that kills larvae before they can grow into mosquitoes) and how it is used.</p> <ul style="list-style-type: none"> • English: https://www.cdc.gov/zika/pdfs/BTI_Fact_Sheet.pdf • Spanish: http://espanol.cdc.gov/img/cdc/ES_57289.pdf • Portuguese: http://portugues.cdc.gov/img/cdc/PT_57297.pdf

SEXUAL TRANSMISSION

RESOURCES ON SEXUAL TRANSMISSION: ZIKA VIRUS

CATALOGUE OF MATERIALS

For Pregnant Women Living in Areas with Zika	<p>This fact sheet explains what we know, what we don't know, and what pregnant women should know about Zika and sex.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/PregSexTransmission.pdf Spanish: http://espanol.cdc.gov/img/cdc/ES_47787.pdf Portuguese: http://portugues.cdc.gov/img/cdc/PT_47867.pdf
For Men Who Have Pregnant Partners and Live in or Recently Traveled to Areas with Risk of Zika	<p>This fact sheet contains information for men who have pregnant partners and live or recently traveled to areas with risk of Zika.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/mensexwithpregpartners.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_47786.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_47866.pdf
For People Whose Partner Traveled to an Area with Zika	<p>This document provides information about sexual transmission for people whose partner has recently traveled to an area with risk of Zika.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/fs-Zika-Sex-PartnerTravel.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_49973.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_49965.pdf Creole: https://www.cdc.gov/zika/pdfs/fs-zika-sex-partnertravel-creole.pdf
For People Living in Areas with Risk of Zika	<p>This fact sheet, for people living in areas with risk of Zika, explains how to protect yourself from getting Zika through sex.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/fs-Zika-Sex-Local.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_49974.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_49966.pdf
Condom Use Palm Card	<p>This material explains the right way to use condoms to reduce the risk of getting Zika from sex. *(Document contains sexually graphic images, and may not be suitable for some audiences).</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/CondomUsePalmCard2.pdf Spanish: https://www.cdc.gov/zika/pdfs/CondomUsePalmCard5_esp.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_50168.pdf Korean: https://www.cdc.gov/zika/pdfs/condomusepalmcard2_KOR.pdf Chinese: https://www.cdc.gov/zika/pdfs/condomusepalmcard2_Chinese.pdf Russian: https://www.cdc.gov/zika/pdfs/condomusepalmcard2_RUS.pdf Bengali: https://www.cdc.gov/zika/pdfs/condomusepalmcard2_BEN.pdf Samoan: https://www.cdc.gov/zika/pdfs/condomusepalmcard2_Samoan.pdf Palau: https://www.cdc.gov/zika/pdfs/condomusepalmcard2_PAU.pdf Japanese: https://www.cdc.gov/zika/pdfs/condomusepalmcard2_JPN.pdf Tagalog: https://www.cdc.gov/zika/pdfs/condomusepalmcard2_TGL.pdf Marshallese: https://www.cdc.gov/zika/pdfs/condomusepalmcard2_Marshallese.pdf Tongan: https://www.cdc.gov/zika/pdfs/condomusepalmcard2_TON.pdf

**LGBT Community: How to
Protect Yourself from Zika**

This fact sheet is designed to provide information to the LGBTQ community on Zika prevention.

- English: <https://www.cdc.gov/zika/pdfs/LGBT-Zika-Fact-Sheet.pdf>
- Spanish: https://espanol.cdc.gov/img/cdc/ES_55872.pdf
- Portuguese: https://portugues.cdc.gov/img/cdc/PT_55876.pdf

Zika Can Pass Through Sex



This fact sheet explains the risk of getting Zika through unprotected sex during pregnancy and the importance of using a condom.

- English: https://www.cdc.gov/zika/pdfs/Low-Lit_Condom.pdf
- Spanish: https://espanol.cdc.gov/img/cdc/ES_56566.pdf
- Portuguese: https://portugues.cdc.gov/img/cdc/PT_56580.pdf

PREGNANT WOMEN AND WOMEN OF REPRODUCTIVE AGE

RESOURCES FOR PREGNANT WOMEN AND WOMEN OF REPRODUCTIVE AGE: ZIKA VIRUS

CATALOGUE OF MATERIALS FOR PREGNANT WOMEN

Pregnant and Living in an Area with Risk of Zika

This fact sheet for pregnant women who live in areas with risk of Zika provides information to protect themselves and their fetus from Zika virus. This material focuses on what we know and what we do not know about Zika.

