



**CONGREGATION
BETH TORAH**

Wednesday, August 7th
• **Blood Drive**

Thursday, August 8th
• **Rabbi's Lunch 'n' Learn**

Monday, August 19th
• **16th Annual CBT Golf Classic**

Visit
bit.ly/2K1trPt
for the complete
Beth Torah
August calendar

Beth Torah Summer Office Hours

Monday: Office Closed

**Tuesday, Wednesday
and Thursday:**

9:00 a.m.–6:00 p.m.

Friday:

9:00 a.m.–3:00 p.m.

Office hours
will be extended on
Wednesday evenings
in the fall.

Shabbat Schedule

- **Erev Shabbat**
 - **Nosh: 6:00 p.m.**
 - **Worship: 6:30 p.m.**
- **Shabbat morning**
 - **Sichat Shabbat: 9:00 a.m.**
 - **Worship: 10:30 a.m.**

THE MONTHLY NEWSLETTER OF CONGREGATION BETH TORAH

Tekiah

**ISSUE 339
AUGUST 2019
TAMUZ/AV 5779**

A Note from Rabbi Javier Cattapan

Connecting to Judaism in 5780

Engage with Jewish values, celebrations, and spirituality. Voice your questions, discover multiple perspectives, and find what could be meaningful to you in liberal Judaism. Our new class, Introduction to Judaism, is an engaging multi-session course for anyone interested in exploring Jewish life through a Reform lens. Open to all, but this course is perfect for interfaith couples, non-Jews raising Jewish children, spiritual seekers, and individuals considering conversion. Topics include holidays, life cycle celebrations, theology and core beliefs, Hebrew, prayer, the Bible and other sacred texts, history, anti-Semitism and the Holocaust, Zionism and Israel, the American Jewish experience, and the tapestry of the Jewish people today.

The class will begin this fall and will be taught by Rabbi Kleinman and me. Beth Torah will offer this class and will focus on making connections with each other and with our congregation. If you are already a member of our congregation and grew up Jewish, this class might not be a good match for you—we encourage you to take advantage of our other learning opportunities including our Shabbat class and the Hebrew class beginning this fall. You may still play a role, so keep reading.

Even if this class is not best for you, I need your help in identifying, encouraging and supporting those who may be a good candidate. You may ask, “Do Jews seek converts?” Centuries ago, Jews did engage in proselytizing, particularly during the Greco-Roman period of Jewish history, when thousands of non-

Jews living in Asia Minor embraced Judaism. The destruction of the Roman Empire and mortal threats against Jews who sought converts marked the end of such efforts to gain converts.

We are living in an open society and I think Judaism represents a valid religious tradition for everyone not just for those born Jewish. There is no doubt that Judaism respects the religious beliefs of others, as well as the convictions of those who choose no religion. At the same time, Judaism is an open religion that readily accepts and encourages those who look to it for fulfillment and guidance in meeting life's challenges. In recent years, the Reform movement has taken a more active approach to seek out people who might choose to become Jews. If you or someone you know might benefit from the class, please, do not hesitate to reach out to me or to Rabbi Kleinman. An interview and registration is required to join the class. See more information on page 8.

The class will answer a basic question: How do I know if Judaism is right for me? Our answer is a very Jewish answer: The best way is to learn as much as one can about Judaism and begin to practice those aspects of Judaism that most appeal to us. When talking to a prospective student, you may want to suggest one of the following ideas: If you already live with a Jewish person, encourage them to approach them and invite them to explore Judaism together, or

Continued on page 2



Our Pillars

We are a vibrant, modern Reform Jewish congregation where everyone matters.

Congregation Beth Torah:

Embraces
Illuminates
Responds

Energizes
Inspires
Connects

OFFICERS

President	Scott Franklin
First Vice President.....	Brandi Fisher
Vice President.....	Boyd Bolter
Vice President.....	Stephen Steigman
Secretary	Lauren Aaronson
Treasurer.....	Howard Pitler

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Jeff Antoniewicz	Larry Myer
Debbie Bass	Stan Osman
Miccole Bowen	Kathleen Stone
Jo-Ann Harris	Aaron Tarjan
Amy Kane	Zach Zwibelman
Immediate Past President.....	Barry Katz

