

NOVEMBER IS NATIONAL FAMILY CAREGIVERS MONTH  
THIS YEAR THE THEME IS

# #CaregivingHappens

***The reality is that often caregiving just happens.***

Caregiving happens when you're grocery shopping,  
trying to get out the door to go to work,  
and even when you're in a meeting.

***It happens when you least expect it.***

Caregiving happens when you're busy with something else or have plans. It may make you miss meetings or other appointments. When #CaregivingHappens, it's not always convenient or expected.

When caregiving happens, we are here to help. Contact ADRC to learn more. (920) 448-4300



When your dad was in the hosp w/  
cancer, did you have an advance  
directive? What is it? The Dr. asked  
if we had one.

It says what your dad wants if  
he can't make decisions for  
himself.

I don't want to think  
about that.

It makes things easier.  
Trust me.

CAREGIVER  
ACTION  
NETWORK  
CAN

#CaregivingHappens

# Panel Presentation

# Respite & Resources

**Thursday, 11/10/22**

**9 - 10:30 a.m.**

**In person at Unity Grief and Education Center**  
2079 Lawrence Dr. De Pere, WI 54115

---

Join us for a presentation by local professionals and family caregivers to learn about local resources available to support you on your caregiving journey.

After the discussion, we invite you to ask questions to panel members to learn about their experiences with caregiving.

## Panel Presentation by:

- **Chuck Hawkins**  
Business Development Director, Unity
- **Heather Flick**  
Dementia Care Specialist, ADRC of Brown County
- **Jane Eiting**  
Social Worker, Milo C. Huempfner VA Health Care Center

---

## Register today!

Call ADRC (920) 448-4300,  
scan the QR code, or register online:  
[adrcofbrowncounty.org/events](http://adrcofbrowncounty.org/events)



---

Event sponsored by



RECOGNIZING NOVEMBER'S THEME FOR  
NATIONAL FAMILY CAREGIVERS MONTH  
CaregivingHappens