- English: https://www.cdc.gov/zika/pdfs/preg_areaswithzika.pdf
- Spanish: http://espanol.cdc.gov/img/cdc/ES_47649.pdf
- Spanish (Puerto Rico): <https://www.cdc.gov/zika/pdfs/preg-areaswithzika-SP-PR.pdf>
- Portuguese: http://portugues.cdc.gov/img/cdc/PT_47842.pdf
- Arabic: <https://www.cdc.gov/zika/pdfs/preg-areaswithzika-arabic.pdf>
- Tagalog: <https://www.cdc.gov/zika/pdfs/preg-areaswithzika-tagalog.pdf>
- Vietnamese: <https://www.cdc.gov/zika/pdfs/preg-areaswithzika-vietnamese.pdf>
- Mandarin: <https://www.cdc.gov/zika/pdfs/preg-areaswithzika-chinese.pdf>
- Creole: <https://www.cdc.gov/zika/pdfs/preg-areaswithzika-creole.pdf>
- Korean: <https://www.cdc.gov/zika/pdfs/preg-areaswithzika-korea.pdf>

For Pregnant Women in Areas with Zika: Protect Your Pregnancy

This poster provides information for women who are pregnant, or trying to become pregnant, about protecting their pregnancy from Zika related birth defects. This material focuses on both mosquito bite and sexual prevention of Zika.

- English: <https://www.cdc.gov/zika/pdfs/protect-your-pregnancy.pdf>
- Spanish: http://espanol.cdc.gov/img/cdc/ES_47641.pdf
- Portuguese: http://portugues.cdc.gov/img/cdc/PT_47869.pdf
- Arabic: <https://www.cdc.gov/zika/pdfs/Protect-your-pregnancy-arabic.pdf>
- Tagalog: <https://www.cdc.gov/zika/pdfs/Protect-your-pregnancy-tagalog.pdf>
- Vietnamese: <https://www.cdc.gov/zika/pdfs/Protect-your-pregnancy-vietnamese.pdf>
- Mandarin: <https://www.cdc.gov/zika/pdfs/Protect-your-pregnancy-chinese.pdf>
- Creole: <https://www.cdc.gov/zika/pdfs/Protect-your-pregnancy-creole.pdf>
- Korean: <https://www.cdc.gov/zika/pdfs/Protect-your-pregnancy-korea.pdf>

Pregnant? Read This Before You Travel

This poster includes important information for pregnant women and women trying to become pregnant regarding the risk of Zika in accordance with the travel notices issued by CDC.


- English: <https://www.cdc.gov/zika/pdfs/ZIKA-PregnancyTravel.pdf>
- Spanish: http://espanol.cdc.gov/img/cdc/ES_47783.pdf
- Portuguese: http://portugues.cdc.gov/img/cdc/PT_47843.pdf
- Creole: https://www.cdc.gov/zika/pdfs/zika_pregnancytravel_HAT.pdf

Pregnant? What We Know and What We Don't Know About Zika

This informative infographic explains what women who are pregnant or trying to become pregnant need to know about protecting their pregnancy.

- English: <https://www.cdc.gov/zika/pdfs/zikapregnancyinfographic.pdf>
- Spanish: http://espanol.cdc.gov/img/cdc/ES_47788.pdf

<p>Doctor's Visit Checklist: For Pregnant Women Who Traveled to an Area with Risk of Zika</p>	<p>This material is a doctor's visit guide for pregnant women who have traveled to an area with Zika. It contains information women should share with their doctor, and questions they should ask, as well as a resource list for further information.</p> <ul style="list-style-type: none"> • English: https://www.cdc.gov/zika/pdfs/DocVisit-Checklist-TravelPreg.pdf • Spanish: http://espanol.cdc.gov/img/cdc/ES_48249.pdf • Portuguese: https://portugues.cdc.gov/img/cdc/PT_48237.pdf • Chinese: https://www.cdc.gov/zika/pdfs/chinese/docvisit-checklist-travelpreg-zho-tw.pdf • Vietnamese: https://www.cdc.gov/zika/pdfs/vietnamese/docvisit-checklist-travelpreg-vie.pdf • Creole: https://www.cdc.gov/zika/pdfs/docvisit_checklist_travelpreg_HAT.pdf
<p>Doctor's Visit Checklist: For Pregnant Women Living in an Area with Zika</p>	<p>Women should use this checklist to make sure they talk to their healthcare provider about these important questions regarding Zika and their pregnancy.</p> <ul style="list-style-type: none"> • English: https://www.cdc.gov/zika/pdfs/zika-clinicvisit-checklist.pdf • Spanish: http://espanol.cdc.gov/img/cdc/ES_48250.pdf • Portuguese: https://portugues.cdc.gov/img/cdc/PT_48258.pdf
<p>Pregnant? Protect Yourself from Mosquito Bites</p>	<p>This informational poster explains the dangers of contracting Zika while pregnant and the importance of protecting yourself from mosquito bites.</p> <ul style="list-style-type: none"> • English: https://www.cdc.gov/zika/pdfs/Zika-Pregnancy.pdf • Spanish: https://www.cdc.gov/zika/pdfs/Zika-Pregnancy-sp.pdf • Spanish (Puerto Rico): https://www.cdc.gov/zika/pdfs/Zika-Pregnancy-sp.pdf • Portuguese: https://www.cdc.gov/zika/pdfs/Zika-Pregnancy-portuguese.pdf • Arabic: https://www.cdc.gov/zika/pdfs/zika-pregnancy-arabic.pdf • Tagalog: https://www.cdc.gov/zika/pdfs/zika-pregnancy-tagalog.pdf • Vietnamese: https://www.cdc.gov/zika/pdfs/zika-pregnancy-vietnamese.pdf • Chinese: https://www.cdc.gov/zika/pdfs/Zika-Pregnancy-8-5x11-final-Chinese.pdf • Creole: https://www.cdc.gov/zika/pdfs/zika-pregnancy-creole.pdf • Korean: https://www.cdc.gov/zika/pdfs/zika-pregnancy-korea.pdf • Japanese: https://www.cdc.gov/zika/pdfs/zika-pregnancy-jpn.pdf • Russian: https://www.cdc.gov/zika/pdfs/zika-pregnancy-russian.pdf • Bengali: https://www.cdc.gov/zika/pdfs/zika-pregnancy-bengali.pdf • Samoan: https://www.cdc.gov/zika/pdfs/zika-pregnancy-samoan.pdf • Fijian: https://www.cdc.gov/zika/pdfs/Zika-Pregnancy-8-5x11-final-Fijian.pdf • Marshallese: https://www.cdc.gov/zika/pdfs/Zika-Pregnancy-5x11-MARSH.pdf • Tongan: https://www.cdc.gov/zika/pdfs/Zika-Pregnancy-8-5x11-final-Tongan.pdf
<p>For Women in Areas with Zika: Plan Your Pregnancy</p>	<p>This fact sheet explains the importance of planning your pregnancy and taking precautions against Zika virus infection.</p> <ul style="list-style-type: none"> • English: https://www.cdc.gov/zika/pdfs/zika-plan-your-pregnancy.pdf • Spanish: http://espanol.cdc.gov/img/cdc/ES_50177.pdf • Portuguese: http://portugues.cdc.gov/img/cdc/PT_50179.pdf • Creole: https://www.cdc.gov/zika/pdfs/zika-plan-your-pregnancy-creole.pdf