STAFF

Senior Rabbi.....	Rabbi Javier Cattapan
Founding Rabbi	Rabbi Mark Levin, D.D., D.H.L.
Director of Operations.....	Laura Intfen
Director of Finance	Tara Hyder
Director of Lifelong Learning....	Rabbi Monica Kleinman
Music Coordinator.....	Lezlie Revelle Zucker
Office Manager	Alyssa Schildhorn
Administrative Assistant	Sharon Altman
Bookkeeper.....	Barbara Kitt
Tekiah Editor	Laura Bolter

FOR MORE INFORMATION

Phone: 913-498-2212
Fax: 913-498-1071
6100 West 127th Street
Overland Park, KS 66209
Email: info@beth-torah.org
Website: beth-torah.org
Facebook:
facebook.com/CongregationBethTorah

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if they are at the beginning of their Jewish journey, invite them to seek out Jewish friends or Jewish family members, and our community, of course. Remind them that as they study and try out Jewish practice and customs at their own pace, they will become comfortable with those practices and prepare them for further steps.

Finally, it is good to remember that those taking the Introduction to Judaism class, will not be expected to convert. Our class is offered to anyone who wants to learn more about Judaism. They are most often attended by individuals considering conversion, and by interfaith couples learning together about Judaism and making

decisions about whether to have a Jewish home. Although many people do take the course as part of their process of choosing Judaism, there are no assumptions or expectations held about people taking the class. Again, those interested should contact our clergy.

Some of my most treasured memories are from teaching Intro classes, as I see myself in our students, discovering for the first time the wealth of ethical, spiritual and awesome wisdom our tradition has amassed in the last 5,000 years! I am looking forward to rediscovering them together. Join us!



**Erev Rosh Hashanah
begins on Sunday evening,
September 29th.
Click here for the full
High Holy Day schedule.**

ReformJudaism.org
Jewish Life In Your Life

President's Corner

Scott Franklin, President
sfranklin8@att.net

Summer is a great time to socialize with friends. Everything moves at a bit slower pace. There are no blizzards or icy roads to concern us, and without school in session, shuttling kids back and forth is less frequent. However, for many of us at Beth Torah, summer is the calm prior to the storm as High Holy Day preparation moves closer.

Last year, the Board opted for a single morning service instead of early and later services for Rosh Hashanah and Yom Kippur. The congregational feedback was highly favorable to this change. The most common response related to the intimacy created by the entire congregation celebrating together.

As you looked around the sanctuary this year, did you think of friends that used to belong to the congregation but are no longer here? Spending time with these friends made the holy days special. Maybe you made a point to sit with them at services, shared Erev Rosh Hashanah dinner, or celebrated life cycle events with them.

Perhaps after their kids' b'nai mitzvah and Confirmation their attachment to Beth Torah waned. A sermon from the pulpit, a personnel change, or a policy dispute that occurred years ago could have triggered the choice to end their CBT association.

It doesn't matter. What a great time to invite them to join you at any one of the events, services, or any other occasion to take another look at Beth Torah. Circumstances, priorities, and expectations change and Beth Torah might now be the perfect fit as their religious community.

Although our congregation is smaller than it was a decade ago, our commitment to being a warm, open, and diverse community has increased. The formal introduction of Relational Judaism, through our visiting scholar, Dr. Ron Wolfson, resonated with those who attended his presentation.

Our commitment to knowing each other better, and sharing our life stories, will continue this year with Rabbi Cattapan's introduction of small groups. For those members who may not feel involved enough with Beth Torah, the opportunity to interact in a positive and enjoyable way with other congregants is now available.

Great things are happening at Beth Torah. Our consistent commitment to social justice expands this year as we participate in building and remodeling homes for refugees. Larry Myer's Tikkun- KC project provides opportunities for all ages and skill levels to create permanent and comfortable housing for newcomers to America.

Our social action committee is focused on eight separate programs ranging from voter education, harvesting food, and helping families of deployed veterans. Bring your friends to Beth Torah for a first or second experience of our programs, services, events, and sense of community.

