NOT ONE MORE WEEKEND

• 2021 •

Join us for NOT ONE MORE!

A weekend built on the pillars of what The Alliance does: Help. Support. Recovery.

Friday, February 26 to Sunday, February 28, 2021

Join this national movement as we ensure that NOT ONE MORE life is lost, NOT ONE MORE child is taken, and NOT ONE MORE precious moment is destroyed by this insidious disease. Over this three-day weekend, help us continue to raise awareness and offer direct support to individuals and families across the country. Proceeds from the NOT ONE MORE Weekend will directly fund our free, weekly, therapist-led, virtual eating disorder support groups!

The #NOTONEMORE Weekend

DAY 1:

DAY OF HELP

FRIDAY • FEBRUARY 26

It's okay to ask for help! We encourage individuals experiencing eating disorders and their loved ones to reach out via our findEDhelp app/website and/or our helpline. Our licensed therapists can help connect you to all levels of specialized eating disorder care.

DAY OF HELP

DAY 2:

DAY OF SUPPORT

SATURDAY • FEBRUARY 27

Join us for an entire day, round the clock, of free, therapist-led, virtual support groups for individuals! We will be facilitating groups every hour from 8 AM EST until Midnight! Open to individuals and loved ones 18+ around the globe.

DAY OF SUPPORT

DAY 3:

DAY OF RECOVERY

SUNDAY • FEBRUARY 28

Join us as we celebrate living your life beyond your eating disorder. Help us raise awareness, advocate for change, and celebrate recovery. Don't miss out on our inaugural Rally for Recovery at 6pm EST!

DAY OF RECOVERY

Raise Funds, Make a Direct Impact, and Earn Exclusive Swag

Money raised through NOT ONE MORE weekend will directly fund our free, weekly, therapist-led, virtual eating disorder support groups.

RAISE FUNDS

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