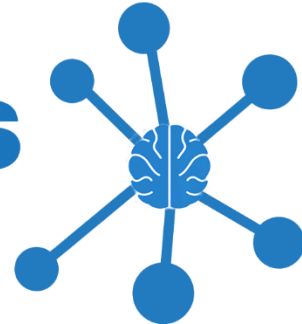


Connections

Department of Psychiatry



2021 Issue 1, May 19

The Department of Psychiatry has had a wonderfully successful year with academic appointments. The outcomes have been so remarkable that we decided it is ideal material with which to launch the new departmental newsletter, called *CONNECTIONS*.

In this first issue, we feature each Psychiatry faculty member promoted in 2021 so that you can get to know your peer faculty better, share in their outstanding accomplishments, and call them out for their excellent work.

Every year as our faculty grows in number and in accomplishments, I feel even prouder than the year before. All of us can feel a collective sense of pride in our progress, whether in clinical, educational, or research work. My hats off to all of you!

--Carol A. Tamminga, M.D.
Department Chair

Promoted to Professor in 2021



Laura Howe-Martin, Ph.D., ABPP

Dr. Howe-Martin leads a psycho-oncology team at the UT Southwestern Moncrief Cancer Institute, where she treats patients, creates training opportunities, and conducts clinical research. She also developed the Parkland Psychogenic Nonepileptic Seizure Program and provides continuing education to neurology and psychiatry regarding this condition. Other educational interests are in pedagogy, psychopathology, and cultural diversity, and she recently began serving a second term on the American Psychological Association Continuing Education Committee.

Graduate School: *University of North Texas*

Postdoctoral Training, Residency Training: *UT Southwestern*



Kimberly Roaten, Ph.D.

Dr. Roaten leads the universal suicide screening program at Parkland Health & Hospital System, which has been recognized by The Joint Commission as a model for improving suicide risk detection. The design of the program included the creation of a novel clinical decision support system integrated into the electronic health record in order to standardize and optimize patient care in a very large healthcare system. Clinically, Dr. Roaten specializes in caring for patients with burn injuries and chronic illnesses.

Graduate School: *UT Southwestern*

Internship: *Southern Methodist University, UT Southwestern*



Lia Thomas, M.D.

In her clinical work, Dr. Thomas takes care of returning Iraq and Afghanistan Veterans and supervises a team of clinicians caring for Veterans with posttraumatic stress disorder from previous wars and conflicts, in addition to men and women with military sexual trauma. Her academic interests are in the faculty advising and transition between medical school and residency, expanding the resident workforce, and bringing a focus on diversity and inclusion to resident recruitment strategies.

Medical School: *Tulane*

Residency Training: *UT Southwestern*

Promoted to Associate Professor in 2021



Barry Ardolf, Psy.D., ABPP

Dr. Ardolf is the Co-Director of the Neuropsychology Postdoctoral Residency at the VA North Texas Health Care System. He is a board certified neuropsychologist who is also involved in training internship and practicum level students. He completes neuropsychological evaluations with patients with known or suspected neurological disorders. His research interests include memory, declines in executive functioning, and dementia. He also serves as a student mentor through the American Academy of Clinical Neuropsychology (AACN) as well as a work sample reviewer.

Graduate School: Forest Institute of Professional Psychology

Internship: VA North Texas Health Care System

Postdoctoral Training: Henry Ford Hospital



Joel Baskin, M.D.

Dr. Baskin specializes in the rapidly growing field of Integrated Care via his clinical and administrative work. He is the Medical Director of the Integrated Care team for the Veterans Affairs North Texas Healthcare System and the lead for Integrated Care for all Veterans Affairs health care systems in Texas. Nationally Dr. Baskin is an expert on the role of psychiatrists in Integrated Care in the VA.

Academically, Dr. Baskin is involved in teaching via the VA Integrated Care resident rotation and the medical student and resident lecture series and via directing the psychopharmacology course for the psychology graduate program.

Medical School: University of Tennessee College of Medicine

Residency Training: UT Southwestern



Will Clark, M.D.

Dr. Clark serves as the Medical Director of the Inpatient Psychiatry Unit at Clements University Hospital. He also is a member of the University's ECT and Interventional Psychiatry Service. His professional activities include direct clinical care, teaching, and administrative responsibilities with an emphasis on quality improvement. Dr. Clark's primary area of clinical interest is the treatment of acute and often severe psychiatric illness, with an emphasis on treatment-resistant mood and psychotic disorders. Dr. Clark also is active in clinical research through his role with the Interventional Psychiatry Service.

