

Cedars Meditation Group – Now Meeting on Zoom!

Please join us for Meditation on Wednesdays from 5:30 to 6:30 p.m. We will use mindfulness or Vipassana Meditation audio recordings from the Insight Meditation Center in Redwood City. For questions, please contact Sandy Spears at meditation@cedarsuuchurch.org. Please use the link below to join...

<https://us02web.zoom.us/j/89159578692?pwd=AEyKaERNaassAXLQ0UFaH7iZlLbbGE.1>

Meeting ID: 891 5957 8692

Passcode: 593983