 Protect Your Pregnancy from Zika	<p>This infographic informs pregnant women about Zika transmission and prevention.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/Low-Lit-Pregnancy-Protection.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_56567.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_56581.pdf
What to Know: If Your Doctor Suspects Microcephaly During Pregnancy	<p>This fact sheet provides information for pregnant women if their doctor suspects their baby may have microcephaly.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/WhattoKnow-Doctor-Suspects-Microcephaly.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_57709.pdf Portuguese: http://portugues.cdc.gov/img/cdc/PT_50179.pdf
Information and Materials for Pregnant Women	<p>This webpage outlines special precautions and testing recommendations for pregnant women who live in or frequently travel to areas with risk of Zika virus. https://www.cdc.gov/zika/pregnancy/protect-yourself.html</p>

MATERIALS FOR WOMEN OF REPRODUCTIVE AGE

Women and Their Partners Trying to Become Pregnant	<p>This webpage includes recommendations for women and men who live in or frequently travel to an area with risk of Zika.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pregnancy/women-and-their-partners.html Spanish: https://espanol.cdc.gov/enes/zika/pregnancy/women-and-their-partners.html Portuguese: https://portugues.cdc.gov/zika/pregnancy/women-and-their-partners.html
Preventing Unintended Pregnancy During the Zika Virus Outbreak	<p>This page covers information about types of reversible, emergency, and permanent contraceptive methods.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pregnancy/preventing-pregnancy.html Spanish: https://espanol.cdc.gov/enes/zika/pregnancy/preventing-pregnancy.html?mobile=nocontent Portuguese: https://portugues.cdc.gov/zika/pregnancy/preventing-pregnancy.html

RESOURCES ON THE US ZIKA PREGNANCY REGISTRY: FOR PARENTS

Fact Sheet for Pregnant Women	<p>This fact sheet provides information about the US Zika Pregnancy Registry.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/Zika-Pregnancy-Registry-What-Pregnant-Women-Need.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_47796.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_47897.pdf Creole: https://www.cdc.gov/zika/pdfs/zika_pregnancy_registry_what_pregnant_women_need_HAT.pdf
Fact Sheet for Parents	<p>This fact sheet provides information for parents regarding the US Zika Pregnancy Registry.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/pregreg-parents.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_48801.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_48807.pdf

