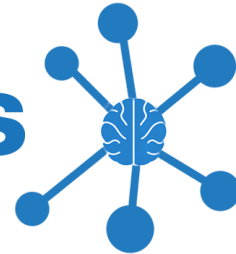


**UT Southwestern**  
O'Donnell Brain Institute

**Connections**  
Department of Psychiatry



**2021 Issue 3, July 21**



The State of Texas has started the process of putting a new, state-funded psychiatric hospital in Dallas within 5-6 years, possibly sooner. Dallas is the single big city in Texas without such a hospital; other state facilities have been renovated and rebuilt. Texas HHS has partnered with its medical schools in this effort to bring the delivery of mental health care close to the doctors developing new knowledge. This facility will broadly treat serious mental illness in the 200-bed facility. UT Southwestern has received planning dollars and resources for acquiring a location. Stay tuned for additional developments.

*--Carol A. Tamminga, M.D.  
Department Chair*

### Jessica Moore, M.D., Dedman Scholar



Dr. Jessica Moore (<https://profiles.utsouthwestern.edu/profile/151684/jessica-moore.html>) has been appointed as a Dedman Family Scholar in Clinical Care by a generous gift from the Dedman Foundation, which was established in 1995 by the late Robert H. Dedman, Sr. This award provides Dr. Moore dedicated time to focus on clinic development, trainee education, and inter-institutional collaboration for the **Transitional Age Youth Program**.

Suicide is the second leading cause of death in adolescents and young adults, and 75% of lifetime psychiatric disorders develop by age 24. *Transitional Age Youth* broadly describes a discrete developmental period for people ages 16-27. These young adults face unique developmental tasks, social changes, and neurobiological changes that put them at risk for psychiatric disorders and make their care significantly challenging. Despite the risks, Transitional Age Youth have the lowest rates of mental health service use of any age groups, with about only a quarter receiving needed services. Without intervention, Transitional Age Youth face difficulties maintaining employment, decreased likelihood to complete college, higher risk of legal difficulties, and worsening of comorbid medical problems. These patients and their families need comprehensive care to help transition not only from pediatric to adult psychiatric care, but also from adolescence to adulthood.

Dr. Moore's passion for Transitional Age Youth and the challenges they face is a tremendous asset to our department, and we look forward to the continuing development of our clinical services to this vulnerable patient population.

### Welcome New Psychiatry Residents and Clinical Psychology Doctoral Students!

#### General Psychiatry Residents



**Rachel Beck, M.D.**  
UT Health Science Center,  
Houston



**Khady Diack, M.D.**  
UT Health Science Center,  
San Antonio



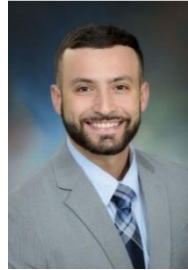
**Donald Egan, M.D., M.P.H.**  
UT Health Science Center,  
San Antonio



**Allyson Folsom Davis, M.D.**  
University of Texas Medical  
Branch



**Jasmine Jack, M.D.**  
Morehouse School of Medicine



**Zachary Kennedy, M.D.**  
University of Texas Medical  
Branch



**Caila Lavine, M.D.**  
University of Arizona



**Christian Monsalve, M.D., M.S.**  
Rutgers



**Diona Symester, M.D., M.P.H.**  
State University of New York  
Downstate



**Lindsay Szauter, M.D., M.P.H.**  
University of Texas Medical  
Branch



**Kelston Thomas, M.D.**  
Columbia University

### **Child and Adult Psychiatry Combined Track Residents**



**Emily Nguyen, M.D.**  
Texas Tech University



**Vivianne Oyefusi, M.D.**  
University of Pittsburgh



**Swetha Ramamurthy, M.D.**  
UT Southwestern

#### Research Track Residents



**Ozlem Hokelekli, M.D.,  
Ph.D.**  
Hacettepe Üniversitesi Tıp  
Fakültesi



**Bryan Kromenacker, M.D.,  
Ph.D.**  
University of Arizona

#### Rural and Public Mental Health Track Residents



**Trisha Modi, M.D., M.B.A.**  
Texas Tech University



**Justin O'Brien, M.D.**  
UT Southwestern

#### Combined Residency Program Residents



**Nathalie Abenzoza, M.D.**  
Medical College of Wisconsin  
*Internal Medicine-Psychiatry*



**Areej Ali, M.D., M.P.H**  
University of Pittsburgh  
*Internal Medicine-Psychiatry*



**Enrique Chiu Han, M.D.**

Universidad Nacional Autónoma  
de México Facultad de Medicina  
*Neurology-Psychiatry*

## Read Their Stories

### General Psychiatry Residents



**Rachel Beck**

Rachel attended Texas A&M University where she studied Nutritional Science and then began her medical education at McGovern Medical School at UT Health Science Center in Houston. During medical school she was Co-President of the Student Interest Group in Neurology/Psychiatry and created a Neurology Procedures Simulation Session featured in the American Academy of Neurology's SIGN archive. Rachel served as a Student Ambassador for the admissions committee, and her extensive volunteerism included the Houston Food Bank, Health Professionals Against Domestic Violence, the Huntingtons Disease Society of America, and the Beacon Homeless Service. She was elected to the Gold Humanism Honor Society, and

her interests include inpatient psychiatry as well as comorbid neurological and movement disorders. Writing about one patient's psychic pain, Rachel said, "Although I often left our conversations with a heavy heart, I felt so privileged that he would share this information with me, a stranger." She chose psychiatry because "I could not believe I could get paid to do something so stimulating, impactful and rewarding."



