

In the past year alone,  
**vaping** among  
**high schoolers** has increased **78%**

CENTER FOR  
TOBACCO  
PRODUCTS

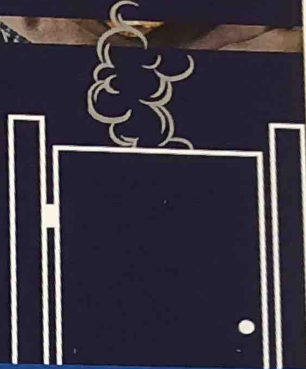


FDA

How much **do you know** about the epidemic?

E-cigarettes, also  
known as “vapes,”  
are becoming  
increasingly popular  
among teens.<sup>1,2</sup>

In fact, they are the most commonly used  
tobacco product among both middle and high  
school students. You may have already seen  
or heard about students vaping in your school,  
but it is important to know that certain types  
of vapes can be used very discreetly.



**SOME TEENS REPORT USING E-CIGARETTES IN  
SCHOOL BATHROOMS AND EVEN IN THE CLASSROOM.**

Learning more about the different types of  
e-cigarette products is an important first  
step in addressing youth vaping.

## DID YOU KNOW:

E-cigarettes come in a variety of shapes and  
sizes and may not look like a tobacco product,  
which can make them hard to spot.<sup>3</sup>

Some devices popular among teens—like  
JUUL and myblu—are as small as a USB flash  
drive and even look like one.

Certain products emit very low amounts of  
aerosol or “vapor,” which makes them easier  
to use discreetly than combustible cigarettes.

Most e-cigarettes contain nicotine, the same  
highly addictive drug in cigarettes.<sup>4,5</sup> Some  
e-cigarettes may contain as much nicotine as a  
pack of 20 regular cigarettes.<sup>3</sup>

## A Big Problem... A SMALL DEVICE



Over  
**10.7**  
**million**  
youth aged 12–17  
are at-risk for using  
e-cigarettes.<sup>6,7</sup>