TRAVELERS

RESOURCES FOR TRAVELERS: ZIKA VIRUS

CATALOGUE OF MATERIALS

Enjoy Your Vacation	<p>This fact sheet discusses the symptoms of Zika and explains measures to protect yourself and your family from Zika while on vacation.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/Generic-Families.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_49774.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_49568.pdf
College Spring Break	<p>This fact sheet discusses the symptoms of Zika and explains the measures vacationing students can take to protect themselves and others.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/SpringBreak-colleges.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_47747.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_47819.pdf
Family Spring Break	<p>This fact sheet discusses the symptoms of Zika and explains the measures vacationing families can take to protect themselves and others from Zika.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/SpringBreak-families.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_47746.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_47931.pdf
Mosquito Bite Prevention for Travelers	<p>This informational guide provides information on ways travelers can protect themselves and their families from mosquito bites.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/chikungunya/pdfs/fs_mosquito_bite_prevention_travelers.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_48933.pdf Portuguese: https://www.cdc.gov/zika/pdfs/portuguese/fs_mosquito_bite_prevention_travelers_portuguese.pdf Danish: https://www.cdc.gov/zika/pdfs/fs_mosquito_bite_prevention_travelers_danish.pdf Creole: https://www.cdc.gov/zika/pdfs/fs-mosquito-bite-prevention-travelers_HAT.pdf
Going to American Tropics	<p>This poster encourages travelers to follow mosquito prevention recommendations during trips to the American tropics.</p> <ul style="list-style-type: none"> English 11"x14": https://www.cdc.gov/chikungunya/pdfs/Arbovirus_outbound-508_072115-11x14.pdf English 19"x11": https://www.cdc.gov/chikungunya/pdfs/Arbovirus_outbound_072115-19x11_508.pdf Spanish 11"x14": https://www.cdc.gov/chikungunya/pdfs/Arbovirus_outbound_11x14_508_Spanish.pdf Spanish 19"x 11": https://www.cdc.gov/chikungunya/pdfs/Arbovirus_outbound_19x11_508_Spanish.pdf French 11"x14": https://www.cdc.gov/zika/pdfs/arbovirus-outbound-11x14-french.pdf Portuguese 11"x14": https://www.cdc.gov/zika/pdfs/portuguese/arbovirus_outbound_11x14_portuguese.pdf
Recently in the American Tropics	<p>This poster encourages travelers who have recently been to the American tropics to watch for symptoms of mosquito borne illnesses and informs them of when to see a doctor.</p> <ul style="list-style-type: none"> English 11"x14": https://www.cdc.gov/chikungunya/pdfs/Arbovirus_inbound_11x14_508.pdf English 19"x11": https://www.cdc.gov/chikungunya/pdfs/Arbovirus_inbound_19x11-508.pdf Spanish 11"x14": https://www.cdc.gov/chikungunya/pdfs/Arbovirus_inbound_11x14_508_Spanish.pdf Spanish 19"x 11": https://www.cdc.gov/chikungunya/pdfs/Arbovirus_inbound_11x19_508_Spanish.pdf French 11"x14": https://www.cdc.gov/zika/pdfs/arbovirus-inbound-11x14-french.pdf Portuguese 11"x14": https://www.cdc.gov/zika/pdfs/portuguese/arbovirus_inbound_11x14_portuguese.pdf

Travel to Puerto Rico	<p>This infographic explains the importance of travelers protecting themselves from Zika when traveling to Puerto Rico.</p> <ul style="list-style-type: none"> • English: https://www.cdc.gov/zika/pdfs/ZikaHotelFlyers_PR.pdf • Spanish: https://espanol.cdc.gov/img/cdc/ES_50189.pdf • Spanish (Puerto Rico): https://www.cdc.gov/zika/pdfs/ZikaHotelFlyers_SPA-PR.pdf • Portuguese: https://portugues.cdc.gov/img/cdc/PT_50198.pdf
Zika Prevention Kit for Travelers	<p>This poster outlines the products that can be used to make a Zika prevention kit that may help protect travelers from Zika.</p> <ul style="list-style-type: none"> • English: https://www.cdc.gov/zika/pdfs/ZPK_Poster.pdf • Spanish: https://espanol.cdc.gov/img/cdc/ES_56066.pdf • Portuguese: https://portugues.cdc.gov/img/cdc/PT_56142.pdf
Enjoy Your Stay in Puerto Rico	<p>This comprehensive fact sheet provides information on protecting oneself and one's family from Zika; building and packing a Zika prevention kit; ways to prevent the spread of Zika after a trip; and information on Zika symptoms.</p> <ul style="list-style-type: none"> • English: https://www.cdc.gov/zika/pdfs/EnjoyYourStay_PR.pdf • Spanish: https://espanol.cdc.gov/img/cdc/ES_58005.pdf • Portuguese: https://portugues.cdc.gov/img/cdc/PT_58078.pdf
Zika Guide for Business Travelers	<p>This travel guide contains Zika prevention information for business travelers.</p> <ul style="list-style-type: none"> • English: https://www.cdc.gov/zika/pdfs/zika-business-travel.pdf • Spanish: https://espanol.cdc.gov/img/cdc/ES_59812.pdf • Portuguese: https://portugues.cdc.gov/img/cdc/PT_59964.pdf

FAMILIES

RESOURCES FOR FAMILIES: ZIKA VIRUS

CATALOGUE OF MATERIALS

What to Know: If Your Baby Was Born with Congenital Zika Syndrome	<p>This fact sheet for pregnant women explains health conditions related to Zika infection during pregnancy and resources for raising a child with congenital Zika syndrome.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/WhattoKnow-Congenital-Zika-Syndrome.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_57725.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_57735.pdf
If Your Baby May Have Been Affected by Zika But Has No Related Health Conditions	<p>This fact sheet for pregnant women explains the importance of tracking your baby's development and provides informational resources.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/WhattoKnow-Affected-By-Zika-No-Related-Conditions.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_57708.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_57716.pdf
Tips for Communicating with Your Baby's Doctor or Healthcare Provider	<p>This guide for new mothers who tested positive for Zika during pregnancy provides information for facilitating communication with your baby's doctor.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/TipsforCommunicatingwDoctor.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_58079.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_58086.pdf
Roadmap for Parents of Babies with Congenital Zika Syndrome	<p>This roadmap is a guide to help parents of babies with birth defects related to congenital Zika infection navigate the series of screenings and tests recommended during their baby's first year of life.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/roadmap-for-parents.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_65661.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_65738.pdf
Roadmap for Parents of Babies Infected with Zika Before Birth Who Appear Healthy	<p>This roadmap is to help parents whose babies were infected with Zika before birth and appear healthy navigate the series of screenings and tests recommended during their baby's first year of life.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/roadmap-for-parents-babies-infected-before-birth.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_65788.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_65787.pdf