**Khady Diack**

After a degree in Human Development and Family Sciences at University of Texas at Austin, Khady worked as a preschool teacher for a year (anticipating her current aspirations in Child and Adolescent Psychiatry) before beginning medical school at the University of Texas Health Science Center at San Antonio. In medical school, she was a leader in diversity efforts, mentoring Black first-year medical students, volunteering at back-to-school drives at Claude Black Community Center, working closely with the Admissions Office to enhance recruitment efforts for Black medical students, and serving as president of the local chapter of the Student National Medical Association (SNMA). She went on to serve as the Psychiatry Liaison between the SNMA and the NMA to inspire medical students to serve underrepresented

communities through psychiatry. When faced with "the notion mental health related issues shouldn't (be) spoken about ... I am dedicated to being an advocate for destigmatizing this belief." She will strive to be a psychiatrist who "utilizes the psychosocial model of health and prioritizes improving the well-being of the diverse communities that they serve."





### **Donald Egan**

Donald received his B.A. in Biochemistry and Anthropology with Honors from the University of Texas at Austin and then began medical school at the University of Texas Health Science Center at San Antonio, where he graduated with a joint MD/MPH. His public health research resulted in a poster at the American Academy of Addiction Psychiatry, “Examining MH and Substance Misuse Resources for LGBTQ+ People in San Antonio, TX.” Donald has served on the Legislative and Socioeconomics Committee of the Bexar County Medical Society, as a Co-Chair of the AMA Delegates to the Texas Medical Association’s Medical Student Section, as a School Delegate from UTHSA to the national AMA, and as a member of the TMA Medical Student Section’s Executive Council. He has also been Communications and Research Chair for UT Health PRIDE and a volunteer at the Pride Clinic. Donald plans “to focus on the intersection of mental illness and addiction. Through public health policy and advocacy, I have fostered my commitment to helping marginalized communities through my work with with...San Antonio’s only dedicated LGBTQ+ clinic.”

### **Allyson Folsom Davis**



Allyson’s undergraduate degree was a B.S. in Biological Sciences with Honors from Texas A&M University-Commerce. She finished her medical degree at the University of Texas Medical Branch in Galveston. Her scholastic and service achievements have been honored with election to both Alpha Omega Alpha and the Gold Humanism Honor Society. Allyson has been Student Liaison to the UTMB Alumni Association, Vice President and Senior Advisor of the Student Psychiatry Organization, and a volunteer at the Jennie Sealy Health Resource Center. She demonstrated a devotion to community service with numerous roles at the St. Vincent Student-Run Free Clinic, including volunteer, clinical intern, and election as a Student Director. She helped lead the transition to telemedicine at the clinic but could see that “Mental health is suffering amid the isolation and fear of the pandemic” and noted that the already underserved are “often most significantly impacted by disaster.” Allyson intends to “continue to advocate for diverse and underserved populations in my residency and beyond.”



### **Jasmine Jack**

After a B.S. degree in Biological Sciences from North Carolina State University, Jasmine spent a year working as a hospital system’s Chief Scribe, before entering Morehouse School of Medicine. Jasmine’s numerous volunteer activities as a medical student included Brown Bag Ministries, Ronald McDonald House, MedShare, and providing direct care at the Health Equity for All Lives (HEAL) student-run clinic. Her work at the Sheltering Arms program at Educare Atlanta, an early education center for low-income children, resulted in a poster presentation at the Blumenthal Public Health Summit on *Assessing and Addressing the Healthcare Needs of Educare Atlanta*. Her leadership roles included a term as President of the Psychiatry Interest Group and serving on the Adverse Childhood

Experiences Student Task Force. Jasmine was drawn to psychiatry through “witnessing the immense gravity and often overlooked nature of mental health.” She admired her psychiatric patients’ “honesty, vulnerability and willingness to share their private, painful experiences” and aspires to meet the need for “trustworthy and compassionate physicians who serve a diverse community.”



#### **Zachary Kennedy**

Zachary received his undergraduate degree in Clinical Laboratory Sciences from the University of Texas Medical Branch School of Health Professions and completed his medical degree at the University of Texas Medical Branch School of Medicine. He began working at the St. Vincent’s Student-Run Free Clinic as Volunteer Laboratory Director during his undergraduate years. During medical school, Zachary’s leadership at the clinic included roles as Junior Medical Director and then Senior Medical Director of the Volunteer Recruitment Committee, Team Leader of the St. Vincent’s Community Walking Group, booth organizer at the annual health fair, Chair of the Volunteer Recruitment, Education, and Interprofessional committees, and Coordinator for establishing a new Transgender and Intersex Patient Clinic.

