October is National Bullying Prevention Month

Monday, October 2nd
World Day of Bullying Prevention

This is your chance to make bullying prevention heard around the world!

You can begin to change the culture by putting an end to Bullying and Cyberbullying.



The Week of October 2nd

Make friends with someone you don't know at school.
If you've ever been isolated from others at school or you were new at school and it took time to make friends, you know what it feels like to be left out. Or even if you were never isolated, imagine how it would feel.

Make friends with someone at school who you don't know.
You probably wish someone had done that for you.
Be a leader. Take action and don't let anyone at school be in isolation.

Challenge Others To Be Kind
Make kindness go viral with an act of kindness and challenge friends and classmates to pay it forward with their acts of kindness. We encourage everyone to Tweet your acts of kindness.

The Week of October 9th

STAND UP for Others Week
When you see someone being bullied, be brave and STAND UP for them. Bullies have been known to back off when others stand up for victims.

If you don't feel safe get the help of an adult immediately.
Be part of the solution -- not the problem!

Use the bullying form or bullying hotline to report any form of bullying!

Bullying Form:
http://reportbully.palmbeachschools.org/

Bullying Hotline
561-434-8200

Join us on 10.2.23 for the Annual World Day of Bullying Prevention™ Let's #BlueUp Together!

The Week of October 16th

Week of Inclusion- Don't Let Anyone Eat Alone
Don't let anyone at school eat alone in the cafeteria or on a school field trip. Make it the week of #NOONEEATSALONE. Invite someone you don't know that well to sit next to you on the bus. *Learn about each other.*

At one point or another each of us has felt insecure, or stressed out, or alone. It is important to remind our friends and classmates that we are all in it together and we are there to listen and support each other. Use the hashtag #HereForYou on social media to let your classmates know that they have your support and a person to reach out to if they ever need to talk.

The Week of October 23rd and 30th

Meet with fellow students and discuss how you can Change the Culture at your school.

Hold a discussion in your classroom where you allow students to openly speak and discuss their experiences with bullying and cyberbullying, and how these experiences have affected them and how they dealt with these moments.

Access the bullying lesson plans via Safe Schools SharePoint for all grade levels PK-12.

STOMP Out Bullying™
Change The Culture



To order shirts visit:
https://www.stompoutbullying.org/world-day-bullying-prevention