

EXPERT ASSISTANCE TO IMPROVE YOUR NURSING HOME'S COMPOSITE SCORE

Nursing homes can improve resident care by addressing missed opportunities reflected in the National Nursing Home Quality Care Collaborative (NNHQCC) composite measure score. The composite measure is intended to provide a deep dive into quality. Composite measures paint a complete picture. Nursing homes have experienced success by examining their Plan-Do-Study-Act (PDSA) improvement cycle results, clinical outcomes measures **and composite measure scores**. The composite measure offers another way to look at quality from a **systems perspective**.

What Is A Composite Score?

The NNHQCC composite measure is a gauge to help monitor nursing home progress and incorporates only long-stay measures, which usually account for the largest portion of the nursing home population. The composite measure score is a vital tool to monitor quality improvements and outcomes in your nursing home and provides a comparison on connected processes. The composite score is composed of **13 long-stay quality measures** that represent larger systems within the long-term care setting. Each quality measure numerator is a potential “missed opportunity” to deliver high quality care.

List of Composite Score Quality Measures

1. Percent of residents with one or more falls with major injury
2. Percent of residents with a urinary tract infection
3. Percent of residents who self-report moderate to severe pain
4. Percent of high-risk residents with pressure ulcer
5. Percent of low-risk residents with loss of bowels or bladder
6. Percent of residents with catheter inserted or left in bladder
7. Percent of residents physically restrained
8. Percent of residents whose need for help with activities of daily living has increased
9. Percent of residents who lose too much weight
10. Percent of residents who have depressive symptoms
11. Percent of residents who received antipsychotic medications
12. Percent of residents assessed and appropriately given flu vaccine*
13. Percent of residents assessed and appropriately given Pneumococcal vaccine*

*Reverse Flu and Pneumonia Numerators to find the missed opportunities

The Centers for Medicare & Medicaid Services (CMS) have set a composite score goal of 6.00 or less.

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How Do I Go About Improving Our Composite Measure?

Key initial steps for composite score improvement include the following.

1. Establish good communication between your nursing home's administrator, Minimum Data Set (MDS) coordinator and other key team members working to improve the composite score
2. Review your nursing home's information in the Certification and Survey Provider Enhanced Reporting (CASPER) system and Providers.Exchange
3. Schedule a one-on-one meeting with Scott Gibson at Qsource for expert guidance on quality improvement



Scott Gibson

Finding creative partnerships increases the likelihood of success and that partnership is just a phone call away! Scott Gibson, Qsource Quality Improvement Advisor for Kentucky, is an expert on driving improvements on composite measures (achieving results of 6.0 or below). Scott individually meets with nursing home onsite or by webinar to assist in analyzing the composite measure and then developing actionable steps that drive improvement! To further support, Qsource also provides a [composite score calculator](#) for nursing homes. As an example of Scott's success, the NNHQCC average composite measure score for the 221 participating homes is 7.85. The average of the nursing homes partnering with Scott is 7.75, and the average for homes that have *NOT* had a 1:1 session with Scott is 8.83!

Qsource provides services at **no cost to your nursing home**. Contact Scott at scott.gibson@area-G.hcqis.org or by phone at 502-680-2669 to set up your individual session.

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Formed as a partnership between three leading healthcare consultancies, atom Alliance is working under contract to CMS throughout Alabama, Indiana, Kentucky, Mississippi and Tennessee to improve quality and achieve better outcomes in health and healthcare and at lower costs for the patients and communities. Through atom Alliance, AQAF in Alabama, IQH in Mississippi and Qsource in Indiana, Kentucky and Tennessee are carrying out an exciting strategic plan, with programs in place to convene, teach and inform healthcare providers, engage and empower patients, and inspire, share knowledge and spread best practices with communities across the entire healthcare continuum. Please visit the [atom Alliance website](#) at www.atomAlliance.org for helpful educational resources on various topics.