Maternal Mental Health Needs of the Haitian Population

A new community health presentation hosted by HMHB is on the horizon.
You will not want to miss this!

In this presentation, participants will gain insights into the cultural beliefs surrounding mental health in Haitian communities, common barriers Haitian mothers face in seeking care, and strategies for providing culturally competent and responsive mental health support.

Mark your calendars!
Thursday, December 12, 2024 from 9:30am – 11:00am
1.5 CEU Hours Available*
Virtual via Zoom



Natacha Dalberiste, LMFT-QS, a Licensed Psychotherapist, private practice owner, maternal mental health specialist, and a devoted mother of three, will be our guest speaker.

Natacha's passion for maternal mental health ignited in 2016 after enduring pregnancy losses and a traumatic birth, experiences that inspired her to support women navigating motherhood and healing from pregnancy or infant loss.

Registration is free and open now!
Click here to learn more.

**Healthy Mothers, Healthy Babies of Palm Beach County is approved through the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling, Florida Board of Psychology, and Florida Board of Nursing. CE Provider Number #50-28664.*