healthy mothers, healthy babies
Coalition of Palm Beach County, Inc.

Healthy Mothers, Healthy Babies is an approved CE provider for Licensed Psychologists, LMHC, LCSW and LMFT.

Factoring in Fathers:
Nuts 'n Bolts of Paternal Perinatal Mental Health

While most mental health clinicians and organizations focus on the mother-child dyad, a wealth of research now shows that fathers can strongly impact – and be impacted by – their partners' and babies' well-being throughout the perinatal period. In order to take a comprehensive, whole-family approach, it is essential to be familiar with the research, theory, and best clinical practices regarding how men make the transition to fatherhood. Dr. Singley will provide an overview of how men's socialization relates to common perinatal mental health issues with an emphasis on how clinicians can be more father-inclusive and sensitive to common men's issues as they navigate the transition to fatherhood.

Learning Objectives:

- Describe key psychosocial elements in the transition to fatherhood and men's perinatal mental health
- Cite examples of how fatherhood involvement impacts the family system
- List evidence-based approaches to better engage fathers with perinatal services, with their children, and with their partners during pregnancy and early parenthood

Presenter:
Daniel B. Singley, Ph.D., ABPP

Dr. Singley is a San Diego-based board certified psychologist and Director of The Center for Men's Excellence. His research and practice focus on men's mental health with a particular emphasis on reproductive psychology and the transition to fatherhood. Dr. Singley won the American Psychological Association's 2017 Practitioner of the Year Award from the Division on Men & Masculinities.



Thursday, October 22, 2020
1:00pm - 3:00pm

$20 Registration Fee

Virtual Workshop Via Zoom

2 CEUs Hours Available

To Register:

www.hmhbpbc.org/workshop

For more information, contact Jan Bogie at (561) 517-3026 or jbogie@hmhbpbc.org.