Wellness Promotion Policy (2.035) - REQUIRED

SCHOOL ASSESSMENT

Directions: This comprehensive assessment is intended to collect information about your school's implementation progress of the District's Wellness Promotion Policy (2.035).

This Policy strengthens a unified and collaborative effort of promoting and improving learning and health, and supports the principles of the "Whole School, Whole Community, Whole Child" (WSCC) model. This assessment tool incorporates questions from each of the ten WSCC components (refer to image below) that are vital for positive results in learning and health for our students and our staff of The School District of Palm Beach County.

The following is a link to the current Wellness Promotion Policy (2.035) to use as reference when answering the assessment questions below:

https://files.constantcontact.com/a39b8b0d501/cda30859-685c-4d26-bc6b-3de15e0b003f.pdf

Thank you for your commitment and time on this task.

* Required

DISTRICT'S WSCC IMAGE:
School Name *

Mark only one oval.

- A.W. Dreyfoos High
- Academy for Positive Learning *
- Acreage Pines Elementary
- Addison Mizner Elementary
- Allamanda Elementary
- Atlantic High
- Bak Middle School of the Arts
- Banyan Creek Elementary
- Barton Elementary
- Beacon Cove Intermediate
- Bear Lakes Middle
- Believers Academy *
- Belle Glade Elementary
- Belvedere Elementary
- Ben Gamla Charter School *
- Benoist Farms Elementary
- Berkshire Elementary
- Binks Forest Elementary
- Boca Raton Elementary
- Boca Raton High
- Boca Raton Middle
- Boynton Beach High
- BridgePrep Academy *
- Bright Futures Academy *
- C.O. Taylor/Kirklane Elementary
- Calusa Elementary
- Carver Middle
- Chancellor Charter *
- Cholee Lake Elementary
- Christa McAuliffe Middle
- Citrus Cove Elementary
- Congress Middle
- Connections Education ctr of the Palm Beaches*
- Conniston Middle
- Coral Reef Elementary
- Coral Sunset Elementary
- Crestwood Middle
- Crosspointe Elementary
Crossroads Academy *
Crystal Lakes Elementary
Cypress Trails Elementary
D.D. Eisenhower Elementary
Del Prado Elementary
Diamond View Elementary
Discovery Key Elementary
Don Estridge Middle
Dr. Mary McLeod Bethune Elementary
Eagles Landing Middle
Egret Lake Elementary
Elbridge Gale Elementary
Emerald Cove Middle School
Equestrian Trails Elementary
Everglades Elementary
Everglades Preparatory Academy *
Forest Hill Elementary
Forest Hill High
Forest Park Elementary
Freedom Shores Elementary
Frontier Elementary
Fulton Holland Educational Center - Bistro Cafe
G - Star for Motion Pictures & Television *
Galaxy E3 Elementary
Gardens School of Technology Arts *
Glade View Elementary
Glades Academy Middle*
Glades Academy of Agricultural & Eco Studies *
Glades Central High
Golden Grove Elementary
Gove Elementary
Grassy Waters Elementary
Greenacres Elementary
Grove Park Elementary
Gulfstream Goodwill Trans. to Life Acad. *
H.L. Johnson Elementary
Hagen Road Elementary
Hammock Pointe Elementary
Heritage Elementary
Hidden Oaks Elementary
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<thead>
<tr>
<th>School Name</th>
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<tbody>
<tr>
<td>Highland Elementary</td>
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<td>Hope-Centennial Elementary</td>
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<td>Independence Middle</td>
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<td>Indian Pines Elementary</td>
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<td>Indian Ridge School *</td>
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<td>Inlet Grove High*</td>
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<td>J.C. Mitchell Elementary</td>
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<td>Jeaga Middle</td>
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<td>Jerry Thomas Elementary</td>
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<tr>
<td>John F. Kennedy Middle</td>
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<tr>
<td>John I. Leonard High</td>
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<tr>
<td>Jupiter Community High School</td>
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<td>Jupiter Elementary</td>
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<tr>
<td>Jupiter Farms Elementary</td>
