



TRASCA & CO EATERY IS OPEN w/Covid Restaurant guidelines!
Full Menu & our expanded
Grab n Go Meals, Pizza Kits, & Stock your fridge!

We are open....MONDAY THRU SATURDAY - 11:00 am TO 7:30 pm SUNDAY - 11:00 to 3:pm
CHECK out our [Adopt a First Coast Hero Program on our Website!](#) A Great way to Give Back!
Support Local, Share w/your Friends! Much Love Karina & Sara!

Eatery Menu May 4 thru 9th. Pick Up & Deliveries!

Locations:

Monday Sawmill Lakes - Community Pool: 5-6pm
Tuesday PV by the Seas - Estates Community Park: 11:30am-Noon cut off 10 am
 Plantation Oaks - Delivery 5 to 6 p.m.
 Odoms Mills - Delivery 5 to 6 pm
Wednesday Kelly Pointe - Front playground: 5:30 to 6 pm
 Palencia Delivery - 5:00 Parking lot by Starbucks
Thursday Coastal Oaks delivery - 5:00 to 6:30 pm
Friday Aberdeen - Pick up between 5:30 pm to 6 pm
 Greenleaf Village Park Delivery: 6 pm to 6:30 pm delivery

How To Order:

- **Order cut off by 1 pm day of event @ 904.395.3989 Tells Us: Pick up at Trasca, "Day/Neighborhood" OR email karina@trascaandco.com.**
- Pick up your meal between the times listed above or during our normal business hours.
- Cash or Credit Cards accepted.
- All meals are ready to heat and serve (instructions provided) or can be frozen!

MENU:

Herbed Crusted Beef Brisket served over roasted red potato, carrots
Maple mustard Chicken breast, w/roasted sweet potatoes, green beans, carrots & peppers
Bacon Cheddar Tenders, served over cauliflower brown rice. Simple but nutritious & delicious.
Panino Boxes - Your choice of our BEST sellers; Spaghetti Pie, Chicken Bacon Ranch, Turkey Avocado served with Zapps Chips & Chocolate chip cookie. \$11

Family Size (serves 4) \$36.00 AND Single Serving - \$10.00

ALL MEALS CAN BE FROZEN!

Stock up your Fridge -

Lg Hot Cheese, Pepperoni or 1/2 cheese 1/2 pepperoni \$10.00 (Hot and ready to serve- 8 slices)
 PIZZA Kit \$10 - All the ingredients to create your own pizza!
 Trasca Salad - ABUF Greens, topped w/Almonds, Craisins, Sunflower seed, carrots, tomatoes, cucumbers, parmesan cheese and our delicious Balsamic Vinaigrette. \$11, add Chicken \$2
 Our Chicken Salad - Tarragon, Grapes, Celery, Roasted Chicken breast, tossed mayo, s&p. \$8
 Ranch Potato Salad- Red Potatoes, Signature ranch and fresh parsley \$5
 Buffalo Chicken Tenders \$8 (very mild only flavorful)
 Buttermilk Chicken Tenders - Hand dipped in panko, and baked crispy. \$8
 Mozzarella Meatballs (2) - Beef, Pork, Parmesan, Parsley, Oats, Eggs, creates our meatball!
 Rosemary Garlic Panino Rolls \$4 (1/2 dozen)
 Chocolate Chip Cookies or Oatmeal Cranberry Walnut - \$1.50 ea
 Add a bottle of Chardonnay or Cabernet - \$10
 Energy Bites - 1/2 doz \$5.00