



March 13, 2020

Dear Families,

As a precautionary step to slow and prevent the spread of COVID-19, and after careful deliberations with local school district leaders, and in consultation with the Orange County Department of Education, we are suspending school starting Tuesday, March 17<sup>th</sup> to April 10<sup>th</sup>. Classes will resume, April 13<sup>th</sup>.

Please know that to date, no student or staff have tested positive for COVID-19 at El Sol Academy. The purpose of the closure is to prevent unnecessary gatherings of large numbers of people which, research has shown, only serve to accelerate the spread of the virus.

### **Instructional Plan**

We will be sending you additional information regarding the continuity of teaching and learning. We are in the process of working with our staff to provide guidance around learning packets, while maintaining a clear understanding of the needs of all of our students and their families. Rest assured that we are considering all possible alternatives and will keep the lines of communication open. We will send information on Monday regarding the distribution of the learning packets, tentatively planned for Tuesday. We ask for your flexibility and patience as we work through the most efficient and reasonable plan.

In an effort to have all of the information necessary to make ongoing and informed decisions about the continuity of learning, we ask that you complete the Technology and Internet Connectivity Access.

Please follow the link below:

English

<https://forms.gle/yhAgjDC72DnJVd3EA>

Spanish

<https://forms.gle/qoWgdRyF4cMbVhjL9>

If you need a hard copy of the survey, one will be provided with the learning packet.

### **Meal Program**

The safety and well being of our families continues to be a top priority. Therefore, El Sol is working on a plan that will allow our students to continue to receive their daily lunch meals. Information will be released on Monday.

## **How to talk to your children about the Covid-19**

### **Remain calm and reassuring.**

Children will react to and follow your verbal and nonverbal reactions.

If true, emphasize to your children that they and your family are fine.

Remind them that you and the adults at their school are there to keep them safe and healthy.

### **Make yourself available.**

It is important that they know they have someone who will listen to them; make time for them.

### **Avoid excessive blaming.**

It is important to avoid stereotyping any one group of people as responsible for the virus.

Be aware of any comments that other adults are having around your family. You may have to explain what comments mean if they are different than the values that you have at home

### **Monitor television viewing and social media.**

Limit television viewing or access to information on the Internet and through social media. Try to avoid watching or listening to information that might be upsetting when your children are present.

Speak to your child about how many stories about COVID-19 on the Internet may be based on rumors and inaccurate information.

### **Maintain a normal routine to the extent possible.**

Keep to a regular schedule, as this can be reassuring and promotes physical health.

Encourage your children to keep up with their schoolwork and extracurricular activities when available, but don't push them if they seem overwhelmed.

### **Be honest and accurate**