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<tr>
<td>Jupiter Middle</td>
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<tr>
<td>K.E. Cunningham/Canal Point Elementary</td>
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<td>L.C. Swain Middle</td>
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<td>Lake Park Elementary</td>
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<td>Lake Shore Middle</td>
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<td>Lake Worth High</td>
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<td>Lincoln Elementary</td>
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<td>Loggers Run Middle</td>
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<td>Loxahatchee Groves Elementary</td>
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<td>Manatee Elementary</td>
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<td>Marsh Pointe Elementary</td>
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<td>Meadow Park Elementary</td>
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<td>Melaleuca Elementary</td>
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<td>Montessori Academy of Early Enrichment *</td>
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<td>Morikami Park Elementary</td>
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<td>New Horizons Elementary</td>
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<td>North Grade Elementary</td>
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<td>North Palm Beach (The Conservatory School of North Palm Beach)</td>
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<td>Northboro Elementary</td>
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</tbody>
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Northmore Elementary
Okeeheelee Middle
Olympus International Academy *
Omni Middle
Orchard View Elementary
Osceola Creek Middle
Pahokee Elementary
Pahokee High
Pahokee Middle
Palm Beach Central High
Palm Beach Gardens Elementary
Palm Beach Gardens High
Palm Beach Lakes High
Palm Beach Maritime Academy *
Palm Beach Maritime High School*
Palm Beach Maritime Middle *
Palm Beach Preparatory Charter Academy *
Palm Beach Public
Palm Beach School for Autism *
Palm Springs Elementary
Palm Springs Middle
Palmetto Elementary (East)
Palmetto Elementary (West)
Panther Run Elementary
Park Vista High
Pierce Hammock Elementary
Pine Grove Elementary
Pine Jog Elementary
Pioneer Park Elementary
Pleasant City Elementary
Plumosa School of the Arts
Poinciana Elementary
Polo Park Middle
Potentials*
Riviera Beach Prepatory and Achievement Academy *
Rolling Green Elementary
Roosevelt Community Middle
Roosevelt Elementary
Rosenwald Elementary
Royal Palm Beach Elementary
Royal Palm Beach High
Royal Palm School
S.D. Spady Elementary
Sandpiper Shores Elementary
Santaluces High
Seagull Academy *
Seminole Ridge High
Seminole Trails Elementary
Somerset Academy Boca (K-5) *
Somerset Academy Boca Middle (6-8) *
Somerset Academy Canyons High School (9-12) *
Somerset Academy Canyons Middle School (6-8) *
Somerset Academy JFK *
Somerset Academy Lakes *
Somerset Academy of the Arts *
South Grade Elementary
South Intensive Transition *
South Olive Elementary
South Tech High *
South Tech Preparatory Academy Middle *
South Tech Success Center, Inc *
Spanish River High
Sports Leadership and Management (SLAM - WPB) *
Sports Leadership and Management (SLAM-Boca) *
Sports Leadership and Management High (SLAM - WPB) *
Starlight Cove Elementary
Suncoast High
Sunrise Park Elementary
Sunset Palms Elementary
Timber Trace Elementary
Toussaint L'Ouverture High *
Tradewinds Middle
Turning Points *
U.B. Kinsey/Palmview Elementary
University Preparatory Academy *
Verde Elementary
Village Academy
Washington Elementary
Waters Edge Elementary
Watson B. Duncan Middle
Wellington Elementary
Wellington High
Wellington Landings Middle
West Boca Raton Community High
West Gate Elementary
West Riviera Elementary
Western Academy *
Western Pines Middle
Westward Elementary
Whispering Pines Elementary
William T. Dwyer High
Woodlands Middle
Wynnebrook Elementary

School # *

School Level: *
Mark only one oval.

- Elementary
- Middle
- High School
- Combo: K-8
- Combo: K-12
- Charter

Please provide us with your First and Last Name: *
Position: *
Mark only one oval.

