**Birth Control Drug Interaction with Sugammadex (Bridion®) and/or Aprepitant (Emend®): Information for Female Surgery Patients**

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During your procedure or surgery on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ you received medication that lower the effectiveness of birth control medications. You need to be aware of this if you are on any type of hormonal contraceptive (birth control medication):

* Sugammadex (Bridion®) is a medicine that helps to speed up recovery from anesthesia (muscle relaxant) drugs patients received during surgery. Sugammadex may decrease the effectiveness of your hormonal contraceptive (birth control) for up to 7 days.
  + Use back up birth control method for up to 7 days after your procedure or surgery.
  + Continue taking your hormonal contraceptive during this period.
* Aprepitant (Emend®) is a medicine that prevents nausea. Aprepitant may decrease the effectiveness of your hormonal contraceptive (birth control) for 28 days.
  + Use backup birth control method for up to 28 days after your procedure or surgery
  + Continue taking your hormonal contraceptive during this period.

**What are some examples of hormonal contraceptives?**

* Oral contraceptives (birth control pills)
* Injectable contraceptives (birth control shot)
* Implantable contraceptives (small plastic rod of device inserted under the skin or inside the uterus)
* Patches (small adhesive patch worn on the skin)
* Vaginal rings (flexible plastic ring inserted into the vagina)

**What are some examples of back up birth control methods?**

* Male condom
* Female condom
* Female diaphragm
* Female cervical cap and sponge
* Abstinence (not having sex)

**Where can I learn more about backup birth control methods?**

* If you have any questions of concerns, contact your doctor or pharmacist.
* Access the FDA birth control guide at: <https://www.fda.gov/media/99605/download>

**References:**

1. Bridion® Package Insert

https://www.accessdata.fda.gov/drugsatfda\_docs/label/2015/022225lbl.pdf

1. Emend® Package Insert

<https://www.accessdata.fda.gov/drugsatfda_docs/label/2016/022023s014lbl.pdf>

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