Medical School: UT Health Science Center San Antonio

Residency Training: UT Southwestern



Nyaz Didehbani, Ph.D.

Dr. Didehbani is the Co-Director of the Neurorehabilitation Program at UT Southwestern Frisco. She assesses patient with known or suspected neurological disorders with a special interest in sports related concussion. Her research focuses on the longitudinal effects of head impact in youth athletes to aging effects of TBI in retired athletes. She serves as the chair of the National Academy of Neuropsychology's Women in Leadership Committee, on the Executive Board of the Sports Neuropsychology Society as Member-at-Large, and Co-Chair of the newly formed Social and Cultural Equity in Sports Task Force.

Internship: *Wayne State University*

Graduate School: *University of North Texas*

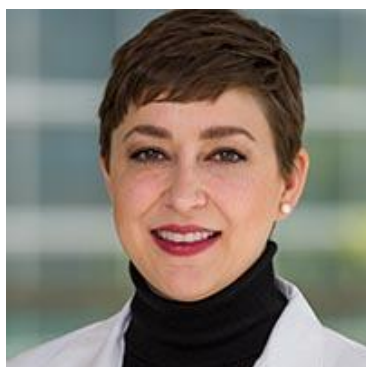
Postgraduate Training: *University of Texas at Dallas*



Andrew Diederich, M.D.

Dr. Diederich is the medical director of the Inpatient Psychiatry Program at Children's Health: Children's Medical Center Dallas, where he takes care of teens and children primarily in the context of suicidal thoughts and behavior. His academic interest is in factors contributing to suicide and mood disorders in the teen population, and he is involved in teaching from pre-clinical college through fellowship, including through directing the clinical site at Children's Health. Dr. Diederich is serving as a delegate to the American Academy of Child and Adolescent Psychiatry Assembly of Regional Organizations.

Medical School, Residency, Fellowship: *University of Arkansas for Medical Sciences*



Meitra Doty, M.D.

Dr. Meitra Doty practices outpatient psychiatry at Parkland Health and Hospital System and specializes in peripartum psychiatry and trauma related disorders. Dr. Doty trains UT Southwestern residents and medical students in women's mental health and serves on the state committee reviewing maternal morbidity and mortality. Additionally, Dr. Doty serves on the Parkland Medical Informatics team as a liaison between Parkland clinicians and technology services to improve patient care.

Medical School: *University of Oklahoma*

Residency Training: *UT Southwestern*



Brittany Hall, Ph.D.

Dr. Hall is the lead Adolescent and Young Adult Psychologist at UT Southwestern Moncrief Cancer Institute, where she treats patients, supervises trainees, and conducts research. She designs and evaluates AYA-specific programs, including an electronic Needs Assessment and AYA Care Plan. She co-founded the Dialectical Behavior Therapy Training Program at the Southwestern Therapy Clinic and is published in the areas of CBT, supervision and AYA oncology

Graduate School: *Seattle Pacific University*

Postdoctoral Training, Residency Training: *Harbor-UCLA Medical Center*



Jennifer Hughes, Ph.D., M.P.H.

Dr. Hughes leads the Risk and Resilience Network, an initiative of the UT Southwestern Center for Depression Research and Clinical Care, which includes partnerships with local schools to implement mental health promotion and suicide prevention programs, serving over 15,000 youth since 2016. She is also the Operations Lead for the Texas Youth Depression and Suicide Research Network, an initiative of the Texas Child Mental Health Care Consortium. Dr. Hughes is currently on the Executive Board of the American Psychological Association Society of Clinical Child and Adolescent Psychology (SCCAP). Dr. Hughes' research explores the efficacy and effectiveness of psychosocial treatments for building resilience and addressing depression and suicide in youth.

Graduate School and Internship: *UT Southwestern*

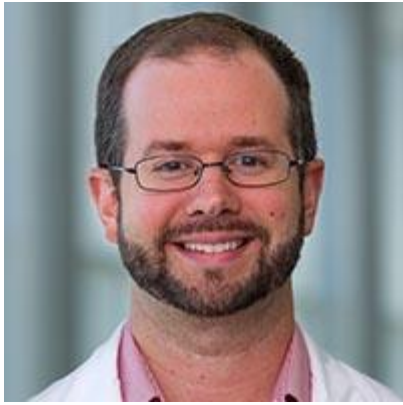
Postdoctoral Training: *UCLA Semel Institute, Youth Stress and Mood Program*



Heidi Koehler, Ph.D., ABPP

Dr. Koehler is the Military Sexual Trauma (MST) coordinator for the Fort Worth VA Outpatient clinic and the MST VISN-level point of contact for VISN 17. Dr. Koehler's clinical interests include assessment and treatment of the psychological sequelae of MST (including PTSD, depression, and personality disorders) and providing evidence-based therapies in individual therapies and group therapies, including Cognitive Processing Therapy, Dialectical Behavior Therapy, Prolonged Exposure, and Cognitive Behavioral Therapy for Depression. Her theoretical orientation is integrative and comprises cognitive-behavioral and mindfulness approaches and existentialism.