Zika Activity Book: For Kids in an Area with Zika	<p>This activity book offers parents an interactive was to talk to kids about mosquito bites.</p> <ul style="list-style-type: none"> • English: https://www.cdc.gov/zika/pdfs/zika-activity-book.pdf • Spanish: https://espanol.cdc.gov/img/cdc/ES_48977.pdf • Spanish (Puerto Rico): https://www.cdc.gov/zika/pdfs/ZIKA_activity_book_SPA_PR.pdf • Portuguese: https://portugues.cdc.gov/img/cdc/PT_48970.pdf • Creole: https://www.cdc.gov/zika/pdfs/zika-activity-book-creole.pdf • Samoan: https://www.cdc.gov/zika/pdfs/zika-activity-book-samoan.pdf
Zika Activity Book: For Kids in the US	<p>This activity book offers parents an interactive was to talk to kids about mosquito bites.</p> <ul style="list-style-type: none"> • English: https://www.cdc.gov/zika/pdfs/zika-activity-book-us.pdf • Spanish: https://espanol.cdc.gov/img/cdc/ES_49824.pdf • Portuguese: https://portugues.cdc.gov/img/cdc/PT_49820.pdf • Creole: https://www.cdc.gov/zika/pdfs/zika-activity-book-US-creole.pdf
What Parents Should Know About Zika	<p>This webpage provides information for parents regarding what we know and don't know about Zika.</p> <p>https://www.cdc.gov/zika/parents/what-parents-should-know.html</p>
Family and Support Services	<p>This webpage provides information for parents about family support and child development programs.</p> <p>https://www.cdc.gov/zika/parents/families-of-newborns-affected-zika.html</p>
Tips for Communicating with Your Baby's Doctor or Healthcare Provider	<p>This webpage provides information for parents about communicating with their baby's doctor.</p> <p>https://www.cdc.gov/zika/parents/communicatingwith-provider.html</p>
Care for Babies Born with Birth Defects Related to Congenital Zika Syndrome	<p>This webpage provides information for parents regarding tests, medical specialists and family support services.</p> <p>https://www.cdc.gov/zika/parents/care-for-babies-with-congenital-zika.html</p>
Know Your Zika Risk Web App	<p>This tool can be used to help patients learn more about Zika, why they might be at risk, and how to protect themselves and others.</p> <p>https://www.cdc.gov/zika/pregnancy/index.html</p>
Zika Glossary	<p>This webpage provides medical terms for discussing a baby's health with their doctor.</p> <p>https://www.cdc.gov/zika/parents/zika-glossary.html</p>

ZIKA VIRUS TESTING: FOR PATIENTS

RESOURCES ON ZIKA VIRUS TESTING

MATERIALS FOR PATIENTS

For Nonpregnant Women: A Positive Zika Virus Test: What Does it Mean to Me?	<p>This fact sheet provides information for non pregnant women who have tested positive for Zika virus on what they should do next and the precautions they should take to prevent Zika from spreading.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/TestResults-WOMEN-fs.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_49798.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_48236.pdf Chinese: https://www.cdc.gov/zika/pdfs/chinese/testresult-women-fs_zho-tw.pdf Vietnamese: https://www.cdc.gov/zika/pdfs/vietnamese/testresults-women-fs-vie.pdf
For Parents: A Positive Zika Virus Test: What Does it Mean for My Child?	<p>This fact sheet answers questions for parents whose children test positive for Zika virus, provides them with information about the diagnosis, methods of treatment, and how to prevent spreading Zika to others.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/TestResults-CHILDREN-fs.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_49810.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_49817.pdf Chinese: https://www.cdc.gov/zika/pdfs/chinese/testresult-children-fs_ZHO-TW.pdf Vietnamese: https://www.cdc.gov/zika/pdfs/vietnamese/testresults-children-fs-VIE.pdf
For Pregnant Women: A Positive Zika Virus Test: What Does it Mean for Me?	<p>This fact sheet answers questions for pregnant women who test positive for Zika virus, provides them with information about their diagnosis, and what it means for their pregnancy.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/zika-positive-test.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_48245.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_48236.pdf Chinese: https://www.cdc.gov/zika/pdfs/chinese/zika_positive_test_ZHO-TW.pdf Vietnamese: https://www.cdc.gov/zika/pdfs/vietnamese/zika-positive-test-VIE.pdf
For Men: A Positive Zika Virus Test: What Does it Mean for Me?	<p>This fact sheet answers questions for men who test positive for Zika virus, provides them with information about their diagnosis, methods of treatment, and how to prevent spreading Zika to others.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/TestResults-MEN-fs.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_49767.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_49778.pdf Chinese: https://www.cdc.gov/zika/pdfs/chinese/testresult-men-fs_ZHO-TW.pdf Vietnamese: https://www.cdc.gov/zika/pdfs/vietnamese/testresults-men-fs-VIE.pdf
What Happens When I Am Tested for Zika and When Will I Get My Results?	<p>This guide provides step by step information on the process for getting tested for Zika virus.</p> <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/what-happens-tested-for-zika.pdf Spanish: http://espanol.cdc.gov/img/cdc/ES_55547.pdf Portuguese: http://portugues.cdc.gov/img/cdc/PT_55678.pdf