He was elected first as a member, then as President, of the Gold Humanism Honor Society. Zachary’s experience teaching and mentoring at St. Vincent has inspired him toward a career as an academic psychiatrist who understands that “mental health is the foundation for physical health” and will “promote wellness by helping patients take control of their narrative.”



#### **Caila Lavine**

Caila studied Neuroscience with a minor in Theatre Arts at Johns Hopkins University for her BA degree, and then spent several years studying and working in theatre before beginning her medical education at University of Arizona School of Medicine. Her leadership included roles as the Vice President of the Pediatrics Interest Group, organizer at the Special Olympics, and Vice President of MedCats for Developmental Medicine, which provided education and policy advocacy for people with developmental disabilities. Caila’s generous volunteerism included work at the University of Arizona Refugee Clinic, MedPride, and the Global Health Program’s Guatemala Project. Her research in psychophysiology resulted in a poster at the American Psychiatric Association, “Pupillary Responses to Light and Auditory

Oddball: Exploring the Relationship Between Overlapping Pathways and Cognitive Performance.” Caila has appreciated how a person’s mental illness can “take him out of his own story, his own values...I hope to return people to themselves” by integrating “artistic and biological perspectives in understanding mental illness” and offering “comprehensive psychiatric care.”



### **Christian Monsalve**

After a BA degree in Philosophy from Fordham University, Christian completed an MS in Biomedical Sciences at Rutgers Graduate School before enrolling at the Rutgers New Jersey Medical School. Summer research at Mass General Hospital and NYU Langone Hospital resulted in a co-authored publication in *Cancer Immunology Research* and several first-author posters at the New England Science Symposium. Later in medical school Christian's interests turned toward psychotherapy and treatment of Spanish-speaking patients. He was first-author of the paper "Why Spanish Matters" in the *Journal of the American Academy of Child and Adolescent Psychiatry* and the poster "Are There Sufficient Bilingual Psychiatry Trainees to Serve Patients Seeking Psychotherapy in Spanish?"

at the annual meeting of the American Psychiatric Association. Christian served as Director of Strategy on the Planning Committee of the first national Psychotherapy Residency Fair sponsored by the APA and moderated the event itself. He brings to training a deeply-felt mission "to alleviate the health disparities among economically-deprived populations in Colombia and Hispanic immigrants in the United States."



### **Diona Symester**

Diona received her BS in Psychology from Syracuse University and after graduating spent a year serving in AmeriCorps' City Year program, providing academic support and improvements to the school environment in East Harlem. After completion of the program, she began pursuit of both her MD and MPH degrees at State University of New York Downstate Medical Center, completing a thesis on "The Importance of Mental Health and Wellness Amongst Medical Students and Physicians." Diona also worked as a Resident Advisor and then Resident Director and served as a mentor to first year medical students through the Operation Success Program. Diona's leadership also led her to be Vice President of Students Partnering and Reaching Kids (SPARK), to support local elementary and middle schoolers,

and President of the Family Medicine Interest Group. Diona anticipates a future in Child and Adolescent Psychiatry, where she hopes "to be truly cognizant of any hardships my patients may be dealing with within their lives and utilize my public health knowledge to ... decrease stigma within these underserved communities."





### **Lindsay Szauter**

After finishing her undergraduate degree in Psychology at Yale University, Lindsay remained for another year to complete her MPH degree. She next spent several years as a research coordinator for trials of HCV medications for HIV infected patients, before starting medical school at the University of Texas Medical Branch in Galveston. Lindsay was a leader in both women's health issues, serving as Vice president for Medical Students for Choice, and LGBTQIA+ concerns, serving repeatedly as a Student Officer in Allies in Health at UTMB. She also served on the Institutional Ethics Committee and No One Dies Alone, and was elected to the Gold Humanism Honor Society. Her scholarly work resulted in a poster titled "Do Healthcare Providers Talk

About Sexual Assault: A Systematic Review" that received a first place award at the 2019 TEACH-S Symposium. During medical school Lindsay "worked to educate students regarding health disparities, particularly those faced by women and the LGBTQIA+ community" and looks forward to training in psychotherapy to "to not only hear patients' stories, but to use the information in dynamic ways to improve their lives and the lives of their families."



### **Kelston Thomas**

Kelston graduated from the University of Maryland with a BA in Economics and then worked as a tutor, an EMT, and a county election judge before beginning medical school at Columbia University Vagelos College of Physicians and Surgeons. Kelston has an extensive background in theatre and music, and during medical school he was a member of Chorda Tympani (a choral group) and the Havens Players (a theater group). He served as Musical Director and then President of the Ultrasounds, the official a cappella group of the medical center. Kelston's leadership also encompassed being Co-President of the Free Weight Club and manager of a functioning commercial gym at Columbia. His scholarly work was in Narrative and Social Medicine, reviewing the use of poetry in healing and producing a collection

of autobiographical poems exploring grief. In psychiatry Kelston found a specialty "uniquely focused on ...guiding someone through the darkest and most vulnerable parts of their lives... Psychological suffering is a burden that shouldn't be carried alone." He wrote, "I believe being a psychiatrist is an incredible privilege and I will dedicate my life to earning it."

