



ST. MONICA

CATHOLIC SCHOOL

Faith • Learning • Service

CAFETERIA MENU

OCTOBER 2026

5 WEEKS • 5-WEEK MENU CYCLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 ★ Spaghetti & Meatballs Garlic Bread • Roasted Vegetables A Chef-Inspired Panini Day Chef Vegetable • Pickles • Fresh Fruit	2 ★ Honey Butter Chicken Biscuit Breakfast Potatoes • Spiced Fruit A Sausage, Egg & Cheese Breakfast Sandwich Breakfast Potatoes • Spiced Fruit
5 WEEK 1 • OCT 5-9 ★ Hand Battered Chicken Tenders Homestyle Mashed Potatoes • Chef vegetables A Grilled Chicken Sandwich Potato Puffs • Chef vegetables	6 ★ Fajita Chicken Quesadillas Beans • Rice A Cheese Quesadillas Beans • Rice	7 ★ Chicken Teriyaki Fluffy Steamed Rice • Stir Fry Vegetables • Fortune Cookie A Beef & Broccoli Fluffy Steamed Rice • Stir Fry Vegetables • Fortune Cookie	8 ★ Chicken Alfredo Garlic Bread • Roasted vegetables A Ultimate Grilled Cheese Roasted vegetables	9 ★ Chef Inspired Pizza Day Seasonal Fruit Salad • Chef vegetables A Chicken Philly Cheesesteak Potato Puffs • Chef vegetables
12 WEEK 2 • OCT 12-16 ★ Chopped BBQ Beef Sandwich Mac N Cheese • Chef vegetables A Chef Inspired Panini Chef vegetables • Seasonal Fruit	13 ★ Chipotle Inspired Chicken Bowl Rice • Beans • Roasted Veggies • Cheese A Mexican Torta Sandwich Beef or Chicken • Mexican Fillings • Cheese • Signature Sauce • Rice	14 ★ Hamburger/Cheeseburger Potato Puffs • Chef vegetables A Bone-In Chicken Wings Mac N Cheese • Chef vegetables	15 ★ Italian Beef & Cheese Lasagna Garlic Bread • Roasted vegetables A 3-Cheese Calzone Marinara Sauce • Roasted vegetables	16 EARLY DISMISSAL × NO LUNCH SERVICE
19 WEEK 3 • OCT 19-23 ★ Homestyle Chicken Loaded Mash Bowl Chicken • Gravy • Corn • Cheddar A Salisbury Steak Loaded Mashed Potatoes • Chef vegetables	20 ★ Chicken Fajita Tacos Mexican Street Corn • Rice A Ground Beef Fajita Tacos Mexican Street Corn • Rice	21 ★ Sweet & Sour Chicken Fluffy Steamed Rice • Stir Fry Vegetables • Fortune Cookie A Mongolian Beef Fluffy Steamed Rice • Stir Fry Vegetables • Fortune Cookie	22 ★ Spaghetti & Meat Sauce Garlic Bread • Roasted vegetables A Ultimate Grilled Cheese Potato Puffs • Chef vegetables	23 ★ Chef Inspired Pizza Day Seasonal Fruit Salad • Chef vegetables A Steak Sandwich Chef vegetables • Seasonal Fruit
26 WEEK 4 • OCT 26-30 ★ BBQ Bone-In/Boneless Chicken Wings Mac • Cheese • Chef vegetables A Meatball Sub Mac • Cheese • Chef vegetables	27 ★ Loaded Nachos - Seasoned Beef, Cheese, Beans, Roasted Corn, Pico, & Rice A Loaded Nachos - Shredded Chicken, Cheese, Beans, Roasted Corn, Pico, & Rice	28 ★ Hamburger/Cheeseburger Potato Puffs • Chef vegetables A Chef Inspired Panini Chef vegetables • Seasonal Fruit	29 EARLY DISMISSAL × NO LUNCH SERVICE	30 × NO SCHOOL

FULL-SERVICE SALAD BAR

Build it your way!

Mixed greens

Assorted dressings

Rotating proteins

Seasonal vegetables

Cheese & toppings

Fresh salad selections

SALADS AVAILABLE FOR PURCHASE

Selections rotate based on availability.

CRAVE-IT MARKETPLACE

HOT MARKETPLACE

Rotating chef-created hot favorites

Paninis • Chicken sandwiches • Burgers & more

COLD MARKETPLACE

Bento boxes • Fruit cups • Veggie hummus cups • Pudding cups • Parfaits

ROTATING BASED ON POPULAR DEMAND

Selections change daily based on student demand, chef creativity and availability. Specific items are not guaranteed each day.

MENU HIGHLIGHTS

ICE CREAM FRIDAYS!

Ice cream is offered on Fridays only.

Two Daily Meal Choices

A featured entree and alternate choice

Chef Inspired Pizza Days

A student favorite featured twice monthly

Full-Service Salad Bar

Fresh, customizable salads for purchase

Hot & Cold Marketplace

Rotating favorites and grab-and-go options

Selections may change based on availability.