 <p>Only Some People Need Zika Testing</p>	<p>This poster informs readers of who Zika virus testing is recommended for.</p> <ul style="list-style-type: none"> • English: https://www.cdc.gov/zika/pdfs/Tested_For_Zika_Flyer.pdf • Spanish: http://espanol.cdc.gov/img/cdc/ES_55496.pdf • Portuguese: http://portugues.cdc.gov/img/cdc/PT_55500.pdf • Creole: https://www.cdc.gov/zika/pdfs/tested_for_zika_flyer_HAT.pdf
<p>Zika Virus Testing for Pregnant Women Living in an Area with Zika</p>	<p>This fact sheet is designed to educate pregnant women who live in areas with risk of Zika about Zika virus testing and what to expect if they have Zika virus during pregnancy.</p> <ul style="list-style-type: none"> • English: https://www.cdc.gov/zika/pdfs/ZIKA-Pregnancy-fs.pdf • Spanish: http://espanol.cdc.gov/img/cdc/ES_48244.pdf • Portuguese: http://portugues.cdc.gov/img/cdc/PT_48235.pdf
<p>What You Should Know About Zika Virus Testing: For Asymptomatic Pregnant Women with Ongoing Exposure to Zika</p>	<p>This fact sheet answers questions about the Zika testing process and explains the possible testing results.</p> <ul style="list-style-type: none"> • English: https://www.cdc.gov/zika/pdfs/living_in.pdf • Spanish: https://espanol.cdc.gov/img/cdc/ES_57988.pdf • Portuguese: https://portugues.cdc.gov/img/cdc/PT_57991.pdf
<p>What You Should Know About Zika Virus Testing: For Symptomatic Pregnant Women with Exposure to Zika</p>	<p>This fact sheet answers questions about the Zika testing process and explains the possible testing results.</p> <ul style="list-style-type: none"> • English: https://www.cdc.gov/zika/pdfs/testing-symptomatic-pregnant.pdf • Spanish: https://espanol.cdc.gov/img/cdc/ES_57986.pdf • Portuguese: https://portugues.cdc.gov/img/cdc/PT_57990.pdf
<p>What You Should Know About Zika Virus Testing: For Asymptomatic Pregnant Women with Recent Exposure to Zika</p>	<p>This fact sheet answers questions about the Zika testing process and explains the possible testing results.</p> <ul style="list-style-type: none"> • English: https://www.cdc.gov/zika/pdfs/testing-asymptomatic-pregnant.pdf • Spanish: https://espanol.cdc.gov/img/cdc/ES_57987.pdf • Portuguese: https://portugues.cdc.gov/img/cdc/PT_57989.pdf

RESOURCES FOR CLINICIANS

RESOURCES FOR CLINICIANS: ZIKA VIRUS

CDC has developed many tools to assist and inform providers who care for pregnant women, women of reproductive age, or infants. These tools are intended to equip healthcare providers with information they need to identify, counsel, report, and follow potential cases.