In Memoriam

Alan Bayer

Brother and brother-in-law of David and Barb Bayer

Charles "Bud" Weneck

Father and father-in-law of Todd and Lindsey Weneck and brother and brother-in-law of Rhonda and Mark Brown

Betty Warady

Mother and mother-in-law of Brad and Barbara Warady

Eleanor Capson

Mother of Alice Capson

Mazel Tov

To Jim and Kelly Kaplan on the birth of their grandson, Connor Nicholas

To Janice and Mark Schonwetter on the marriage of their son Michael to Kasey Kowalski on July 20th. Mike and Kasey will make their home right here in Johnson County.

To Valery and Susan Tokar on the marriage of their son, Leo Tokar, to Andrea Baldriga

Torah Portion

August 2/3 | 2 Av
Matot-Masei

August 9/10 | 9 Av
Devarim

August 16/17 | 16 Av
Vaetchanan

August 23/24 | 23 Av
Ekev

August 30/31 | 30 Av
Re'eh

Our 30th Anniversary Pick-a-Parties Were a Big Hit!

Four host forms have been turned in. Our goal is to have 10.
Please submit a form to host a party.

Thank you to everyone who coordinated, hosted and attended these fun, relational parties. We had such a great response that we are going to add more parties in the fall of 2019, to celebrate a new year, 5780.

If you are interested in hosting a party, sign-up forms can be found here:

beth-torah.org/pickaparty-round-2

or contact Debbie Bass at debbiebass1966@gmail.com

Deadline for submission is August 15, 2019.



"When two human beings engage each other in a face-to-face encounter, relationship exists in the between. It is in that space that relationship can turn into 'engagement.' The goal of Relational Judaism is to foster the relationships that will bring people into deep, lasting engagement with the Jewish experience." From *Relational Judaism, Using the Power of Relationships to Transform the Jewish Community* by Dr. Ron Wolfson.

Dr. Ron Wolfson came to share stories, ideas and community with us in December. In a session with Beth Torah's lay leadership he shared the nine levels of relationships. He explained that relationships are formed by what happens **between, or in the connection**. The Hebrew term for this space is *bayn*. At the time I began this series, there were nine months until High Holy Days, and there happens to be nine levels of relationships. This series on Relational Judaism at Beth Torah will reveal, over the next few months, the "*bayns* of our existence." Look for more information about Relational Judaism at Beth Torah during the High Holy Days of 2019, but in the meantime, you can look to this space to put Dr. Wolfson's teach-

ings into your Beth Torah life.

The Eighth Level: *Bayn Adam l'Olam*—World

Every week, at the end of our worship service, we recite, "*l'taken olam b'malkhut Shaddai*" which is translated to, "to repair the world in order to bring God's presence." This, in a nutshell, is one of the purposes of our organized religion. Jews exist to be a "light among the nations" in order to remind the world of a truth we carry from the roots of Kabbalistic mystics. The world was broken into shards after Creation and only intentional acts from human beings can put these pieces back together to achieve some sort of wholeness. Sholom. This is *Tikkun Olam*.

Within our walls, we are so blessed to have tools that we can use together to develop this Relational Judaism with the world. Our *Bayn Adam l'Olam* takes place in the gathering of our community to participate in Tikkun KC. Bringing shelter security to a family that may have never known it before is putting a shard in its place. Our Beth Torah Park Clean Up crew comes and beautifies our yard, reducing the emissions and chemicals

needed to have our landscaping company do the same job with mowers and weed killers. Working together no matter the weather is putting a shard in place. Getting together with a small group and heading down to reStart to paint, or to cook, or to clean is putting a shard in place. There are enough shards lying around for you to act upon your vision of *Tikkun Olam*.

Our small groups will be launching this fall, and you can gather some friends and use the glue of Relational Judaism to put a shard into place. Ron Wolfson reminds us in his book, "When we teach our people that being Jewish means to be in a relationship with the world, to work for *tikkun olam*, we are creating a Relational Judaism that anyone would be proud to be a part of—*bayn adam l'olam*."

Visit this link, bit.ly/2K5rQrD, to find our Small Group Starter form. Act on YOUR passion.



CBT Gift Shop

Are you celebrating a special family holiday, birthday, anniversary, bris or baby naming or B'nai Mitzvah? Have a special someone that you would like to surprise with a gift? Are just interested in seeing what has changed over the summer?

Come to The Gift Shop at Congregation Beth Torah!

