DIGITAL VIBEZ

LET'S MOVE 365

Palm Beach County
Commit to Change

FEBRUARY SCHEDULE

FREE

Delray

Aqua Zumba & More w/ Aida
10:30 AM | Every Sunday

Fitness in the Church w/ Rosa
11:45 AM | 1st & 3rd Tuesdays

Fitness in the Community w/ Rosa
9:15 AM | 2nd & 3rd Wednesdays

SAYWHAT! Wellness in Action w/ Angie T.
6:30 PM | Every Tuesday

The Glades

E-Motion Zumba w/ E
6:00 PM | Every Monday

Chair Yoga w/ Skye
4:00 PM | Tues./Thurs.

West Palm Beach

Zumba Vibez w/ Lissette Rivera
9:00 AM | Every 2nd and 4th Sunday

Riviera Beach

Let's Move Riviera Beach w/ Coach Rhonda
10:30 AM | February 7th, 21st, 28th

Boynton Beach

Community Fitness w/ Rosa
6:00 PM | 2nd & 4th Mondays

FOR MORE INFORMATION, PLEASE SCAN BELOW

SCAN ME!

Thank you to our sponsors, partners, and collaborators!

American Heart Association. Healthy for Good
COMMUNITY FOUNDATION
EMPOWER Healthcare
GENESIS COMMUNITY HEALTH
Healthier Boynton Beach
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