MATERIALS FOR CARE OF PREGNANT WOMEN

Healthcare Providers Caring for Pregnant Women	This webpage includes information about current travel guidance. https://www.cdc.gov/zika/hc-providers/pregnant-woman.html
Travel Counseling Guide: Pregnant Women	This guide provides recommendations for providers counseling pregnant women who are considering travel to areas with risk of Zika. https://www.cdc.gov/zika/pdfs/counseling-pregnant-travelers.pdf
Key Considerations for Healthcare Settings	This fact sheet provides key steps for healthcare system leaders to consider when preparing to care for Zika patients. <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/Key-Zika-Considerations.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_55834.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_55836.pdf
Pretest Counseling Materials	The following factsheets apply to different testing scenarios: presenting for care 1) for asymptomatic pregnant women with ongoing exposure to Zika 2) for asymptomatic pregnant women with recent exposure to Zika 3) for symptomatic pregnant women with exposure to Zika. <ul style="list-style-type: none"> For Asymptomatic Pregnant Women with Ongoing Exposure to Zika: https://www.cdc.gov/zika/pdfs/living_in.pdf For Asymptomatic Pregnant Women with Recent Exposure to Zika: https://www.cdc.gov/zika/pdfs/testing-asymptomatic-pregnant.pdf For Symptomatic Pregnant Women with Exposure to Zika: https://www.cdc.gov/zika/pdfs/testing-symptomatic-pregnant.pdf
For Healthcare Providers: Pretest Counseling Conversation Guides	The following factsheets apply to different testing scenarios: presenting for care 1) for asymptomatic pregnant women with ongoing exposure to Zika 2) for asymptomatic pregnant women with recent exposure to Zika 3) for symptomatic pregnant women with exposure to Zika. <ul style="list-style-type: none"> For Asymptomatic Pregnant Women with Ongoing Exposure to Zika: https://www.cdc.gov/zika/pdfs/pretestingcounselingscript_livingin.pdf For Asymptomatic Pregnant Women with Recent Exposure to Zika: https://www.cdc.gov/zika/pdfs/clinician-guide-no-ongoing-exposure.pdf For Symptomatic Pregnant Women with Exposure to Zika: https://www.cdc.gov/zika/pdfs/clinician-guide-symptoms.pdf
Pretest Counseling Webpage	This webpage assists providers with counseling pregnant women about Zika virus testing and informing them of what they might expect. https://www.cdc.gov/zika/hc-providers/pregnant-women/patient-counseling.html
Testing Algorithms	<ul style="list-style-type: none"> Testing Algorithm for Asymptomatic Pregnant Women with Possible Zika Exposure: https://www.cdc.gov/zika/pdfs/testing-algorithm-asymptomatic.pdf Testing Algorithm for Symptomatic Pregnant Women with Possible Zika Exposure: https://www.cdc.gov/zika/pdfs/Testing_Algorithm.pdf
USZPR for Obstetric Healthcare Providers	This fact sheet provides information for participating in the US Zika Pregnancy Registry for obstetric healthcare providers. <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/Zika-Pregnancy-Registry-HCP.pdf Spanish: https://espanol.cdc.gov/img/cdc/ES_47795.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_47895.pdf
When to Test for Zika Virus	https://www.cdc.gov/zika/pdfs/when-to-test-zika.pdf
Zika Pregnancy Testing Algorithm & Zika Pregnancy Testing Interactive Tool	These materials are intended to help healthcare providers apply the updated recommendations for Zika virus testing during clinical practice, assist with interpretation of results, and inform clinical management for a pregnant woman with possible exposure to Zika virus. <ul style="list-style-type: none"> Zika Pregnancy Testing Algorithm: https://www.cdc.gov/zika/pdfs/testing_algorithm.pdf Zika Pregnancy Testing Interactive Tool: http://www.cdc.gov/zikatest
Zika Screening Tool for Pregnant Women	CDC recommends that pregnant women be asked at each prenatal care appointment if they may have been exposed to Zika. This material can help providers screen their patients and identify if Zika virus testing is indicated. https://www.cdc.gov/zika/pdfs/zikapreg_screeningtool.pdf

MATERIALS FOR CARE OF INFANTS

Assessment of Infant Hearing	This material is intended to assist clinicians conducting hearing assessments on infants testing positive for Zika virus infection. It includes an algorithm with testing and result interpretation recommendations. https://www.cdc.gov/zika/pdfs/hearing-test-algorithm-infants.pdf
Clinical Evaluation and Management of Infants with Congenital Zika Infection	This series of webcast recordings presents discussions on clinical evaluation and management considered by CDC when interim guidance for health care providers was developed. https://www.cdc.gov/zika/hc-providers/webcast-clinicalevaluation.html
Congenital Microcephaly Case Definitions	The attached webpage contains helpful charts for diagnosing microcephaly, and measuring head circumference at birth. https://www.cdc.gov/zika/public-health-partners/microcephaly-case-definitions.html
Healthcare Providers Caring for Infants and Children	This webpage gives a summary of recommended testing and clinical management for infants with possible Zika virus exposure. The page also includes links for infant follow-up care, information on congenital Zika Syndrome and other birth defects, and guidance for infant evaluation. https://www.cdc.gov/zika/hc-providers/infants-children.html
Evaluation and Management of Infants with Possible Congenital Zika Virus Infection	This guide provides new considerations for healthcare providers on evaluating and managing the care of infants with possible congenital exposure to Zika virus. https://www.cdc.gov/zika/pdfs/zika-evaluation-management-infants.pdf
Implementing CDC Guidance for Infant Neuroimaging and Infant and Placental Zika Virus Testing	This tool organizes CDC recommendations for evaluating infants with possible congenital Zika exposure by maternal Zika virus exposure status and maternal laboratory test results. https://www.cdc.gov/zika/pdfs/placental-testing-guidance.pdf
Measuring Head Circumference Factsheet	This resource is intended to educate healthcare providers about how to measure an infant's head circumference in a consistent and accurate way. https://www.cdc.gov/zika/pdfs/microcephaly_measuring.pdf