The long hot summer is going strong and so is The Gift Shop. The Gift Shop has been shopping for all types of gifts. It is our goal to find gifts for all *simchas*. These events can be made even more memorable with a gift from The Gift Shop. As the synagogue reminds us to bring our *simcha* to Congregation Beth Torah to celebrate with the community, The Gift Shop wel-

comes the chance to share in these special times. The Gift Shop wants everyone with a *simcha* to register for items that will be treasured.

New jewelry that sparkles and shines. New trivets perfect for your home or a hostess gift. New *mezuzahs* for every door post. New *tzedakah* boxes for the whole family or each member of the family. We have all these items and more.

Why is it important to shop at The Gift Shop?

Our motto is "Where Shopping Turns Into A Mitzvah"! Every time you make a purchase at The Gift Shop, it is another way you show support for our community. Some of the *mitzvot* include: the book *Jewish Literacy* by Rabbi Joseph Telushkin given to each b'nai mitzvah student; the

sponsorship of a hole at the CBT Golf Classic; a donation for the raffle at Day of Discovery; sponsorship for the SASS-MOKAN Walk; sponsorship of the children's T-shirts for the CBT Consecration and the cake to share with the community in celebration of the consecration milestone; donations for the silent auction at the 30th Anniversary celebration; a gift card for each teacher in our NATE Accredited/Weiner Religious School for teacher appreciation; and many more donations.

The Gift Shop at Congregation Beth Torah can only support these and many other community activities with your support by shopping at our Gift Shop!

We look forward to seeing all of you soon!
Shalom, Kelly Kaplan

Choice Through Knowledge— even at the grocery store!



Happy Summer! Even though it's quiet around the synagogue office, we have lots of great things in store for the year ahead. You may have heard about our ongoing Social Justice initiatives that include Tikkun KC with Larry Myer, Voter-to-Voter registration with Marcia Rittmaster, the Beth Torah Park Cleanup with Greg Zabosky, and Coupon Clipping for military families with Sheila Goldberg.

But did you know there are ways to make positive change in this world each time you go to the store? I've recently learned about a website and app called Goods Unite Us (<https://www.goodsuniteus.com>), which takes a look at campaign donations from major corporations and their executives. It has started to change the way I look at my own consumerism and how my dollars, while not as plentiful as those of international corporations, can make a difference.

I've learned that some of the money I spend on products I enjoy are in turn donated to politicians whose political views don't align with me. The hours and hours of research that contributors poured into this database have resulted in a few easy-to-understand statistics:

1. The breakdown of Republican vs. Democratic politicians a specific company supports (as a percentage of the whole);
2. The top five politicians they support;
3. On a scale of low-medium-high, how much this company supports campaign finance reform by not getting involved in politics;
4. What percentage of donations come from the corporation itself compared to the corporation's senior employees.

Like any quality database, you can sort the information in a myriad of ways. Are you interested in how local companies like Hallmark, AMC Theaters, or Sprint use their "free speech" (aka dollars)? Looking to find out which companies donate to Sharice Davids, Pat Roberts, or Jerry Moran? What about the plethora of candidates in the Democratic primary? You can look by company, politician, or sector. The sector feature is helpful when trying to find alternatives should you decide to change your shopping habits. I'm working on it, but it's not easy. It's hard to break a Diet Coke habit, even though I see that Coca Cola and its executives spend a lot of money influencing politics, but I can also feel good when I see that my Green Bay Packers do not contribute to politicians or PACs with significant funds. It's a difficult goal to strive for 100% political agreement when shopping, but I am trying to be more methodical about where my money goes.

In the Reform movement, we often say that we make choices through knowledge—this typically means understanding the *halacha* (Jewish law) and deciding for ourselves how to incorporate it into our lives. Here is another way we can take advantage of the immense amount of knowledge available to us today and use it in ways that support an America we can believe in.

Blood Drive
Wednesday, August 7th
2:30 to 6:30 p.m.

Book your appointment today at
savealifenow.org & enter Sponsor Code: BethTorah

**YOUR
DONATION
MATTERS!**

Community Blood Center
Save a Life. Right Here. Right Now.



Set it and Forget it!

