

## CELEBRATING JESUS ON GOOD FRIDAY

Communion is a time of remembrance and worship. It is the perfect way for a family or small group to celebrate Jesus on Good Friday. Here are some suggestions for practicing communion with your loved ones:

### *Before Communion*

- ✦ Make sure you have unsliced bread and grape juice.
- ✦ Consider fasting for 24 hours leading up to your celebration and plan to break your fast together.

### *Celebrating Communion*

- ✦ Perhaps start with a meal together. This is often how the first Christians celebrated communion (Matt. 26:26-29, Acts 2:42-26).
- ✦ After the meal, place the bread on a platter and the juice in a nice cup. If possible, have some worship music playing.
- ✦ Read aloud passages of Scripture that remind us of Jesus' sacrificial death (e.g. Psalm 22, Isaiah 53, John 19, Romans 5:6-11).
- ✦ Pass around the bread, and have each person tear off a small piece that symbolizes Christ's body that was broken for us.
- ✦ Read aloud 1 Corinthians 11:23-26.
- ✦ Pass around the cup, and have each person dip their bread into the juice.
- ✦ Pray silently or aloud in thanksgiving for Jesus' sacrifice.
- ✦ Instruct the group to eat the elements together.

### *After Communion*

- ✦ Have each person share about an area of their life where they want to experience restoration this Easter weekend.





# Easter

AT NORTH WAY

We all get stuck in life. Sometimes we know it, and sometimes we don't. It could be because of something in our past, something we didn't deserve, or maybe it's even something good that still seems to be holding us back. But just because we get stuck doesn't mean we have to stay stuck. On Easter weekend, we'll begin a teaching series called Stuck. We'll look at not only how to identify what holds us back, but also how to break free from the standstill. So, no matter what your background is—whether you go to church every week, once or twice a year, or not at all—join us on Easter weekend at one of North Way's six locations.

## **North Way Wexford**

12121 Perry Highway | Wexford, PA 15090  
4 & 6pm, Saturday, March 31  
9:15 & 11am, Sunday, Apr. 1

## **North Way Oakland**

428 N. Craig Street | Pittsburgh, PA 15213  
4pm, Saturday, March 31  
9:15 & 11am and 12:45pm, Sunday, Apr. 1

## **North Way Sewickley Valley**

1414 Beaver Street | Sewickley, PA 15143  
6pm, Saturday, March 31  
9:15 & 11am, Sunday, Apr. 1

## **North Way East End**

5941 Penn Avenue | Pittsburgh, PA 15206  
6pm, Saturday, March 31  
9:15 & 11am, Sunday, Apr. 1

## **North Way Dormont**

2865 Espy Avenue | Dormont, PA 15216  
6pm, Saturday, March 31  
8:30, 10 & 11:30am, Sunday, Apr. 1

## **North Way Beaver Valley**

300 Brighton Avenue, Suite 101 | Rochester, PA 15074  
6pm, Saturday, March 31  
9:15 & 11am, Sunday, Apr. 1