MATERIALS FOR CARE OF WOMEN OF REPRODUCTIVE AGE

Caring for Reproductive-Age Women	This webpage has a summary of recommendations for women and men who are planning to conceive in the near future. It also includes links to more information about Zika exposure, testing, risks, patient counseling, and reproductive planning. https://www.cdc.gov/zika/hc-providers/women-reproductive-age.html
Preconception Counseling Tool	This guide gives recommendations for counseling women and men living in or frequently traveling to areas with a CDC Zika travel notice. Recommendations include key questions to ask patients and sample scripts to guide discussion between the provider and patient. https://www.cdc.gov/zika/pdfs/preconception-counseling.pdf
Preventing Unintended Pregnancy During the Zika Virus Outbreak	This page covers information about types of reversible, emergency, and permanent contraceptive methods. https://www.cdc.gov/zika/pregnancy/preventing-pregnancy.html
Reproductive Planning Resources for Physicians	This webpage includes information on preconception care, preventing pregnancy, and tools to help providers implement contraceptive guidance. https://www.cdc.gov/zika/hc-providers/reproductive-age/reproductive-planning.html
Travel Counseling Guide: Women and Men of Reproductive Age	This guide provides recommendations for providers counseling women and men of reproductive age who are considering travel to areas with risk of Zika. https://www.cdc.gov/zika/pdfs/travelcounseling-fs.pdf
Women and Their Partners Trying to Become Pregnant	This webpage includes travel guidance by geographical location and recommendations for women and men who live in or frequently travel to an area with risk of Zika. https://www.cdc.gov/zika/pregnancy/women-and-their-partners.html
Women Thinking About Having a Baby	This factsheet gives recommendations for women to protect themselves from getting Zika virus from mosquito bites and sexual transmission. https://www.cdc.gov/zika/pdfs/zika-plan-your-pregnancy.pdf

SAMPLE PRESENTATIONS

Zika Virus & Infants Grand Rounds Toolkit	This presentation is intended to inform pediatricians and other providers about updated guidance regarding Zika virus and infants including an overview of Zika virus, clinical management of infants with possible Zika virus infection, and tips for families and caregivers of infants with possible Zika virus infection. https://www.cdc.gov/zika/pdfs/zika-grand-rounds_peds.pdf <ul style="list-style-type: none"> Facilitated Discussion Guide & FAQ: This guide outlines sample language for the presenter and responses to frequently asked questions. https://www.cdc.gov/zika/pdfs/facilitationguidefaqs_pediatricians.pdf
Zika Virus & Pregnancy Grand Rounds Toolkit	This presentation is intended to inform obstetricians of updated guidance regarding Zika virus and pregnancy including diagnosing, testing, and prevention, as well as standard precautions in the healthcare environment. https://www.cdc.gov/zika/pdfs/zikagrandrounds_pregnancy.pdf <ul style="list-style-type: none"> Facilitated Discussion Guide & FAQ: This guide outlines sample language for the presenter and responses to frequently asked questions. https://www.cdc.gov/zika/pdfs/facilitationguidefaqs_pregnancy.pdf

OTHER RESOURCES

CDC's Health Alert Network (2016)	This webpage provides up to date information on CDC health alerts, advisory notices, health updates, and info services. https://emergency.cdc.gov/han/2016.asp
Communication Resources	Current communication tools and resources, including videos, fact sheets, and posters, for use and distribution. https://www.cdc.gov/zika/comm-resources/index.html
Guillain-Barre Passive Surveillance System for Puerto Rico	This surveillance guide can assist with detecting increases of GBS cases. <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/Poster-GBS.pdf Spanish: https://www.cdc.gov/zika/pdfs/Poster-GBS-SPANISH.pdf Portuguese: https://portugues.cdc.gov/img/cdc/PT_55912.pdf
OSTLTS Communication Resource Center	Customizable communication products for state, tribal, local and territorial public health agencies. https://www.cdc.gov/stltpublichealth/collab-space/index.html
Protect Your Pregnancy from Zika 	This material, meant for low literacy audiences, is intended to inform pregnant women about Zika transmission and prevention. https://www.cdc.gov/zika/pdfs/low-lit-pregnancy-protection.pdf
Roadmap for Parents of Babies with Congenital Zika Syndrome	This newly developed roadmap is designed as a guide to help parents of babies with birth defects related to congenital Zika infection navigate the series of screenings and tests recommended during their baby's first year of life. https://www.cdc.gov/zika/pdfs/roadmap-for-parents.pdf
Roadmap for Parents of Babies Infected with Zika Before Birth Who Appear Healthy	This roadmap is meant to help parents whose babies were infected with Zika before birth and appear healthy with navigating the series of screenings and tests recommended during their baby's first year of life. https://www.cdc.gov/zika/pdfs/roadmap-for-parents-babies-infected-before-birth.pdf
USZPR for Tribal Healthcare Providers	This fact sheet provides information for tribal healthcare providers about contributing to the US Zika Pregnancy Registry. <ul style="list-style-type: none"> English: https://www.cdc.gov/zika/pdfs/Zika_PregnancyRegistry_tribal.pdf Spanish: http://espanol.cdc.gov/img/cdc/ES_53380.pdf Portuguese: http://portugues.cdc.gov/img/cdc/PT_53393.pdf
Zika Can Pass Through Sex 	This material, meant for low literacy audiences, is intended to inform men and women about prevention of sexual transmission of Zika virus. https://www.cdc.gov/zika/pdfs/low-lit_condom.pdf