**WRS & TAG
REGISTRATION
IS OPEN!**

*Register now to get ready for a
wonderful year ahead!*

www.beth-torah.org/Weiner-Religious-School

Music Program

Lezlie Revelle Zucker, Music Coordinator
lzucker@beth-torah.org

Shiru l'Adonai kol haaretz; shiru l'Adonai shir chadash. (Psalm 96:1)

"Sing unto God, all the earth, a new song. I will sing unto God a new song. Sing unto God and we'll all sing along, all the earth, a new song, unto God." (Mishkan T'filah, 648)

These words, sung and spoken at my welcoming on July 12th, have been ringing in my ears ever since. As the High Holy Days approach, we prepare to sing many new songs. Songs of confession and repentance, of mercy and forgiveness, of memory, of hope, of new beginnings and fresh starts.

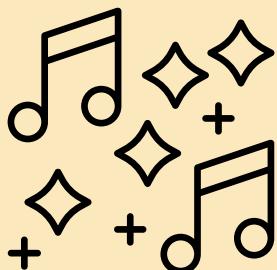
And now it's August, and we are singing again—literally—the music of our High Holy Day liturgy. The Men's Group, Women's Group, and Volunteer Choir are rehearsing songs both old and new. We

are remembering music from our history and learning new music from composers right here in our own congregation. I am delighted to be working as part of the Beth Torah team, with staff, the worship team, congregants, and all our musical outreach. I see my position as Music Coordinator and the experience of working with all of you as the new song that I get to sing with you.

Helping us along the way are Susie Adams and Texanna Ollenberger. Many of you will remember Texanna from her conducting at Beth Torah throughout our history. Texanna's leadership is woven into the fabric of Beth Torah music, and I'm thrilled that she has let me pull her out of retirement to conduct our 2019 High Holy Day choirs. Our second blessing is the addition of Susie Adams as our 2019 High Holy

Day accompanist. Susie is the Director of Music and Liturgy at St. Elizabeth Catholic Church in Kansas City, Missouri. She is a first-rate pianist who has that rare combination of classical training and improvisational ability. She accompanies the St. Elizabeth choir and has, on a number of occasions, played music at Kol Ami.

I invite you to join me. Join me as we once again lift our voices to celebrate our High Holy Day season, and join me in warmly welcoming Susie and Texanna as they accompany us in singing our songs—old and new—unto God.



**It's not too late
to add your voice
to our song!**

Contact Lezlie at

lzucker@beth-torah.org

to join one of
our Beth Torah
music groups
or the Selichot
community choir.

Upcoming Bat Mitzvah

Ella Reese Kirwan will be called to the Torah as a Bat Mitzvah on Saturday, August 3, 2019 during Shabbat worship.



Ella is the daughter of Wendy and Michael J. Kirwan and sister to Gavin Kirwan. She is the granddaughter of Ronnita and Eugene Harley Holmes, Jr. (Overland Park, KS) and of Joseph Kevin Kirwan (Savannah, MO) and the late Claudia Weishaar.

Ella is an incoming 8th grader at Prairie Star Middle School where she is a member of the Prairie Star Singers and sings in the choir. Ella enjoys soccer, musical theater, singing, traveling, horseback riding, and spending time with her many friends. Ella found learning to read Hebrew very rewarding and wants to continue her Jewish education beyond her bat mitzvah. Ella has enjoyed participating in TAG on Wednesdays and Rosh Hodesh on Sunday afternoons.

The congregation, family, and friends are invited to join us for refreshments following the service.



*Texana Ollenberger conducting
the CBT Choir*



Susie Adams

• TRIBUTES •

Beth Torah General Fund

Scott & Sharon Jerwick
Joe Waxman

In Memory Of:

Bud Weneck
Mary Anne & Steve McDowell
Larry & Sandra Greene
Regulators Baseball Team

Samuel Frumkin

Julye & Mark Rose

Isadore & Lilian Katz

Barry & Linda Katz

In Honor Of:

Julie Kaplan & Alisa Kartch's marriage
Ken & Sandi Lerner

Rabbi Cattapan Discretionary Fund

Howard and Rita Stark

In Memory Of:

Lucille Wylan
The Wylan Family
Peggy Cunningham
Faye Ginson
Susie Stovall
Ron & Jo Ann Ginson

In Appreciation Of:

Rabbi Cattapan's support for Shoshana becoming a Bat Mitzvah
Brandi Fisher & Greg Raymond