- Principal
- Assistant Principal
- Confidential Secretary
- Data Processor
- Physical Education Teacher
- School Food Service Manager
- School Counselor
- Behavioral Health Professional
- School Psychologist
- Exceptional Student Education (ESE) Coordinator
- Other

In addition to your position, are you the Designee for any of the below capacities: *
Check all that apply.

- School Wellness Champion
- School Green Champion
- Healthy School Team (HST) Lead
- School Based Team (SBT) Lead
- None of the Above

1. Currently, does someone at your school oversee or coordinate the Healthy School Team (HST) and activities?
Mark only one oval.

- Yes
- No

PHYSICAL EDUCATION & PHYSICAL ACTIVITY:
2. Do you know that under Florida Statute (1003.455) and through the District’s Wellness Promotion Policy (2.035) that elementary physical education is required for 150 minutes per week and that recess is separately required for 100 minutes per school? *

Mark only one oval.

☐ Yes
☐ No

3. Do you know that the District’s Department of Teaching and Learning offers professional development training for the K-12 Physical Education Teachers? *

Mark only one oval.

☐ Yes
☐ No

4. Do you know that the District’s Department of Teaching and Learning has Resource Teachers that can model age appropriate standard based lessons at your school? *

Mark only one oval.

☐ Yes
☐ No

NUTRITION ENVIRONMENT & SERVICES:

5. Do you believe the District supports your efforts to integrate nutrition education topics into the school day? *

Mark only one oval.

☐ Strongly Agree
☐ Agree
☐ Neutral
☐ Disagree
☐ Strongly Disagree
6. Please indicate the nutrition education strategies being implemented in your dining room and serving line(s). Check all that apply: *
   Check all that apply.
   - Posters
   - Flyers
   - Food Sampling
   - Health Fair
   - None
   - Other: ________________________________

7. Select ways in which you share nutrition information with families and the community. *
   Check all that apply.
   - Open House
   - PTA Meetings
   - Emails
   - Phone Calls
   - Text Messages
   - Other: ________________________________

8. Do you believe the District supports the expansion of programs and initiatives that enhance nutrition education for students, staff, and/or families? *
   Mark only one oval.
   - Strongly Agree
   - Agree
   - Neutral
   - Disagree
   - Strongly Disagree

9. Nutrition Information for products served in the cafeteria is readily available and easily accessible. *
   Mark only one oval.
   - Strongly Agree
   - Agree
   - Neutral
   - Disagree
   - Strongly Disagree

10. Does your school use food as a reward? *
    Mark only one oval.
    - Yes
    - No
If yes, please explain why?

______________________________________________________________________________________________

______________________________________________________________________________________________

______________________________________________________________________________________________

______________________________________________________________________________________________

If no, how do you reward your students?

______________________________________________________________________________________________

______________________________________________________________________________________________

______________________________________________________________________________________________

______________________________________________________________________________________________

11. Does your school use food as a punishment? *

Mark only one oval.

☐ Yes
☐ No

12. Does your school use strategies to maximize participation in the School Breakfast Program (SBP)? *

Mark only one oval.

☐ Our school offers breakfast after the bell, breakfast in the classroom, and/or grab and go to the classroom models.
☐ Our school offers breakfast served and consumed in the cafeteria.
☐ Other: ________________________________

13. For students that arrive on time to school, once they received their breakfast, how much time are they allowed to consume their meal? *

Mark only one oval.

☐ 0 - 8 minutes
☐ 9 - 14 minutes
☐ 15 minutes or more

14. Once a student has received their lunch, how much time are they allowed to consume their meal? *

Mark only one oval.

