

National *Tribal* Public Health Week

April 1-5, 2019

In recognition of the American Public Health Association's (APHA) National Public Health Week, the National Indian Health Board is celebrating *Tribal* Public Health Week from April 1st-5th! Join us by participating in one of our activities.



Monday April 1	Tuesday April 2	Wednesday April 3	Thursday April 4	Friday April 5
<p>Webinar 4:00-5:00 pm ET <i>Tribal Health and Climate Change</i></p> <p>Register here</p> <p>NIHB staff will present a webinar describing the basics of climate change and how it is affecting Tribal communities. The webinar will also give a brief overview of NIHB's Climate Ready Tribes Project. Learn more here.</p>	<p>Webinar 2:00pm-3:00pm ET <i>Improving Population Health, by Design</i></p> <p>Register here</p> <p>A panel of Tribal health directors will discuss their Tribe's health system reorganization efforts and how public health is impacted.</p>	<p>Public Health Social Media Day</p> <p>How are you celebrating Tribal Public Health Week? Post your pictures and thoughts on social media with the hashtag:</p> <p>#ThisIsTribalPublicHealth</p>	<p>Some Ideas to Celebrate Tribal Public Health Week:</p> <ol style="list-style-type: none"> 1) Take a walk with friends, family, and/or coworkers. 2) Eat healthy traditional food 3) Take at least 10 minutes for mindful or relaxing activities 4) Reduce! Reuse! Recycle! 5) Reach out to your leaders to promote Tribal Public Health 	<p>Webinar 1:00-2:30 pm ET <i>Strengthening Colorectal Cancer Screening in American Indian & Alaska Native Communities</i></p> <p>Register here</p> <p>Hosted by NIHB, this training is provided in partnership with the American Indian Cancer Foundation. This training is focused on assisting Tribal clinic teams in increasing colorectal cancer awareness, increasing colorectal cancer screenings, and providing culturally tailored and web-based resources.</p>
<p>All Week! TPHW Photo Contest – To win free conference admission and celebrate Tribal Public Health Week, submit a photo to NIHB's 2019 Tribal Public Health Week Contest: http://ow.ly/jKjx50mYRNq Submissions are due March 25th !!!</p>				
<p>Sign up for the Public Health Broadcast here.</p>				