## Read Their Stories

### Child and Adult Psychiatry Combined Track Residents



#### Emily Nguyen

Emily earned her BA in Human Biology at Stanford University and then pursued her MD at Texas Tech University Health Sciences Center School of Medicine and MBA at Texas Tech University Rawls College of Business. Her research work generated posters and papers on Leprosy, Cholera, and Pediatric Acute-Onset Neuropsychiatric Symptoms (PANS), and her academic accomplishments led to induction to Alpha Omega Alpha Honor Society. Emily's service has been equally extensive and included mentoring through the Refugee Language Project, election as Secretary of the Pediatrics Interest Group, serving on the Executive Committee of the Breaking the Stigma Annual Conference, and volunteering at the Heal the City Free Clinic and the Lubbock Impact Free Clinic. Emily wrote of being

"fascinated by the body's built-in cellular mechanisms that initiate healing and adaptation" and her appreciation of the "challenges that each patient population faces ... the transition into motherhood for pregnant patients and the road to recovery for chronically ill children." She aspires to become "an empathetic psychiatrist who can provide her patients with the tools needed to overcome life's toughest challenges."



#### Vivianne Oyefusi

After earning both a BS in Biological Sciences and a BA in English at the University of Pittsburgh, Vivianne worked as a Healthcare Navigator for several years. She returned to University of Pittsburgh to begin her education at the School of Medicine, where she was recognized with election to the Gold Humanism Honor Society. Vivianne's scholarly work resulted in first-author posters titled "Get S-M-A-R-T: Teaching Students Geriatric Health-Related Goal Setting" presented at the Society of General Internal Medicine and the American Geriatric Society. Her

service efforts included volunteering at the Birmingham Free Clinic and at the Light of Life Rescue Mission Soup Kitchen. Vivianne's work with the Student National Medical Association (SNMA) included serving as interview coordinator, Region VIII Parliamentarian, and Coordinator of the Regional Medical Education Conference. She was drawn to Child and Adolescent psychiatry as she was "struck by the ways small children integrate trauma into play and their subconscious awareness of how to live and survive in this world" and looks forward to "the opportunity to work with, and give back to, diverse populations who struggle to access care."



### **Swetha Ramamurthy**

Swetha received her BA in Biology from University of Texas at Dallas, part of the UT PACT BA/MD program, and then matriculated into medical school at the University of Texas Southwestern Medical Center. Her research in psychoneuroendocrinology resulted in a first author paper, “Association of Megestrol Use with the Development of New Psychiatric Diagnoses,” published in the *American Journal of Geriatric Psychiatry*. She has also pursued her Distinction in Research with work on psychogenic non-epileptic seizures (PNES) treatment and outcomes. Swetha has been a leader as a peer mentor for beginning medical students, Manager for the Monday Clinic, representative for the Monday Clinic to the Free Clinic Committee, Committee Chair for United to Serve and Vice President of the

American Medical Women’s Association chapter. Swetha’s encounters with child psychiatry “were some of the most challenging, eye-opening, and incredibly rewarding experiences I have had.” An experience with a young patient who “felt completely alone and burdened with her fears .... showed me how powerful holistic care that addressed physical and mental health could be.

### **Research Track Residents**



### **Ozlem Hokelekli**

Ozlem earned both her MD and her PhD at Hacettepe Üniversitesi Tıp Fakültesi and then completed an internship at Hacettepe University Hospitals and several years of residency at Ankara University Hospitals. Her leadership has been evident in selection as MD/PhD student representative to the Hacettepe Board of Medical Faculty Promotion and co-founder of the Ankara University Physician Well-Being Committee. Ozlem’s doctoral work led to first author poster presentations at the Society for Neuroscience (“FGF-AS Overexpression in Medial Prefrontal Cortex is Depressogenic”), the Annual Molecular Psychiatry Meeting (“The Effect of FGF2-antisense

(NUDT6) Overexpression on Contextual Memory”), and the Society for Biological Psychiatry (“Role of a Natural Antisense Transcript, FGF2-AS, in Affective Behavior.” She has since done work in autism research at the Carolina Institute of Developmental Disabilities and apraxia of speech at the Mayo Clinic. Ozlem aims to be “in the front lines to discover the neurobiological underpinnings of mental illness, and also to fight against stigma by improving its perception in society.”



