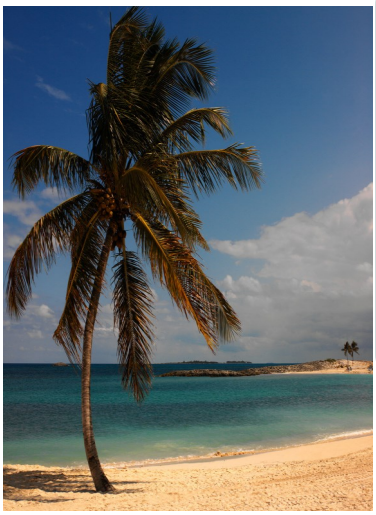


CHIP Clips

Your source of updates, news, and interesting facts relating to the Palm Beach County Community Health Improvement Plan (CHIP)

February 2021

Top 3 Priority Areas for the Palm Beach County CHIP

- Mental and Behavioral Health
- Active Living and Healthy Lifestyles
- Access to Care and Services

Did you know?

- **About 74% of adults are overweight or have obesity . Adults ages 40 to 59 have the highest rate of obesity (43%) of any age group with adults 60 years and older having a 41% rate of obesity.**
- **Almost 11% of Americans have type 1 or type 2 diabetes. Almost 35% of American adults have prediabetes, and people 65 years and older have the highest rate (48%).**

SOURCE: DGA 2020-2025

COVID-19 Vaccines in Palm Beach County: Putting Shots in Arms

DOH-Palm Beach is responsible for the equitable distribution of COVID-19 vaccines in Palm Beach County. We are very fortunate to have a wonderful partnership between ourselves, the Board of County Commissioners with the support of Mayor Dave Kerner and County Administrator Verdenia Baker, the Health Care District with the support of CEO Darcy Davis, and our many other community partners to accomplish this task. As of February 16th, 2021, Palm Beach County has vaccinated 229, 624 individuals. Palm Beach County has so far vaccinated 52% of its population aged 65 and over, the highest of the five metro counties in Florida. To administer vaccines, DOH-Palm Beach currently has one site operational five days a week, while the Health Care District has two with a third site soon coming, including the South Florida Fairgrounds. The Fairgrounds site has the ability to give up to 7000 shots per day in its air-conditioned tents. Feedback from residents receiving the vaccine has been overwhelmingly positive, while some residents still struggle with getting appointments due to technological issues or lack of access to a computer. We're working hard to overcome these issues. The supply of vaccines from the federal government is expected to ramp up in the coming weeks, further increasing vaccine access.

USDA Releases Dietary Guidelines for Americans (DGA)

One of our three CHIP priorities is Active Living and Healthy Lifestyles, including nutrition. Recently the USDA released the 2020-2025 Dietary Guidelines for Americans. Publication of the Dietary Guidelines is required under the 1990 National Nutrition Monitoring and Related Research Act, which states that at least every 5 years, the U.S. Departments of Agriculture (USDA) and of Health and Human Services (HHS) must jointly publish a report containing nutritional and dietary information and guidelines for the general public. This edition marks the first time the Guidelines provide recommendations by life stage, from birth through older adulthood.

To learn more, please see here

Did you know?

- **HERC is a network of acute and sub-acute care hospitals, county emergency response agencies, and community disaster partners. The Coalition collaborates on planning, training and exercising for an area-wide health and/or medical response to a disaster or incident.**
- **There are thirty HERC member organizations.**

SOURCE: HERC

Partner Spotlight: Palm Beach County Medical Society

PBCMS is a not-for-profit organization dedicated to uniting physicians to serve the common interest of the profession, developing and maintaining the highest professional and ethical standards of the medical profession, advocating the interests of physicians and their patients, and collaborating with others to improve the community's health. The Palm Beach County Medical Society Services (PBCMSS) in partnership with the Health Emergency Response Coalition (HERC) of Palm Beach County has embarked on a public service campaign aimed at responding to the COVID-19 pandemic called the COVID-19 Resource Center.

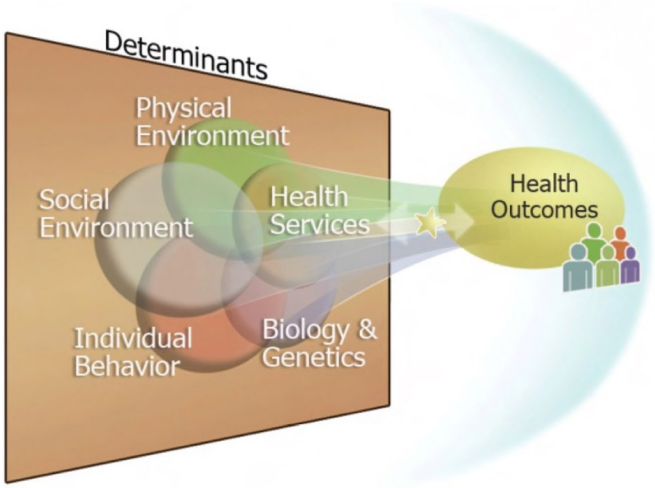
For more information

The Florida Department of Health Recognizes National Black HIV or AIDS Awareness Day

Sunday, February 7, marked National Black HIV/AIDS Awareness Day (NBHAAD), an annual observance meant to increase HIV education, testing, treatment and involvement among Black communities nationwide. In accordance with this year's national theme, "We're in This Together," the Florida Department of Health calls on all Floridians to unite in support of those with HIV and join in efforts to raise awareness about HIV and AIDS in Black communities. To learn more



CHIP UPDATE



Issues of CHIP Clips are posted at the DOH-Palm Beach website.

The next CHIP Advisory Council meeting will be scheduled for May or June; more details to follow. The meeting will most likely take place virtually.

Thanks also to the Health Council of Southeast Florida, the Health Care District of Palm Beach County, and all of our community partners in implementing our CHIP!

Also, please send Adam your ideas and comments for the newsletter; he's waiting to hear from you!