

# CONNECTIONS

Winter 2018

## CDD Welcomes New Providers



### Marcio Leyser, MD, MSc, PhD

Dr. Leyser completed his Clinical Fellowship in Developmental Pediatrics at McMaster University in Canada and his Master's and PhD in Neurology/Neurosciences at Fluminense Federal University in Brazil. His clinical interests include cerebral palsy, spina bifida, autism and ADHD.



### Shirley Johnson, ARNP, MSN, CPNP

Shirley Johnson completed her BS in nursing at Mount Mercy University, her PNP and MSN at the University of Iowa. Her clinical interests include ADHD, developmental delays, developmental disabilities, learning disabilities, mental health and health disparities.



### Meaghan Peters, MA, PsyD

Meaghan Peters completed her graduate training at George Fox University in Newberg, Oregon, an APA internship at Warm Springs Counseling Center in Boise, Idaho, and post-doctoral training at Northwest Neurobehavioral Health in Meridian, Idaho. She is also a former LEND trainee from the University of Utah School of Medicine with an autism enhance track through Utah State. Her clinical interests include assessment, in particular neurodevelopmental disorders, autism, ADHD, and learning disorders.

## New Periodicity Schedule

IOWA MEDICAID  
EPSDT



EPSDT *Care for Kids* is Iowa's federally

mandated Medicaid program for children. The Early and Periodic Screening, Diagnosis and Treatment (EPSDT) program was first created by Congress in 1967 as the health care program designed specifically for children.

The EPSDT program promotes the physical, mental, social, emotional and behavioral health of children from birth to age 21. The program emphasizes the use of a regular schedule of recommended well visits and screenings to provide preventative health care, and to identify medical, developmental and social-emotional concerns. This schedule of health maintenance recommendations, known as the Periodicity Schedule, provides a one-page summary of the ages at which recommended health screening services are to be provided as a child grows.

Through a contract with Iowa Medicaid Enterprise, a team at the Center for Disabilities and Development at the University of Iowa Stead Family Children's Hospital makes annual updates to [Iowa's Periodicity Schedule](#). This team, which includes a developmental pediatrician, a family practice physician and a nurse practitioner, works with a statewide interagency group to assure schedule guidelines meet best practices for exams and screenings, based upon *Bright Futures, Guidelines for Health Supervision of Infants, Children, and Adolescents, 4th Edition* adopted by the American Academy of Pediatrics (AAP), and supported by Iowa's Chapter of the AAP.

The recently revised Periodicity Schedule reflects new guidelines for adolescent health care: annual well visits are now recommended for all teens, along with the use of audiometry for more frequent hearing screenings.

Learn more about Iowa's EPSDT Periodicity Schedule in the Winter 2018 issue of the program's quarterly newsletter, [Care for Kids](#). To learn more about the program, visit the Iowa EPSDT Care for Kids website, <http://www.iowaepsdt.org>.

## CDD Staff Present at AUCD Annual Meeting

### **Poster presentations:**

“Reducing Recidivism Through Cross-System Collaboration” – **Tammie Amsbaugh, Caitlin Owens**

“Supporting a Life in the Community: Lessons Learned Through Iowa’s Money Follows the Person Program” – **Brooke Lovelace, Jo Schumacher, Shane Fetui** (MFP Participant)

“Promoting Healthy Living as Part of the Transition-to-Work Effort” – Wendy Parent-Johnson (SD UCEDD), **Julie Christensen, Judy Warth**, Richard Parent-Johnson (SD UCED), Emily Meier (SD UCED)

“ODEP-UCED Partnerships” – Richard Davis (ODEP), **Julie Christensen**

“Enhancing Communication for Individuals with ASD” – **Deb Downey**

### **Concurrent presentations:**

“Developing an Inclusive and Accessible LEND Curriculum” – **Edward Esbeck, Julie Christensen, Mike Hoenig, Judy Warth, Kelly VonLehmden**

“Strategies for Successful Partnerships: Engaging State Policymakers in UCED Program Development” Matthew Wappett (UT UCED), Sachin Pavithran (UT UCED), Marcia Moriarta (NM UCED), Wendy Parent-Johnson (SD UCED), **Julie Christensen**

In addition, **Julie Christensen, Brooke Lovelace, Jo Schumacher** and Shane Fetui visited Capitol Hill and met with Iowa’s U.S. Senators Joni Ernst and Chuck Grassley, and Representatives David Young and Dave Loebsack to talk about Money Follows the Person and the need for continuing the program.



Brooke Lovelace, Jo Schumacher, Julie Christensen, and Shane Fetui met with Chuck Grassley



## UCED Receives Signature Grant

Iowa’s University Center for Excellence on Disabilities (UCED) has been awarded a \$450,000 two year signature grant from the Kessler Foundation. The primary intervention proposed by this project is the use of virtual technologies to deliver job coaching and consultative behavioral support services to and for supported workers, their job coaches, and the businesses that employ them. Our unique project will identify sustainable and effective methods for the use of technology focused on supporting job placement and retention in both rural and urban settings. It will be implemented in partnership with the Nebraska and South Dakota UCEDs. Project partners will develop strategies that are effectively translatable across diverse geographies and populations, thus decreasing disparities in service provision across each state and the Midwest region as a whole.

The Kessler Foundation strives to improve the lives of people with physical and cognitive disabilities caused by stroke, multiple sclerosis, brain and spinal cord injury, and other chronic neurologic and musculoskeletal conditions. Over the past decade, Kessler Foundation has invested almost \$50 million in the work of its researchers, who develop ways to help people with disabilities overcome obstacles, and lead full and productive lives in their communities.

### **CDD staff funded on this project include:**

Tammie Amsbaugh, Julie Christensen, Karin Swisher, Judy Warth

**Connections**, a newsletter from the Center for Disabilities and Development at University of Iowa Stead Family Children’s Hospital, is published four times a year. It provides updates on current information from Iowa’s University Center for Excellence on Developmental Disabilities, our Healy Clinic and research efforts at CDD.

### **NEWSLETTER STAFF**

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