### **Bryan Kromenacker**

After graduating with an AS in Nursing from Mercy College of Northwest Ohio, Bryan worked as a Cardiovascular Intensive Care Unit nurse for six years. He then completed his BS in Nursing and pivoted towards medicine, pursuing both his MD and his PhD in Psychology of Cognition and Neural Systems at University of Arizona. Bryan's research has generated first-author papers in *Psychosomatic Medicine* ("Vagal Mediation of Low-Frequency Heart Rate Variability During Slow Yogic Breathing"), *Dermatologic Therapy* ("Pain and Itch are Dual Burdens in Atopic Dermatitis") and *Dermatology* ("Augmented Intelligence in Dermatology: Fantasy or Future"). He has also presented at the American Association of Neurological Surgeons on "Elective

Clipping of Unruptured Intracranial Aneurysms is Associated with Increased Postoperative Disease Burden." He has served as an undergraduate research mentor and a graduate teaching assistant. Bryan aspires to integrate "computational and information processing frameworks with clinical training experiences to help shine a light on the often invisible aspects of mental illness, revealing and amplifying the humanity of the patients under my care."

### **Rural and Public Mental Health Track Residents**



### **Trisha Modi**

Trisha studied Biology at the University of Wisconsin-Madison and then worked for several years as a finance manager for a hotel group and as a medical scribe. These experiences inspired her to pursue joint MD and MBA degrees at Texas Tech University, with a concentration in Health Organization Management. Trisha's capstone project involved research and advocacy to address human trafficking increases in West Texas and provide aid to the victims. She also served as sponsorship chair for Lubbock City Lights, Vice President of Finances for the Hindu Medical Students Association, co-founded a virtual tutoring service for the local county school district, and was elected to the Gold Humanism Honor

Society, where she was project leader for an elderly pen pal program. Her scholarly work has focused on use of QR-code technology to improve mental health literacy and service for under-served minority groups. Trisha's mission is "to serve populations disproportionately impacted by mental illness" by "empowering myself with the knowledge to not only address the medical concerns of my patients but also tackle and strategize against the significant economic barriers to mental healthcare."





### **Justin O'Brien**

Justin graduated summa cum laude in Biology from the University of North Texas, but this was preceded by 8 years of active service in the US Army as a Combat Medic. He was deployed on the front-lines in Iraq and later in Afghanistan, where he went on missions, supervised new medics, and trained Afghan police in combat first aid. Upon his return Justin resumed college full-time at UNT while also serving three years in the Texas National Guard. He then began medical school at UT Southwestern, where he has served as the student representative on the Active Learning Committee, and done qualitative research on equine therapy for veterans. Justin's research resulted in a co-authored publication in *Social Work Research*. Psychiatry became his specialty when appreciating that "the main tools to use in psychiatry were your ears". Justin wrote that his time in the army taught him how to work under pressure, sometimes literally "under fire." He now looks forward to bringing this capacity in the service of the field of psychiatry and "the real need in the public sector for better articulated mental health."

### **Internal Medicine-Psychiatry Combined Residency Program Residents**



### **Nathalie Abenzoza**

After studying Linguistics and Anthropology for her BA from the University of Florida, Nathalie spent a year working in HIV/AIDS surveillance for the county health department. She then pursued her medical degree at Medical College of Wisconsin, where her compassionate care was recognized with election to the Gold Humanism Honor Society. Nathalie's campus leadership was evident in roles as Internal Affairs Chair for Students for a National Health Plan, Community Outreach Chair for LGBTQ People in Medicine, and Social Chair for the American Medical Student Association. Her commitment to advocacy for Latinx communities and colleagues led to service as the Eyes of the Future Mentorship Program Coordinator through the Latino Medical Student Association (LMSA), the Health Policy Chair of the LMSA, and the MCW COVID-19 Latinx Response Team, which she helped to found. Natalie wrote that "with a pandemic, the health disparities have been amplified; advocacy and grass-roots efforts to support the community have become an even greater priority...In residency, I plan to specifically focus on mental health among at-risk populations ... and community engagement research."





### **Areej Ali**

Areej attended Carnegie Mellon University for her BS degree in Biological Sciences and Psychology, and then spent several years in oncology research and as an AmeriCorps volunteer, before entering the University of Pittsburgh School of Medicine for her MD and MPH degrees. Her scholarly work has ranged from a first author publication in the *Journal of General Internal Medicine* (“Grave Effects from Delays in Care of Thyroid Eye Disease”) to creating a project analyzing the cost-effectiveness of a needle exchange program, in the service of advocacy for legalization of such efforts. Areej’s commitment to service is reflected in her induction to the Gold Humanism Honor Society and her work supporting Syrian refugees through ANSAR of Pittsburgh and leading a collaboration with the medical school around COVID-19 education in Arabic. Her leadership roles included serving as the School of Public Health representative to the Graduate Education and Research Committee and the Social Compact Group. Through combined medicine and psychiatry training, Areej will “pursue my interest in comprehensive underserved care and refugee health – both in and out of the hospital.”