Rabbi Cattapan

Emily Kessler & Michael Frazier

CBT Staff

Chuck Gensler

In Honor of:

The Engagement of Stacy Handler & Jacob Elkon
Gabrielle Handler

CBT Fund for Families in Need

Mark & Janet Yagan

In Memory Of:

Daniel Elyachar
Stephanie & Adam Elyachar

Ronald Freed

Morris & Lynne Faiman

Eloyce Pepper

Sharon & Scott Jerwick

Estelle Muller

Fran & Whitey Kuhn

Kenneth Bram

Alan Bram

Hunger Fund

In Memory Of:

Bud Weneck

Kristy Blackman
Stevie & Shelly Pessin

Catherine O'Brien

Maureen & Sandy Salz

Music & Choir Fund

In Honor Of:

Our 50th Wedding Anniversary

Jenifer & Michael Blum

Amy Dennis Pierron Music Fund

In Memory Of:

Bud Weneck

Randy & Rosanne Deutch

Dick Seitzinger

Paul & Julie Chesis

Harold Brugman

Vicki Herman

In Honor Of:

New Music Director Lezlie Zucker

Randy & Rosanne Deutch

Winston Social Justice Fund

In Memory of:

Joel Winston

Bruce & Susan Winston

Youth Activities Fund

In Memory Of:

Morris Kapel

Paul M. Chapman

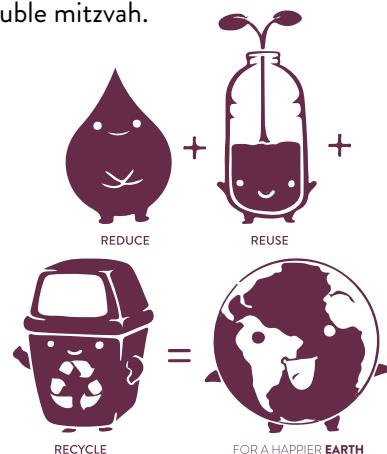


CONGREGATION BETH TORAH ETHICAL FOOD TEAM

Did you know that it can take up to a million years for a glass bottle or jar to decompose? Or that plastic bags can take up to 1000 years? While a tin can takes about 50 years.

All of the above items can easily be recycled and reused. Plastic can be made into lawn furniture or playground equipment. Glass into new glass bottles, bricks, tile landscaping and much more. And aluminum cans into new cans, bicycles or airplane parts to name a few.

Will you join us in trying to reduce, reuse and recycle to help save the environment? You may notice some new Recycle cans around the building. Thank you to Cindy Shames and Amy Franklin from our Ethical Food and Environmental Team for securing a Johnson County grant to receive these new and useful recycling bins. Look for more news coming up next month with how the team is working with another local agency to make recycling a double mitzvah.



Three principles we can all use to help the environment!



The Beth Torah Park Clean Up crew braved heat and humidity on Sunday morning, June 30th, and cleared brush from the Beth Torah side yard. As we move toward the fall, you are welcome to join this dedicated group led by our member Greg Zarobsky. You can reach Greg at gzarobsky@gmail.com.

SASS-MoKan Suicide Awareness Survivor Support Remembrance Walk

The 16th Annual Remembrance Walk sponsored by SASS-MoKan (Suicide Awareness Survivor Support MO and KS) will take place on Sunday, September 8th, at Loose Park. The walk is for anyone who has lost a loved one by suicide or supporting those who have. Also included is homicide or other traumatic loss. Registration is \$25 in advance at sass-mokan.com/sass-walk or \$30 that day. The walk includes a t-shirt, bag, and other items.

All monies collected aid area loss support groups and prevention. Included in the walk is a name remembrance, song, and flowers.

If you have questions, please contact Bonnie Swade at bonswade@gmail.com.



