

Psychiatry Classified Staff Wellness Program

We are excited to announce that we have a great team that has begun development of the Psychiatry Classified Staff Wellness Program. We hope to build a program that promotes and supports the well-being and professional development of our Classified staff. We will be setting up a SharePoint site that will provide resources, activities, information, and more. Keep an eye out for more announcements to come!

We will focus on the four areas of interest listed below alongside the staff that will be developing those programs. Feel free to reach out with your ideas and suggestions, or if you would like to volunteer in the development. We look forward to sharing more information soon!

1. Physical Wellness by Pricilla Bonilla and Shane Synder
2. Mental Wellness by Sophia Jones, Chen Lin, Erin Harper, Vanessa Echeta-Gray, and Lorrie Burkhalter
3. Peer Support by Sarah Harrelson and Aida Ramirez-Boyce
4. Career Development by Yolanda Barner-Thomas, Jennifer Perez, and Dr Christina Jordan