DIGITAL VIBEZ

LET'S MOVE! 365

Palm Beach County
Commit to Change

MARCH SCHEDULE

FREE

Delray

Aqua Zumba & More w/ Aida
5:00 PM | Every Wednesday

Fitness in the Church w/ Rosa
11:45 AM | 1st & 3rd Tuesdays

SAYWHAT! Wellness in Action w/ Angie T.
6:30 PM | Every Tuesday

Fitness in the Community w/ Rosa
9:15 AM | 2nd & 3rd Wednesdays

Friday Night House Party w/ Andrea
6:30 PM | 2nd & 4th Fridays

The Glades

E-Motion Zumba w/ E
6:00 PM | Every Monday

Chair Yoga w/ Skye
4:00 PM | Tues./Thurs.

West Palm Beach

Zumba Vibez w/ Lissette Rivera
9:00 AM | Every 2nd and 4th Sunday

Boynton Beach

Community Fitness w/ Rosa
6:00 PM | 2nd & 4th Mondays

FOR MORE INFORMATION, PLEASE SCAN BELOW

SCAN ME!

Thank you to our sponsors, partners, and collaborators!

American Heart Association. Healthy for Good | Community Foundation | Empower Healthcare | Genesis Community Health | Healthier Boynton Beach | Healthier Glades | Palm Beach County Parks & Recreation | Palm Health Foundation | United Way Palm Beach County | velocity Community Credit Union | 25 WPBF