

8th Annual

Student Mental Health and Wellness Conference

Student Mental Health and Wellness Webinar Series

For all School District of Palm Beach County Employees

Now more than ever, we believe that supporting student and family social/emotional learning, mental health, and wellness directly contributes to a positive school climate, trauma-sensitive practices, individual and family connectedness, academic achievement, and successful students pre-K through postsecondary.

Registration via eLearning Management is required, and in-service points are available. Attendance will be through eLM by launching the link to join the Google Meet session. **The launch option will not appear until the day of the training session.**

Date/Time	Title	Description	Presenter(s)
Monday 8/2/2021 9:00-10:30AM	**Opening Keynote Session**	Kick-off the conference with a dynamic session on the importance of mental health and wellness!	
Thursday 8/12/2021 3:15-4:15PM	**Back to School PBC: Strategies for a Successful Start**	Schools can set the tone for a successful start of school by implementing 7 strategies that support student mental health and wellness in light of COVID-19.	Dr. Michael Kane Stephen Kaplan Dr. Juan Feliciano
Thursday 8/19/2021 3:15-4:15PM	**Promoting Emotional Regulation in Children: Evidenced-Based Practices & Internet-Based Resources**	Set students up for success by learning practices that promote engagement and self-regulation in students.	Dr. Laura Cruz
Thursday 8/26/2021 3:15-4:15PM	**Building a Bridge from Adversity to Resilience**	This conference session will introduce a trauma-informed approach to promoting resilience in children and youth.	Tracey Seabrook
Thursday 9/2/2021 3:15-4:15PM	**The Power of Positive Emotions: Understanding Positive Psychology**	Promoting Happiness at School is essential to achieving goals and improving Social/Emotional Skills. Join to learn strategies to increase expression of positive emotions, practice gratitude and goal setting.	Michelle Beatty Cheryl Harris
Thursday 9/9/2021 3:15-4:15PM	**Signs, Symptoms, and Support**	Join this session to learn strategies for noticing when a student is struggling with a mental health challenge and tips for connecting them to support.	Dr. Catherine Barrett Dr. Juan Feliciano

Supported by Our District and Community Partners

School Counseling Team | Department of Behavioral and Mental Health | Equity and Wellness
Exceptional Student Education | Palm Beach County Youth Services

For questions or more information, contact:
Dr. Michael Kane in the Department of Behavioral and Mental Health at michael.kane@palmbeachschools.org

#MentalHealthMattersPBC