☐ 0 - 10 minutes
☐ 11 - 19 minutes
☐ 20 minutes or more
15. When students arrive late to school, how is breakfast provided for parent drop off and walkers? *
   Mark only one oval.
   - Students have the opportunity to get a school breakfast and eat in the cafeteria.
   - Students have the opportunity to get a school breakfast and take it to the classroom.
   - Students are instructed to go to classroom without a school breakfast.
   - Other: ____________________________

16. When students arrive late to school, how is breakfast provided for bus riders? *
   Mark only one oval.
   - Students have the opportunity to get a school breakfast and take it to the classroom.
   - Students have the opportunity to get a school breakfast and eat in the cafeteria.
   - Students are instructed to go to classroom without a school breakfast.
   - Other: ____________________________

For Elementary Schools ONLY
Eating Environment

17. What percentage of your classrooms have recess scheduled before lunch? *
   Mark only one oval.
   - 0 - 25%
   - 26% - 50%
   - 51% - 75%
   - 76% - 100%

For Middle/High Schools ONLY
Eating Environment

18. How many scheduled lunch periods you have for students? *

19. On average how many students are scheduled in each lunch period? *

20. How many seats are available in your cafeteria? *

21. What is the capacity of your cafeteria? *
22. Is your school registered with Team Nutrition? *
   Mark only one oval.
   ☐ Yes
   ☐ No

23. The Smarter Lunchrooms Movement is a technique to help change behaviors and encourage students to make healthier choices. What is your Smarter Lunchrooms Scorecard Total? *
   Mark only one oval.
   ☐ Bronze: 15 - 25
   ☐ Silver: 26 - 45
   ☐ Gold: 46 - 60

COUNSELING, PSYCHOLOGICAL & SOCIAL SERVICES:

Universal Supports: Does my school have or is my school developing...

Universal Behavioral and Mental Health Supports are core (Tier 1) supports that all students receive within schools.

24. Social/emotional, mental health and wellness learning opportunities that are available to students (e.g. classroom lessons, school-wide approaches) delivered by classroom teachers and/or school based mental health professionals (e.g. School Counselors, School BHP's, School Psychologists) are: *
   Mark only one oval.
   ☐ In Place
   ☐ Somewhat in Place
   ☐ Not in Place
25. School-wide prevention practices that support the development of resiliency and positive relationships are: *

Mark only one oval.

- In Place
- Somewhat in Place
- Not in Place

26. School-based professionals (e.g. School Counselor, School Behavioral Health Professional, School Psychologist) and teams (e.g. Positive Behavior Support Team) that provide universal/core supports are: *

Mark only one oval.

- In Place
- Somewhat in Place
- Not in Place

Targeted/Selected Supports: Does my school have or is my school developing...

Targeted/Selected Behavioral and Mental Health Supports are Tier 2 supports that some students receive based on unmet needs or mental health challenges within schools.

27. Social/emotional, mental health, and wellness interventions for students in need (e.g. small group counseling, check in / check out) are: *

Mark only one oval.

- In Place
- Somewhat in Place
- Not in Place

28. Programs and processes that provide opportunities for school staff to strategize social/emotional, mental and behavioral health interventions for students and families that are strength-based, solution focused, trauma informed, and focused on factors that school can impact are: *

Mark only one oval.

- In Place
- Somewhat in Place
- Not in Place

37. 29. School-based professionals (e.g. School Counselor, School Psychologist) provide and teams (e.g. School Based Team) coordinate targeted/supplemental supports (e.g. small group counseling) where needed are: *

Mark only one oval.

- In Place
- Somewhat in Place
- Not in Place
Intensive Supports - Does my school have or is my school developing...

Intensive Behavioral and Mental Health Supports are Tier 3 supports that few students experiencing mental health challenges, with a mental health diagnosis or are at risk of a mental health diagnosis receive within schools or in collaboration with community agency partners.

38. **30. School staff are aware of and know how to access available mental and behavioral health services for their students and families.** *

   *Mark only one oval.*

   - In Place
   - Somewhat in Place
   - Not in Place

39. **31. All students know where to go for resources and support when they or a friend are experiencing a mental health challenge.** *

   *Mark only one oval.*

   - In Place
   - Somewhat in Place
   - Not in Place

40. **32. Staff have been trained in ways to appropriately respond to students who experience a mental health challenge or crisis.** *

   *Mark only one oval.*

   - In Place
   - Somewhat in Place
   - Not in Place

41. **33. The school has professionals available and plans in place for students during and after a mental health challenge or crisis.** *

   *Mark only one oval.*

   - In Place
   - Somewhat in Place
   - Not in Place

**SOCIAL & EMOTIONAL CLIMATE:**
42. 34. Does your school have a time and space to teach Social Emotional Learning (SEL) competencies and skills? * 
Mark only one oval.

