JFK MEDICAL CENTER
NORTH CAMPUS

Adolescent Intensive Outpatient Program Description:

Program Description

The Adolescent Intensive Outpatient Program (AIOP) at JFK Medical Center North's campus is designed to assist, treat and improve the lives of Adolescents suffering from primary psychiatric disorders. In teenagers (13 through 17) who are experiencing behavioral and/or psychiatric issues that are better treated by engaging in more extensive therapy than traditional outpatient therapy.

The AIOP affords the individual the opportunity to continue their daily routine, such as attending school, while participating in treatment with convenient evening programming. Frequent sessions can help to maintain diagnostic stabilization, while improving their quality of life and well-being.

Program Hours:

Program hours of operation: AIOP offers programming 9 hours per week which includes 3 days a week: Monday, Wednesday, and Thursday from 5 pm to 8 pm.

Program length of stay 6 to 8 weeks.

Wednesday Nights are "Family night" which is a major requirement of the program. During Wednesday "Family Night", teens and their parents will have the opportunity to have dinner together, participate in a multi-family process group, receive psycho-education while engaging in skill-building activities.

Dinner and snacks will be served.

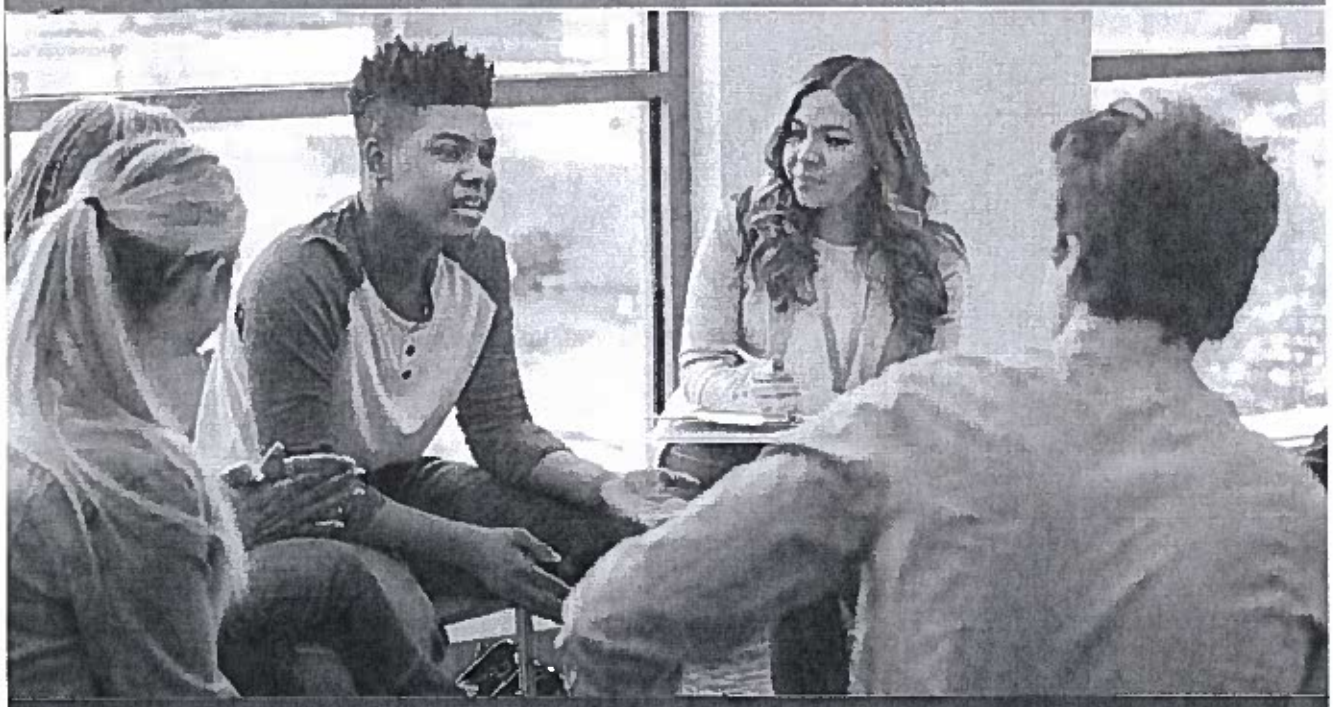
Reasons for admission:

- Suicidal attempts
- Depression
- Anxiety
- Aggressive behaviors
- Anger management
- Grief, loss or abandonment
- Identity problems
- Impulsivity
- Low self-esteem
- High-risk behaviors
- Family conflict
- Self-harming behaviors
- Poor coping skills
- Difficulty adjusting to changes
- Defiant behavior
- Truancy

Program goals

- Manage emotions and express feelings positively
- Refrain from self-harm
- Decrease aggressive behaviors
- Improve problem -solving skills
- Use positive coping strategies
- Control impulsive behaviors
- Improve frustration tolerance
- Engage in positive relationships with family, peers and others
- Promote medication compliance

HCA Florida Healthcare



Adolescent Intensive Outpatient Program

Ages 13-17

Beginning November 1, 2021

Program Schedule

Monday | Wednesday | Thursday

5:00 pm - 8:00 pm

JFK North Behavioral Health Pavilion

2201 45th Street | West Palm Beach

Contact: Daniela Riccelli at 516.863.3998

NJFK.AIOPREFERRALS@HCAHEALTHCARE.COM

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