### **Neurology-Psychiatry Combined Residency Program**



### **Enrique Chiu Han**

Enrique received his medical degree from Universidad Nacional Autónoma de México Facultad de Medicina and has continued in a research position in their Institute of Neurobiology, leading the project “Dynamic Functional Connectivity in Heavy Cannabis Users during a Cannabis Cue-Reactivity Video” and presenting this work at the Organization for Human Brain Mapping. He has also worked in a multigroup collaboration developing genetic analyses of a twin registry and is co-author of a paper published in *Twin Research and Human Genetics*. The thread running through all his projects is an enthusiasm for utilizing math and data science “to find meaning in an ocean of information with multiple complex relationships.” He has shared this enthusiasm as the coach of a very successful team of elementary, junior high, and high school students representing the state of Queretaro at the Mexican Mathematical Olympiad. Enrique is pursuing combined training because “The brain and nervous system can break down in many ways ... that we do not have a model for. My goal as a clinician and a data scientist is to make sense of the multidimensional, and to transform that understanding into better care.”

## Clinical Psychology Doctoral Program Students



### Adriana Cabrales

- BA – Psychology & Spanish, University of Southern California
- Interested in clinical neuropsychology, bilingual assessment, culturally sensitive approaches to neuropsychological assessments.



### Ellie Eystone

- BS – Psychology, Brigham Young University
- MPS – Clinical Psychological Science, University of Maryland
- Interested in trauma response, multicultural competency, and program implementation to increase healthcare utilization.



### Hudaisa Fatima

- BA – Psychology, Dublin Business School
- MS – Applied Pediatric Neuropsychology, University College London
- Interested in individual and lifestyle factors related to brain health and cognitive functioning.



### Briana Horrocks

- BS – Psychology, Purdue University
- ME – Child Studies, Vanderbilt University
- Interested in mental health risks and outcomes in LGBTQIA+ youth as well as the effects of affirmative care models.



### Alyssa Kaser

- BA – Psychology, Baylor University
- Interested in modifiable risk factors associated with dementia and Alzheimer's disease, and developing interventions to enhance cognitive functioning.



### Julia Livingstone

- BA – Psychology, University of Texas at Arlington
- MA - Counseling Psychology, Midwestern State University
- Interested in access to care for underserved populations and the impact of sociocultural influences on adjustment to chronic illness.



### Molly Michaels

- BS – Psychology, Yale University
- MA – Clinical Psychology, Wheaton Graduate School of Psychology
- Interested in childhood mood disorders and suicidality, and risk factors for depression and suicide in diverse populations.



### Jennifer Sawyer

- BS – Psychology, Texas State University
- MS– Clinical Psychology, University of Texas at Tyler
- Interested in neuropsychological assessment, the influence of culture on assessment results, and ecologically valid assessment.



### Deborah Shear

- BA– Psychological and Brain Sciences, Washington University in Saint Louis
- Interested in health psychology, specifically psycho-oncology, resilience, and the biopsychosocial implications of chronic illness.



### Emma Turner

- BA – Psychological Sciences, University of Connecticut
- Interested in psychological outcomes after trauma and addressing barriers to mental health experienced by marginalized populations.

### **NAMI Exemplary Psychiatrist**



Child Psychiatry Fellow Joseph Guillory, M.D., received one of the 2021 National Alliance on Mental Illness (NAMI) Exemplary Psychiatrist Awards, following nomination by Dr. Athena Tremtin, Executive Director of NAMI North Texas.

Congratulations, Dr. Guillory!

### **Welcome New Faculty**

#### ***Children's***

Charles Odom

#### ***Parkland***

Abhisek Khandai

Megan Verlage

#### ***VA***

Steven Bender

Andrew Fritz

### **Join Our Faculty**

We have many opportunities for new faculty – check out our website for our openings.

<https://www.utsouthwestern.edu/education/medical-school/departments/psychiatry/faculty/recruitment.html>

### **Faculty Photography Sign-Up**

The Communications, Marketing and Public Affairs Department is pleased to offer all UTSW Faculty the opportunity to have a new professional head shot taken each fiscal year. Sitting for a professional photo takes about 10 minutes. Advance registration is required.

<https://ais.swmed.edu/redcap/surveys/?s=WL94CMMPFK>

### **Welcome New Staff**

- Fawn Palmer, Advanced Practice RN, BL7
- Kennedy Balzen, Clinical Data Specialist, Pediatrics
- Ovidio Cruz Diaz, CSA, Neuropsychology Clinic

### **Mood Disorders**



- Catherine Kurusu Callan, Clinical Research Coordinator
- Elizabeth Kaiser, Clinical Research Coordinator
- Harmony Hilton, Program Manager for Public Education and Community Outreach
- Michael Henson, Research Scientist Senior
- Rorie Duprey, Clinical Research Coordinator
- Tobi Fuller, Clinical Research Manager
- Olufunmilayo Adesanlu, Advanced Practice RN

#### **Brown Lab**

- Donovan Taylor, Clinical Data Specialist
- Edward Fitzrandolph, Research Study Coordinator

### **Highlights from Our Publications**

Dr. C. Munro Cullum's publication with colleagues on "One-year aerobic exercise reduced carotid arterial stiffness and increased cerebral blood flow in amnesic mild cognitive impairment" (<https://pubmed.ncbi.nlm.nih.gov/33579857/>) in *Journal of Alzheimer's Disease* attracted attention in the media recently in relation to its finding that aerobic exercise, such as brisk walking, increases blood flow to the brain in older adults affected by mild memory loss. The work results from Dr. Cullum's collaboration with the Neurology Department at UTSW (Tomoto T, Liu J, Tseng BY, Pasha E, Cardim D, Tarumi T, Hynan LS, Cullum CM, Zhang R).