☐ Yes, my core academic subject area teachers teach SEL.
☐ Yes, my school counselor teaches SEL.
☐ No, not at this time.
☐ Other: ____________________________

Non-Mental Health Trained Personnel

Choose a number between 0 through 100.

43. 35. ____% of non-mental health trained personnel at our school have been trained in Youth/Child Mental Health First Aid offered by the District. *

44. 36. Does your school participate in the "We’re ALL In" campaign supporting welcoming and inclusive school campuses by staff wearing "We’re ALL In" Badges or displaying posters? * 
Mark only one oval.

☐ Yes
☐ No

45. If no, please explain why?

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

46. 37. Does your school have a Gay Straight Alliance or Genders and Sexualities Alliance (GSA) Club to support LGBTQ students? *
Mark only one oval.

☐ Yes
☐ No

47. If no, please explain why?

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
48. **Does your school have a Safe School Ambassadors Program?** *
   *Mark only one oval.*
   - Yes
   - No

49. **If no, please explain why.**

   _____________________________
   _____________________________
   _____________________________
   _____________________________

50. **Does your school have a "We Dine Together" program?** *
   *Mark only one oval.*
   - Yes
   - No

51. **If no, please explain why.**

   _____________________________
   _____________________________
   _____________________________
   _____________________________

**HEALTH EDUCATION:**
52. **Identify one way in which the District promotes and communicates information regarding sun-safety practices during school and at school-sponsored activities.** * 

53. **Does your school teach the Human Growth and Development curriculum (as required by components of Florida Statutes Section 1003.42(n) and the Science Scopes and Sequence)?** * 
Mark only one oval.

- Yes
- No

**HEALTH SERVICES:**

54. **The District provides safe and adequate health services and resources to promote student wellness and readiness to learn:** * 
Mark only one oval.

- Strongly Agree
- Agree
- Neutral
- Disagree
- Strongly Disagree
55. **The School Health Services Plan is required by Florida Statute and identifies services and health screening that promote student health. Which community partners does your school collaborate with to accomplish these goals?**

*Mark only one oval.*

- The Health Care District of Palm Beach County.
- The Florida Department of Health/Palm Beach County.
- The Health Care District of Palm Beach County and The Florida Department of Health/Palm Beach County.
- The Florida Department of Health/Palm Beach County and the Florida Department of Education.

**EMPLOYEE WELLNESS:**

56. **Please choose the answer that BEST describes your school/location in regards to food options for EMPLOYEES:**

*Mark only one oval.*

- Healthy food options are available at most or all staff meetings and celebrations, and in staff vending machines.
- Healthy food options are NOT available at most or all staff meetings and celebrations, or in staff vending machines. We would like assistance to improve in this area in order to comply with the Wellness Promotion Policy (2.035).
- We are in the process of improving our healthy food options on campus for employees in staff meetings, celebrations, and vending machines.
- Other: _________________________________
57. **45. Please check ALL that apply in regards to physical activity for EMPLOYEES on your school campus:**

*Check all that apply.*

- [ ] Physical activity is encouraged on breaks or before/after work hours.
- [ ] An Employee Waiver Form (PBSD 2319) is required each year for participation for onsite activities including walking paths, student gyms where staff is allowed, and/or exercise clubs (workout groups, exercise videos, etc).
- [ ] Exercise equipment is NOT used onsite, except for in student gyms where employees may participate.
- [ ] None of the above.
- [ ] Other: ________________________________

58. **46. Please check ALL that apply in regards to a lactation room for EMPLOYEES on your school campus/department:**

*Check all that apply.*

- [ ] A room has been established according to Public Law, that is NOT a restroom, has a lock on the door, and has a comfortable chair.
- [ ] Employees are given time during normal breaks and meal times to express milk if they wish.
- [ ] We are currently in the process of creating an approved lactation room that complies with Public Law.
- [ ] Other: ________________________________

**PHYSICAL ENVIRONMENT:**

**Asbestos:**

59. **47. Where is your school’s Asbestos Management Plan located?**

__________

60. **48. Are you aware that your custodians need to complete an annual Asbestos Awareness training?**

*Mark only one oval.*

- [ ] Yes
- [ ] No
Indoor Air Quality (IAQ):

61. Does your school have a designated employee who is responsible for Indoor Air Quality (IAQ) issues? This person is also responsible for walking the campus during breaks to identify & report IAQ issues. *

Mark only one oval.

