



 SECOND WIND  
**DREAMS®**



**VIRTUAL DEMENTIA TOUR®**  
YOUR WINDOW INTO THEIR WORLD



## Dementia Aware Competency Evaluation® (DACE®)

Based on 30 years of research, this approach can be used in any caregiving setting as an evaluation of caregiver competency over time. DACE helps caregivers learn how to provide person-centered care. This evaluation allows for real-world feedback and training based on the caregiver's specific situation. When used in conjunction with training there is a documented positive trend in care. This trend results in a decrease in behavioral incidents, abuse allegations, and use of psych medications.

**Second Wind Dreams®** is an international, nonprofit organization founded in 1997. The mission is to change the perception of aging through the fulfillment of dreams and educational programs including its flagship program, The Virtual Dementia Tour®. The Atlanta-based organization has fulfilled thousands of dreams with help from many volunteers, sponsors and corporate partners.

## The Dreams Program

At Second Wind Dreams we believe you're never too old to dream. The award-winning Dreams Program has made over 10,000 dreams come true from the simple to the sublime. The Dreams program focuses on person-centered care enhancing quality of life.

## The Virtual Dementia Tour®

The Virtual Dementia Tour is a scientifically proven method that builds sensitivity and awareness in individuals caring for those with dementia by temporarily altering participants' physical and mental abilities. This evidence-based program simulates changes associated with mid-stage cognitive decline. This patented program offers hope by providing practical ways to create an environment that supports the disease and increases understanding.

## Available for FREE to KY Skilled Nursing Homes

The Virtual Dementia Tour Comprehensive Education Program was funded by Civil Money Penalty (CMP) funds through the Kentucky Office of Inspector General and the Centers for Medicare and Medicaid Services (CMS). It's a two-year grant to assist nursing home staff better identify with residents in an effort to improve care. Second Wind Dreams will provide hands-on, experiential training in 125 certified nursing homes in the state of Kentucky through the use of the Virtual Dementia Tour.

Eligible Nursing Homes will receive:

- ▶ Virtual Dementia Tour for all staff, conducted by a Second Wind Dreams certified trainer
- ▶ VDT Facilitator training for two designated staff
- ▶ Person-centered assessment of staff performance
- ▶ Optional "Community Edition" training for nursing homes
- ▶ CEU credit for multiple domains
- ▶ Staff in-service training

***ALL AT NO COST TO YOUR NURSING HOME!*** Contact the Second Wind Dreams Grants Office at [grants@secondwind.org](mailto:grants@secondwind.org) or (678) 624-0500 today to request an application for participation!

## Nursing Home Dementia Facts:

- ▶ 70-80% of nursing home residents are experiencing some form of cognitive decline.
- ▶ Staff reports that working with dementia residents is the hardest part of their job.
- ▶ The cost to care for someone living with dementia is three times higher than caring for residents who do not have dementia.
- ▶ CMS's initiative to decrease psychoactive medication is opening the door for more innovative, person-centered care.

VIRTUAL DEMENTIA TOUR®







CHANGING THE PERCEPTION OF AGING

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