Graduate School: *Texas A&M University*

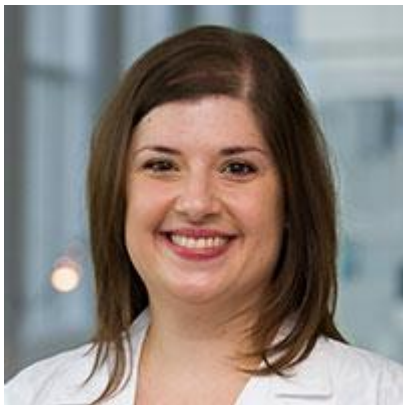


Ben Lippe, Ph.D., ABPP

Dr. Lippe works on the Consultation-Liaison Psychiatry service at William P. Clements University Hospital. He specializes in transplant psychology and works closely with UT Southwestern solid-organ transplant programs. In these roles, he evaluates and treats patients, and provides interdisciplinary consultation to medical providers. Dr. Lippe also serves as a course instructor for the Clinical Psychology Graduate Program. His academic interests include aspects of health psychology including health-related anxiety, biopsychosocial considerations in transplant, and pain management.

Graduate School: *Abilene Christian University, UT Southwestern*

Fellowship: *SMU Counseling and Psychiatric Services*



Katherine Bellone Mount, Ph.D.

Dr. Bellone is the Director of Psychological Services at the Center for Autism and Developmental Disabilities. Her clinical focus is on improving emotional and behavioral concerns in children and adolescents with Autism Spectrum Disorders and related conditions. In addition to her clinical work, Dr. Bellone is passionate about helping others support individuals with developmental differences through clinical training, along with teaching and community outreach.

Graduate School: *The University of Southern Mississippi*

Internship/Fellowship: *Kennedy Krieger Institute/Johns Hopkins School of Medicine*



Mona Robbins Ph.D.

Dr. Robbins is the Psycho-Oncology Lead at the UT Southwestern Simmons Comprehensive Cancer Center, where she conducts psychotherapy, consultation, clinical supervision, and research. She is an advocate for patient wellness and student training, which is evident in her diverse professional roles across academic and community settings. She is a member of several committees within the Department of Psychiatry and across campus with interests in broadening the cultural landscape of psychological care and practice.

Graduate School: *University of Illinois at Urbana Champaign*

Internship: *Medical College of Georgia/Charlie Norwood VA Medical Center*

Fellowship: *Children's Health Dallas*



Reed Robinson, Ph.D., ABPP

As Director of Psychological Services, Dr. Robinson coordinates and supervises aspects of the Department's clinical operations provided by psychology faculty, including all psychology services across UTSW Medical Center, Parkland Hospital, and affiliated institutions (e.g., Moncrief Cancer Institute). In addition to his leadership role, he has a busy practice in the Multi-Specialty Outpatient Clinic, where he provides evidence-based therapy with specializations in trauma, depression, and anxiety. He also co-leads the clinic's Measurement Based Care (MBC) Research Initiative, an ongoing effort to support clinical faculty in publishing scholarly work utilizing MBC data collected in the clinic. He also serves on the ABPP Resource Committee and mentors faculty obtaining board certification in Clinical Psychology and recently completed the UTSW/UTD MBA program.

Graduate School: *Iowa State University*

Internship: *VA North Texas Health Care System*



Rachel Russo, M.D.

Dr. Russo works at the Dallas VAMC taking care of Veterans with a wide variety of psychiatric conditions on the Mental Health Diamond team. She is also the associate clerkship director for the psychiatry clerkship at UT Southwestern. Her academic interests are innovative and effective ways of teaching, recruitment of medical students and residents to psychiatry, evaluation and grading, and faculty development.

Medical School: *UT Southwestern*

Residency Training: *UT Southwestern*



LaDonna Saxon, Ph.D.