<https://thenewdaily.com.au/life/wellbeing/2021/04/17/exercise-and-mild-memory-loss/>

<http://www.sci-news.com/medicine/aerobic-exercise-blood-flow-brain-older-adults-09505.html>

#### **Other Recent Publications**

- Adjunctive parental support within manualized parent training for children with autism spectrum disorder (Cartwright JE, Mount KB) in *Child Psychiatry & Human Development* <https://pubmed.ncbi.nlm.nih.gov/34164759/>
- Clinical utility of the ECLECTIC framework in providing culturally-informed autism spectrum disorder evaluations: a pediatric case-based approach (Bordes Edgar V, Meneses V, Shaw D, Romero RA, Salinas CM, Kissel A) in *Clinical Neuropsychologist* <https://doi.org/10.1080/13854046.2021.1936187>
- Defining traumatic encephalopathy syndrome – Advances and challenges (Cullum CM, LoBue C) in *Nature Reviews Neurology* <https://doi.org/10.1038/s41582-021-00500-0>
- Differences in adolescent symptom reporting following motor vehicle accident versus sport-related concussion (Tarkenton T, Caze li T, Silver CH, Hynan LS, Didehbani N, Miller S, Batjer H, Bell K, Cullum CM) in *Archives of Clinical Neuropsychology* <https://pubmed.ncbi.nlm.nih.gov/33067613/>
- Frequency and predictors of traumatic encephalopathy syndrome in a prospective cohort of retired professional athletes (Schaffert J, Didehbani N, LoBue C, Hart J, Rossetti H, Lacritz L, Cullum CM) in *Frontiers in Neurology* <https://doi.org/10.3389/fneur.2021.617526>

- Impact of childhood maltreatment on outcomes of antidepressant medication in chronic and/or recurrent depression (Medeiros GC, Prueitt WL, Rush AJ, Minhajuddin A, Czyst AH, Patel SS, Trombello J, Trivedi MH.) in *Journal of Affective Disorders* <https://pubmed.ncbi.nlm.nih.gov/34023746/>
- Life during COVID-19: A pandemic of silence (Baig-Ward KM) in *Current Psychiatry* <https://www.mdedge.com/psychiatry/article/222690/coronavirus-updates/life-during-covid-19-pandemic-silence>
- Longitudinal neurocognitive effects of combined electroconvulsive therapy (ECT) and pharmacotherapy in major depressive disorder in older adults: Phase 2 of the PRIDE Study (Lisanby SH, McClintock SM, McCall WV, Knapp RG, Cullum CM, Mueller M, et al) in *American Journal of Geriatric Psychiatry* <https://pubmed.ncbi.nlm.nih.gov/34074611/>
- Mentorship in clinical neuropsychology (Cullum CM, McClintock, SM, Lacritz L). In C. Block (Ed.), *The Neuropsychology Roadmap: A Training and Career Guide* <https://www.apa.org/pubs/books/the-neuropsychologists-roadmap>
- Objective and subjective perspectives on implementation of a violence risk screening program in an emergency department (Roaten K, Browne S, Pollio DE, Khan F, North CS) in *Journal of Psychiatric Practice* <https://pubmed.ncbi.nlm.nih.gov/33939370/>
- Patterns of treatment utilization across the perinatal period in the Center for Maternal and Infant Outcomes and Research in Translation (COMFORT) Veterans Study (Shivakumar G, Kroll-Desrosiers AR, Copeland L, Anderson EH, Maydon A, Mattocks K) in *Journal of Women's Health* <https://pubmed.ncbi.nlm.nih.gov/33211614/>
- Perceived recovery and self-reported functioning in adolescents with mild traumatic brain injury: The role of sleep, mood, and physical symptoms (Wright B, Wilmoth K, Juengst S, Didehban N, Maize R, Bell K, Cullum CM) in *Developmental Neurorehabilitation* <https://doi.org/10.1080/17518423.2020.1858456>
- Reynolds Intellectual Screening Instrument 1st versus 2nd Edition in a Memory Disorder Sample (Ruchinskas R, Goette W) in *Archives of Clinical Neuropsychology* <https://pubmed.ncbi.nlm.nih.gov/32853358/>
- Smoking status links habenular volume to glycated hemoglobin: Findings from the Human Connectome Project-Young Adult (Jha MK, Kim JW, Kenny PJ, Chin Fatt C, Minhajuddin A, Salas R, et al) in *Psychoneuroendocrinology* <https://pubmed.ncbi.nlm.nih.gov/34157587/>
- Teaching psychotherapy (Crocker EM, Brenner AM) in *Psychiatric Clinics of North America* <https://pubmed.ncbi.nlm.nih.gov/34049644/>
- The association between time incarcerated and employment success: comparing traditional vocational services with a hybrid supported employment program for veterans (LePage JP, Crawford AM, Martin WB, Ottomanelli L, Cipher D et al.) in *Psychiatric Rehabilitation Journal* <https://pubmed.ncbi.nlm.nih.gov/33939452/>
- Validation of fearlessness about death scale in adolescents (Krantz SM, Yang X, King J, Kennard BD, Emslie GJ, Stewart SM) in *Psychological Assessment* <https://pubmed.ncbi.nlm.nih.gov/33970656/>

### Developing New Research

Psychiatry faculty members are eligible to [apply for special funding for program activities](#), including support for research symposia or educational or community outreach activities, from the Peter O'Donnell Jr. Brain Institute.



