

Are you an adoptive parent with questions?

"When should we start talking about adoption?"

"How do we talk about our child's birth family when we don't have all of the answers?"

"My teen just 'met' her biological sister on Facebook. Help!"

"Do we have to tell our daughter her first/birthmom used drugs?"

"What should we do if we know a lot about our daughter's history but nothing about our son's history?"

"Our extended family doesn't really understand our desire for openness in our adoption. How can we help them get how important this is for us?"

These are just a few questions I frequently get from adoptive parents worldwide. I am committed to helping parents navigate difficult situations and conversations. We'll work together so you, your child's best advocate, will have the tools, language and answers to help your child connect the dots of their adoption story.

Coaching is somewhat different than therapy - conversations take place in real time when parents need answers and information.

Coaching meetings are offered in person, by phone or virtually for convenience and for those who aren't local. Please reach out with any questions you have about Adoptive Parent Coaching.

Contact me today and learn about special package rates.

Lesli Johnson ~ Adoptee, Therapist, Adoptive Parent Coach

lesli@yourmindfulbrain.com

www.yourmindfulbrain.com 310-614-1867