



Presbyterian Hunger Program

When times are hard, asking for help shouldn't come with shame. We all deserve access to nourishing, culturally appropriate food, and the care of community.

If you or someone you know needs support, there are tools that can help you find nearby food pantries, meal programs, and other local resources:

- Visit Feeding America's "Find Your Local Food Bank" www.feedingamerica.org/find-your-local-foodbank and enter your ZIP code to locate a food bank in your community.

- Use the Food Finder map to explore nearby food pantries, including addresses and hours.

<https://foodfinder.us>

- You can also visit www.findhelp.org to search for food programs and other community resources.

Phone assistance:

- Call or text 211 to connect with a local specialist who can help you find food assistance and other support services in your area.

- National Hunger Hotline – Call 1-866-3HUNGRY (1-866-348-6479) for help locating nearby meal sites, food banks, and social service programs.

Transportation issues:

- Many people experiencing hunger also face transportation barriers that make accessing grocery stores and food pantries difficult or impossible. DoorDash is rolling out an "Emergency Food Response" in reaction to the potential disruption of Supplemental Nutrition Assistance Program (SNAP) benefits.

They will deliver 1 million meals for free through their "Project DASH" network of 300+ foodbanks and pantries nationwide. Learn more here: <https://about.doordash.com/.../snap-shutdown-announcement>

Congregational Support:

- Local or regional foundations – especially those suited to long-term sustaining of feeding programs and social services. Find possibilities in your area at <https://cof.org/page/community-foundation-locator>.

- Manual of Best Practices for Food Pantries from [Indy Hunger Network](http://www.indyhunger.org) -

<https://www.indyhunger.org/.../Manual-of-Best-Practices...>

- Food Sovereignty for All Handbook - <https://pcusa.org/resource/food-sovereignty-all>



Remember, community care means none of us have to carry hunger or hardship alone.

As a partner with the Food Bank of Central NY (serves 11 counties)

Interfaith Works is taking donations. Please send check to them at 1010 James St., Syracuse NY 13209 Write in MEMO: SNAP Program (& designate the county) OR for credit card use call #315-449-3552.

Publicize this information in your congregation- both for those who have lost their SNAP funding and those who want to make food/meals available to their local community.