

Jan. 26 – Social drivers of mental health (e.g., unhoused populations, food insecurity)

Feb. 23 – Polypharmacy in older adults: psychiatric side effects, and interactions

March 23 – Psychotic disorders: early signs, managing acute presentations, referral pathways

April 27 – Bipolar disorder: red flags to distinguish from unipolar depression

June 22 – Substance use and chronic conditions (e.g. diabetes, hypertension, liver disease)

July 27 – Substance use disorder: alcohol, opioids, stimulants; MAT basics

Aug. 24 – Child and Adolescent psychiatry basics (ADHD, conduct problems, bullying, school refusal)

Sept. 28 – Suicide risk assessment and safety planning in outpatient care

Oct. 26 – Justice-involved populations (e.g., capacity determination, testifying in court)

Nov. 23 – Psychopharmacology in primary care: SSRIs, SNRIs, bupropion, mirtazapine – when/how to use safely