Check out Study Finder for clinical trials studying mental health at UT Southwestern Medical Center.

<https://clinicaltrials.utswnmed.org/studies?search%5Badults%5D=1&search%5Bcategory%5D=13&search%5Bchildren%5D=1/>

### **Center for Depression Research and Clinical Care**

The CDRC will partner with US colleagues to expand detection and treatment for depression and other disorders across Texas as part of the [Lone Star Depression Challenge](#). Lyda Hill Philanthropies and Lever for Change announced Meadows Mental Health Policy Institute as the recipient of the \$10 million [Lone Star Prize](#), a Texas-based competition launched in early 2020 to improve the lives of Texans and their communities. Measurement-based care strategies, which have been shown to improve outcomes by 40-60%, are being combined with other proven effective strategies into a three-tiered Lone Star Depression Challenge action plan. [Watch a short video illustrating our plan of action](#). The initiative is being led by Meadows Mental Health Policy Institute in collaboration with the Center for Depression Research and Clinical Care at UT Southwestern, Harvard Medical School's Department of Global Health and Social Medicine, and The Path Forward for Mental Health and Substance Use.

Youth Aware of Mental Health (YAM) is an interactive CDRC program for adolescents promoting increased discussion and knowledge about mental health, suicide prevention, and the development of problem-solving skills and emotional intelligence. Instructors are certified and qualified to implement YAM within their districts and charters upon completion of the 4.5-day course, comprehension of the model, successful demonstration of the opening session, and active participation throughout the course. Nineteen instructors received certification at the end of our recent training session.

The CDRC's Texas-Resilience Against Depression (T-RAD) study examines the development of resilience in youth and young adults who may be at risk for depression or bipolar disorder as well as individuals who are currently facing either of these disorders. The Town Hall series is an opportunity for study participants to learn more about ongoing research. [Watch the third T-RAD Town Hall webinar](#).

Listen to the CDRC's "BrainStorm: Decoding Depression" Podcast: [https://linktr.ee/CDRC\\_brainstorm](https://linktr.ee/CDRC_brainstorm)

### **In the News**

Maria Alvarez, a nurse with our Parkland CL service, received one of the 2021 D Magazine Excellence in Nursing Awards.

<https://www.dmagazine.com/publications/d-magazine/2021/june/the-2021-dallas-fort-worth-excellence-in-nursing-awards/>

The REACH team, including Lisa Schuster, Ph.D.

(<https://profiles.utsouthwestern.edu/profile/150075/lisa-schuster.html>), from Children's Health Medical Center Dallas, won the organization honor for Child Advocacy Partner of the Year.

[https://www.prnewswire.com/news-releases/child-advocacy-teams-around-the-us-will-celebrate-on-july-9th-301325591.html?tc=eml\\_cleartime](https://www.prnewswire.com/news-releases/child-advocacy-teams-around-the-us-will-celebrate-on-july-9th-301325591.html?tc=eml_cleartime)

## Mark Your Calendars

### **July 27, 12pm Seizing the Opportunity: What the Pandemic Has Taught Us About Mental Health in Minority Populations and How to Continue the Conversation**

Four panelists will foster conversation:

- Dr. Suselina Acosta, Parkland Department of Psychiatry  
(<https://profiles.utsouthwestern.edu/profile/101045/suselina-acosta.html>)
- Dr. Joseph Guillory, Children's Medical Center Department of Psychiatry
- Dr. Brenda Richardson-Rowe, LPC-S of Harmony House Counseling Center
- Dr. Dennis Le, UT Southwestern Department of Psychiatry  
(<https://profiles.utsouthwestern.edu/profile/19449/nhan-le.html>)

Registration:

<https://utsouthwestern-edu.zoom.us/meeting/register/tjYudOGtqDwqGNTloAhHuizzEjiVtY1FGKYs>

### **August 4 Department Town Hall**

Our next Psychiatry Department Town Hall will be held via Zoom at noon on Wednesday, August 4. Reach out with your ideas for topics to cover or questions to be addressed!

Submit Items for Town Hall → <https://forms.office.com/r/k0v70tbT6S>

### **October 1 Faculty Retreat – Hybrid Style**

The Faculty Retreat will take place on Friday, October 1, 2021, in a hybrid format, with both an online joining option and an in-person option at University Hospital.

**More information to come!**

## Contact Us

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