10th YEAR ANNIVERSARY celebration DIGITAL VIBEZ

Palm Health® FOUNDATION

LET'S MOVE!
Palm Beach County
Commit to Change

March 1 - 31 2024

LetsMovePBC.org

LET'S MOVE:

COMMIT TO CHANGE PHYSICAL ACTIVITY CHALLENGE

ENGAGES
Palm Beach County residents in a friendly competition through the month of March with the goal of promoting physical activity and healthy behaviors!

LET'S MOVE
invites Palm Beach County residents to form teams and get moving together- commit to exercising at least 30 minutes a day, and log your minutes!



Designed by: FINITY TEK DESIGNS

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