☐ Yes
☐ No

62. If yes, what is their name and position title?

63. Have you shared "Indoor Air Quality (IAQ) Tips for Teachers" with your employees? *

Mark only one oval.

☐ Yes
☐ No

64. Here is a link to the "IAQ Tips for Teachers" [https://bit.ly/389iTsx](https://bit.ly/389iTsx). Please check below when you have read the document. *

Mark only one oval.

☐ Yes, I have read Tips for Teachers
☐ I need more time to read Tips for Teachers and would like to request a followup reminder.

65. Are you aware that your mechanical rooms cannot be used for storage? *

Mark only one oval.

☐ Yes
☐ No

Sustainability:

66. Does your school have a designated Green Champion? Green Champions serve as the point of contact for sustainability related communication with Environmental Conservation Services (ECS). *

Mark only one oval.

☐ Yes
☐ No

67. If yes, what is their name and position title?
68. **What percentage of your teachers incorporate the outdoors as a learning space for students?**

*Mark only one oval.*

- [ ] 0% - 25%
- [ ] 26% - 50%
- [ ] 51% - 75%
- [ ] 76% - 100%

69. **Please explain how your teachers incorporate the outdoors as a learning space for students.**

For example: gardening, creating native habitats, preserving space for protected species etc.

_____________________________________________________________________________

_____________________________________________________________________________

_____________________________________________________________________________

70. **Do you believe the District supports your effort to incorporate schools gardens on your campus?**

*Mark only one oval.*

- [ ] Strongly Agree
- [ ] Agree
- [ ] Neutral
- [ ] Disagree
- [ ] Strongly Disagree

71. **Are you aware that the District has a School Garden Development Guide?**

*Mark only one oval.*

- [ ] Yes
- [ ] No

72. **Have your faculty and staff reviewed the District's Recycling Bulletin PD 20-159 COO?**


- [ ] Yes
- [ ] No

**HazCom:**
73. Has your school completed and submitted the annual chemical inventory in compliance with bulletin # PD 16-077 COO? *
Mark only one oval.

☐ Yes
☐ No

FAMILY ENGAGEMENT:

74. Does your school communicate with all families regarding their children at all levels of academic, social-emotional, and health-related concerns, using a variety of communication methods? *
Mark only one oval.

☐ Yes, all families are communicated with regarding their children at all levels of academic, social-emotional, and health related concerns using a variety of communication methods.

☐ All families are communicated with using a variety of communication methods, but not at all levels of academic, social-emotional, and health related concerns.

☐ Our school only uses very few methods to communicate about social-emotional and health related concerns.

☐ Our school does not communicate with families, or families receive communications solely about academic subjects but not about social-emotional and health related concerns

COMMUNITY INVOLVEMENT:
75. **Does your school collaborate with local community organizations or businesses to engage students and their families in health promotion activities?**

*Mark only one oval.*

- [ ] Yes, our school collaborate with local community organizations or businesses to promote and engage students and their families in health promotion activities, for all school health initiatives.
- [ ] Our school collaborate with local community organizations or businesses to promote and engage students and their families in health promotion activities, for most school health initiatives.
- [ ] Our school collaborate with local community organizations or businesses to promote and engage students and their families in health promotion activities, for some school health initiatives.
- [ ] No, our school does not collaborate with local community organizations or businesses to promote and engage students and their families in health promotion activities for school health initiatives.

A copy of your responses will be emailed to paula.triana@palmbeachschools.org