Dr. Saxon co-manages the Health Promotion and Disease Prevention program at the VA North Texas Health Care system. She serves as a national trainer within VHA for the Motivational Interviewing/Motivational Enhancement Therapy and Cognitive Behavioral Therapy for Chronic Pain Evidence Based Psychotherapy programs. She also serves as a Servant Leadership trainer with the National Center for Organizational Development. Clinically, she specializes in Clinical Health Psychology, with particular emphasis in the areas of non-pharmacological approaches to pain management and treatment of sleep disorders.

Graduate School: *University of North Texas*

Internship: *Southwestern Consortium*

Postdoctoral Fellowship: *James A. Haley VAMC*



Beverly Wu, M.D.

Dr. Wu is the associate director of the Psychiatric Emergency Department of Parkland Hospital, where she takes care of patients with a wide range of psychiatric conditions in critical situations. She has worked also as an attending at psychiatric inpatient units in Zale Lipshy University Hospital and Parkland Hospital. Her academic interests are effective ways of teaching medical students and residents, evaluation and grading, and faculty development.

Medical School: West China University of Medical Sciences

Residency Training: John Peter Smith Health System,
University of North Texas Health Sciences Center

Interested to Learn More about the Path to Promotion?

Visit the *Faculty Corner* (VPN access required):

<https://www.utsouthwestern.net/intranet/education/faculty/>

Introduction to the Psychiatry Career Advising Program (P-CAP)

Capriana Oyedeji, Project Manager, 713.732.6104, Capriana.Oyedeji@UTSouthwestern.edu

In 2002, the Department of Psychiatry began the P-CAP academic advising program, pairing each junior faculty member with a more senior faculty member for promoting the success of our junior faculty on all tracks at UT Southwestern (tenure, research, clinical scholar, clinician). This program specifically aids Assistant Professors in developing their careers and earning promotion to Associate Professor.

Roles in P-CAP

- **Advisor** - an Associate/Full Professor who assists the Advisee in achieving promotion and meeting career goals, independent of content/field of specialty
- **Mentor** - an experienced person who teaches a less experienced person to succeed in an area of mutual interest, sometimes apprenticing the less experienced person, based on content (areas of interest or specialty)
- **Supervisor** - a person who assigns, oversees, and evaluates the work of the Advisee

Role of P-CAP Advisor

- Ensure that Advisee is on appropriate track and understands expectations required for advancement for the track
- Meet with Advisee as needed (recommended twice in year 1 and annually after)
- Review Advisee's career dossier regularly (at least annually)
- Discuss/review career timeline with Advisee
- Provide resources for mentorship, service, and presentation opportunities

Qualifications of P-CAP Advisor

- Associate Professor or Professor at UT Southwestern
- Understand each of the UT Southwestern tracks and how to develop a successful promotion packet for review by the UT Southwestern Promotion and Tenure Committee
- Not in Advisee's direct line of supervision
- Engaging and accessible to Advisee

Expectations of P-CAP Advisee

- Meet with the Advisor as agreed and as recommended above
- Contact the Advisor as needed for career-related advice and direction
- Update career documents (CV, teaching and service portfolio) no less than annually, and per formats required by our academic administration
- Take responsibility for his/her career and openly discuss career needs with Advisor
- Develop and keep a timeline of career progress

Role of Departmental Appointments and Promotions Committee

- General oversight of the Advising Program
- Assignment & Re-assignment of Advisers/Periodic review of assignments
- Development and update of guidelines to assist senior faculty in advising junior faculty development, information sharing, and promotion of “best practices” for successful advising
- Provision of guidance and training to Advisors

Email Capriana Oyedeji for more information: Capriana.Oyedeji@UTSouthwestern.edu

Welcome New Faculty and Staff Members!

- **Kellilyn Dropkin**, BL7 Clinic, Social Worker
- **Haneen Khan**, Brown Lab, Clinical Data Specialist
- **Dr. Chadrick Lane**, Assistant Professor, Clinician - Educator
- **Chen Lin**, Center for Depression Research and Clinical Care, Database Analyst
- **Leah Morales**, Instruction Division, GME Program Coordinator I
- **Robbin Peck**, Chairman’s Office, Administrative Associate
- **Christy Rivera**, BL7 Clinic, Certified Medical Office Assistant

Newsletter Naming Contest Winners



We held a department-wide contest to name our newsletter. We were thrilled to have 64 different people respond with 123 unique options for the name! Assistant Professor Valerie Loehr, Ph.D., and Professor Robert Ruchinkas, Psy.D., individually submitted the chosen name, *Connections*, and each received a customized UT Southwestern travel mug (pictured above).

Highlights from Our Latest Publications

The Eating Disorders team has had two papers come out, one on a group therapy for eating disorders and one on altered brain function in bulimia nervosa.