**Suicide Awareness
Survivor Support**

Serving the KC Metro area

Community Tisha B'Av Observance

Saturday, August 10th

Congregation Beth Shalom / 14200 Lamar Avenue

**Beginning at 9:45 p.m. with a Tisha B'Av Ma'ariv service
and followed by a D'var Torah and reading of Eicha.**

This is a meaningful service, and a time for communal reflection on both painful times of our past and hope for our future. The community Tisha B'Av observance will continue on Sunday, August 11th, at Kehilath Israel Synagogue. The movie "The Long Way Home" will be shown at 5:00 p.m. and will be followed by a panel discussion with rabbis. A Mincha service will begin at 8:00 p.m. led by Rabbi Moshe Grussgott, a ten-minute Torah lesson from Rabbi Grussgott, and ending with a Ma'ariv service. Conclusion of fast will take place at 8:51p.m. followed by a light break fast. To indicate your attendance or for further information, register online at kcrabbis.org or contact Annette Fish, Rabbinical Association Administrator/Program Director, afprogram@aol.com, 913-327-4622. Sponsored by the Rabbinical Association of Greater Kansas City.

**WANT TO KNOW MORE ABOUT
JUDAISM AND JEWISH
TRADITIONS?**

Introduction to Judaism

Whether you were born Jewish, are interested in choosing Judaism, or love someone who is Jewish, join us for a year of learning and exploring together.

Hebrew 101 is also available

Classes will begin after the High Holy Days

Contact the synagogue office at 913-498-2212 or info@beth-torah.org to let us know you're interested.



**CONGREGATION
BETH TORAH**

• COMMUNITY NEWS •

JFS and The Heritage Center Partner on Genealogy Series; Two Sessions Left

Discover and document your family history. Participate in a free genealogy series presented by Jewish Family Services and The Heritage Center of the Jewish Community Center. Ron Doctor, Ph.D., is facilitating four distinct sessions held monthly. All sessions will take place in the MAC room at the Jewish Community Campus, from 1:00–2:00 p.m.

Programs include:

- August 8th: “Getting the most from Ancestry, MyHeritage and FamilySearch”
- September 12th: “Putting it all together in your family tree software”

Attend the sessions that interest you! Read more detailed session descriptions at www.jfskc.org. While the program is free, registration is requested by calling The Heritage Center at 913-327-8044.

Learn Laugh & Love August Program

The Learn Laugh & Love Program Series continues to offer great FREE programming open to anyone in the community. It is co-sponsored by Jewish Family Services and the Jewish Community Center of Greater Kansas City. “Posture: The Window to Health with Travis Perret” is the program on Thursday, August 15th, from 1:00-2:00 p.m. in the MAC Room on the Jewish Community Campus. Perret, owner of Exercise Therapy of Kansas City, will be speaking about how to decrease chronic back, knee and hip pain. Perret, who has a degree in exercise science from the University of Kansas, is passionate about helping people stay active. He is one of the leading experts in the country on the science of corrective exercise and how it affects and improves chronic pain issues. His presentation will focus on various ways people can improve their posture and in turn, improve their health. Learn how you can have more energy, less pain and better posture!

All Learn Laugh & Love programs are free but reservations are requested by calling The Heritage Center at 913- 327-8044.

Have Breakfast with the JFS Family

Join KCPT’s Executive Producer of Public Affairs Nick Haines, host of “This Week in Review,” at the Jewish Family Services Friends of the Family breakfast on Wednesday, August 21st, at the Grand Street Café on the County Club Plaza. The breakfast is a great opportunity to learn about how JFS serves the greater Kansas City community. Joining JFS for the breakfast is special guest Jason Kander, who will talk about his experience with PTSD and his struggle with mental health issues. The event will highlight various JFS programs and services. All are welcome but advance reservations are required. For more information, please contact Ilyssa Block, Event Coordinator, at 913-730-1470 or email her at rsvp@jfskc.org.

Kick off a Year of Jewish Learning at Day of Discovery

Sunday, August 25, 2019

8:45 a.m.–3:15 p.m.

Jewish Community Campus

Learn, study and discover some of the community’s finest Jewish educators, rabbis and cantors who will lead sessions on a wide range of topics.

Watch your mail in early August for the Day of Discovery brochure or check kcrabbis.org at the end of July for a listing of over 30 classes and information related to the day.

Questions:

Contact Annette Fish
Administrator/Program Director
Rabbinical Association of
Greater Kansas City

afprogram@aol.com or 913-327-4622

Day of Discovery Family Community Service Learning Project for Parents and K-5th Graders

Sunday, August 25th,
9:30 a.m.–11:00 a.m.
at the Jewish Community Campus

Watch for more information.