

# Massachusetts Council of Activity Professionals

Application for Membership – New Member PO Box 1657
Easton, MA 02334
Tel 617-558-0202 · Fax 617-558-3546
www.MassCAPbelong.com

#### WHAT IS THE MASSACHUSETTS COUNCIL OF ACTIVITY PROFESSIONALS?

The Massachusetts Council of Activity Professionals (MassCAP) is a professional organization of activity coordinators established in Massachusetts in 1975. Activity professionals work in nursing facilities, assisted living facilities, senior centers, senior residences, community agencies, and adult day health programs. Membership in MassCAP is open to anyone interested in improving activity programming, participating in educational opportunities, and exchanging ideas with colleagues in the health care professions. MassCAP works with its membership, with other health care providers, and with regulatory agencies to ensure that activities programs exist which encourage the elderly to lead full and challenging lives.

### WHAT IS AN ACTIVITIES PROFESSIONAL?

Activities professionals understand that the absence of meaningful activity may lead to anxiety, boredom, depression, and ultimately, to deterioration of mental and physical functioning among those we serve. Dysfunction is often reversible through engagement in therapeutic programming, enhancement of the activities of daily living, chosen varied activities, and vocational pursuits.

Activity professionals assess clients in order to develop and implement programs that assure a daily variety of possibilities in which each elderly person may foster relationships, and maintain chosen interests, whatever their ability level, and or setting in which they live. Adaptations and team training are continual.

#### **MEMBERSHIP BENEFITS:**

- 1. Access to complementary Zoom workshops with contact hours (as needed r/t the pandemic)
- 2. Membership Card
- 3. Copy of By-laws
- 4. Access to Job Bank information posting and utilizing the Job Bank when pursuing a job
- 5. Quarterly newsletter 'IMPACT', which updates membership on professional and legislative issues and is a forum to share news among others in our profession
- 6. Discounted registration fee for our in-person educational seminars, including a statewide annual two-day conference when scheduled
- 7. The right to vote, hold office, and nominate peers for office or award recognition
- 8. MEMBER DIRECTORY which includes information about satellite groups, workshops, and Board Officers' contact information.

### Annual Membership Fee:\* \$50

Make check payable to: MassCAP Mail to: Massachusetts Senior Care Association

PO Box 1657 Easton, MA 02334

For information call: (617)-558-0202

\*Membership in MassCAP is an <u>individual</u> membership, not a facility membership. Membership is for one year beginning on January I and ending on December 31.

**MassCAP Executive Board** 

President- Sandy Sarza Secretary- Leeanne Agius

Vice President- Rosey Beckford Treasurer- Laurie Friis

# Massachusetts Council of Activity Professionals

Application for Membership – New Member January I – December 31, 2024

Please type or print clearly		One application form per individual			
Name:					
Current Membership N	umber (if renewal):	<u> </u>			
Email Address:					
Home Address:					
City:		State:		ZIP Code:	
Home (OR CELL) Telep	hone:			<u></u>	
Referred by MassCAP M	lember:				
Member's Facility:					
Facility Address:					
City:	State:	State: Zip Code:			
Facility Telephone:		Your	Title:		
Send mailings to: □ my	Home (recommended) □ my	/ facility			
☐ I am paying by <b>perso</b> i	nal check or credit card.  Credit card:	☐ MasterCard	□Visa	☐American Express	
Account #:				<u> </u>	
Exp. Date:	Billing Zip Code:	Security Code:			
Name on Card:		Signature:			
Make \$50.00 check payable to MassCAP & mail MassCAP Massachusetts Senior Care Association PO Box 1657, Easton, MA 02334 Telephone: 617 558 0202 Fax: 617 558 3546		For	Office Us e Renewa	e Only: I Received:	

#### WHY JOIN MASSCAP?

MEET OTHERS WORKING IN OUR PROFESSION — IN SIMILAR SETTINGS- LEARN ABOUT OTHER PLACES TO WORK!! STAY UP TO DATE ON REGULATIONS! FIND OUT HOW TO MAKE OUR TASKS AND PROGRAMS EASIER AND MORE INTERESTING! RECEIVE DISCOUNTS FOR WORKSHOPS AND SEMINARS! EARN CONTACT HOURS! GAIN CONFIDENCE AS A PROFESSIONAL WITH SUPPORT FROM OTHERS IN THE SAME PROFESSION! ASK QUESTIONS! TACKLE ISSUES! SOLVE PROBLEMS! HAVE FUN, MAKE NEW FRIENDS! JOIN US! SOME MEMBER SERVICE SETTINGS:

Skilled Nursing Care Facility
Adult Day Health Program
Assisted Living Facility
Rehabilitation Center
Adult Day Health Program
Adult Day Health Program
Assisted Living Facility
PACE Center
Memory Care Unit
Rest Home
Continuing Care Retirement Community...