<https://www.sciencedirect.com/science/article/pii/S2589979120300561?via%3Dihub>
<https://www.sciencedirect.com/science/article/pii/S2451902221000318?dgcid=author>

The Adolescent and Young Adult Oncology team published an article though JCO Clinical Informatics <https://ascopubs.org/doi/pdf/10.1200/CCI.21.00029> that outlines their qualitative project to develop and assess an individualized electronic care plan for young adults, in partnership with the Fort Worth Adolescent Young Adult Oncology Coalition and Dr. Morhaf Al-Achkar at University of Washington. They are about halfway through the qualitative interviews. The follow-up article to this publication is expected this summer. The first author, Haley Markwardt, will be completing her dissertation with us, continuing this same work, beginning Fall 2021.

Multiple authors from UT Southwestern, including Brittany Hall, Kimberly Roaten, Madhukar H. Trivedi, and Laura Howe-Martin collaborated on the new paper "Suicidal Ideation and Depression Among Adolescent and Young Adult Cancer Patients, in *Journal of Adolescent and Young Adult Oncology*. https://www.liebertpub.com/doi/10.1089/jayao.2020.0180?url_ver=Z39.88-2003&rft_id=ori%3Arid%3Aacrossref.org&rft_dat=cr_pub++0pubmed&

Adriana Miu and Jessica Moore have published a commentary in the journal *Academic Psychiatry* titled "Behind the Masks: Experiences of Mental Health Practitioners of Color During the COVID-19 Pandemic" a wonderful paper and a real contribution to our times, the school, and to our Department.

<https://rdcu.be/ckLMy>

Launch of OBI "Member" and "Investigator" Affiliations

Membership in the Peter O'Donnell Jr. Brain Institute is automatic for all faculty with a primary appointment in the Department of Psychiatry. All faculty members are eligible to [apply for special funding for program activities](#), including support for research symposia or educational or community outreach activities. Additionally, all faculty are eligible to apply for "Investigator" status within the OBI, through the ["Request for OBI Investigator Status" form](#). Investigator status requires that faculty meet one of several scholarly criteria and is open to all UTSW faculty (including beyond OBI departments). This category is meant to foster scholarly excellence and to enhance connections among the entire UTSW faculty working on research related to brain science. Investigator benefits include subsidies on OBI Core resources, eligibility to apply for OBI internal grant programs, and eligibility for the use of OBI laboratory space.

Learn more about your membership in the OBI as well as the Investigator status through the links below (VPN access required):

- Membership and Funding Application: <https://www.utsouthwestern.net/intranet/departments-centers/odonnell/OBI%20Membership>
- Investigator program: <https://www.utsouthwestern.net/intranet/departments-centers/odonnell/OBI-Investigators>

Clinical Trials

Check out Study Finder for clinical trials studying mental health at UT Southwestern Medical Center.

<https://clinicaltrials.utswnmed.org/studies?search%5Badults%5D=1&search%5Bcategory%5D=13&search%5Bchildren%5D=1/>

Mark Your Calendars

May 22 NAMIWalks Your Way North Texas - Virtually Anywhere!

Join UTSW Psychiatry Team Confabulous -- as of May 19, we have raised \$2,385. Let's continue our team's momentum by reaching out to our respective support systems: family, friends, colleagues, etc. If you haven't heard back from someone you have previously reached out to, feel free to send a "friendly reminder" email with the walk date included (this Saturday, May 22). We all know how easy it is for an email or text to get lost in in-boxes and phones.

Also, let us know if you plan on walking in-person or virtually so that we can plan accordingly. In both cases, please take and share photos of you and your loved ones celebrating mental health and the walk: taking a walk outside, hiking, biking, sharing a good meal, cooking, painting, exercising, crafting, relaxing, etc. Creativity is greatly appreciated. (Contact: Joseph Guillory Joseph.Guillory@UTSouthwestern.edu)

<https://www.namiwalks.org/index.cfm?fuseaction=donordrive.event&eventID=1041>



June 2 Department Town Hall

Our next Psychiatry Department Town Hall will be held via Zoom at noon on Wednesday, June 2. Reach out with your ideas for topics to cover or questions to be addressed!

Submit Items for Town Hall → <https://forms.office.com/r/k0v70tbT6S>

Contact Us

Psychiatry.Communications@utsouthwestern.edu

Ann Tennier, Managing Editor

Cari Norz, Department Administrator

UT Southwestern Psychiatry, <https://www.utsouthwestern.edu/psychiatry/>

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