

HOW CAN I PARTICIPATE IN AM HAYAM?

Do you have ideas for social, lifelong learning or social action activities? Do you enjoy making a meaningful contribution to the efforts behind our services and ritual events? Do you want to make new friends? Do you possess special skills you are willing to share? Do you think you don't have enough time to become involved or you are only on the Cape for part of the year? Do you find your summer visitors' schedules are sometimes unpredictable (as it is for all of us)?

Want to make a difference?

Our havurah is here to support the Jewish community on the Cape. If you have an interest that is not reflected in our current offerings, please reach out to us. We'd be delighted to meet you and would welcome your questions and ideas. We believe that we are strengthened by your participation.

BACKGROUND:

There are standing committees that meet most months, usually on Zoom. There are also impromptu occasions when additional support is needed. If you have limited time and/or capacity to volunteer, but would like to contribute, there are many ways this can happen.

PROCESS:

1. If you have any interest or questions about any of the following opportunities, we will be happy to call you. Just email amhayamcapecod@gmail.com and provide a question or description of the information you seek so that we can connect you with a friendly and informative member of AHY.
2. If you are currently volunteering in a specific capacity and would like to switch to a different capacity or add to your current one, just contact the appropriate folks listed.
3. If you are interested in any of the listed impromptu opportunities and would like to know more, email amhayamcapecod@gmail.com for more information.

STANDING COMMITTEES/FUNCTIONS:

RITUAL COMMITTEE: This committee attends to the programming, staffing and physical set-up needs for shabbat services, High Holy Day services and other services such as Purim, Passover or member life events. **Contact: Judy Keller** jkelle47@verizon.net

LIFELONG LEARNING COMMITTEE: This committee oversees the selection of educational programming, recruits faculty/presenters, arranges for in person events when Zoom is not being used and solicits attendees' feedback. The programs can range from Hebrew classes and in depth explanations behind the Shabbat Service to the meaning behind the Passover Haggadah and discussions with renowned authors. **Contact: Wendy Ehrlich** wendyehrich@gmail.com. Am HaYam also sponsors a monthly Rosh Chodesh meeting and a monthly play reading program on Zoom. For these offerings **Contact: Bernice Simon-Wolfson** bsimwolf@comcast.net.

SOCIAL/MEMBERSHIP COMMITTEE: This committee oversees and creates planned social events that can include beach meet-ups, Wine and Cheese/Bagels and Coffee by towns, pot luck gatherings, Chanukah parties, refreshments for ritual events, restaurant outings for dinner and cultural trips. They plan the details including location, budget, event promotion and staffing, recruit additional volunteers when needed, shop for supplies, do set-up and arrange for clean-up. **Contact: SueEllen Schwam** se.schwam@gmail.com

TIKKUN OLAM/SOCIAL ACTION COMMITTEE: There are a range of social action activities ranging from one-time Tikkun Olam projects to participating in interfaith forums that meet over social justice issues. The Interfaith Justice Committee is a collaboration between Am HaYam and The Federated Church of Orleans and welcomes our participation in the many forums we share such as anti-semitism, gun violence and hunger, to name just a few. **Contact: Judy Hadley** judithshadley@gmail.com The Nauset Interfaith Association (NIA) is an organization of over 30 Cape Cod-based religious organizations and AHY. It formed following the September 11th attack of the World Trade Center with a focus on racial justice and world peace. There is also a Yom HaShoah Remembrance Program each spring. Am HaYam offers scholarships for Cape Cod teachers to access materials and programs provided by Facing History in Ourselves focused on social justice issues. **Contact: Deb Cline** deborahcline00@gmail.com

HINEINI COMMITTEE: These committee members are ready to determine how to best meet urgent needs of a member that is brought to their attention. Needs can include providing prepared dinners, shopping, errands, transportation for medical appointments, social visits/phone calls etc. **Contact: Carol Roth**
croth@primaryconnections.com

SECURITY COMMITTEE: Meets as needed to review current security measures and revises them as needed. This committee advises the board of changes in our environment that may require changes in our security measures. This committee also maintains a connection with the Orleans Police Department and arranges for police presence when it is considered necessary. **Contact: Don Bachman**
dbachmanmd@yahoo.com

IMPROMPTU VOLUNTEER OPPORTUNITIES:

- Backup, on-call support for individual shabbat services or social events
- Ushering for the High Holy Days
- Volunteering to join the “AHY Schleppers” when possible, for set up of the sanctuary, the vestry with the Ark, tables, chairs, prayerbooks etc.
- Greeter/Dispenser of Name tags at specific events
- Issuing acknowledgement/letters when donors request them
- Overseeing set up and clean up for Oneg Shabbats, Havdalah etc.
- Shopping for routinely used items eg. Wine, grape juice, cups, napkins etc.
- Making a limited number of phone calls when a need is identified
- Ambassador outreach to new and prospective members, by phone or meet-up
- Offer to help with any specific Am HaYam event or activity, in person or otherwise

Am HaYam is very proud of its 30+ year tradition of not requiring dues and we would very much like this to continue. But in order for it to continue, we need more folks to volunteer their time, even if it is just once or for one period of time.

Thank you for taking the time to read this important message.

L'hitraot,

Jane and Wendy

February 2024