



Recovery Program Solutions of Virginia

Virtual Programming

Calendar January 2022

Need One-on-one support?

RPSV Zoom Chats are available

Monday through Friday from 6 p.m. - 9 p.m.

Zoom Chats are free **one-on-one virtual** sessions staffed by team members who are trained to listen and help.

Visit <https://bit.ly/RPSV-Virtual> to learn more and book an appointment today.

Opciones de habla hispana estan disponible.

Register for Virtual Groups

To get unlimited access to all of RPSV's online programs, please visit <https://bit.ly/RPSV-Virtual> or click on the link below.

**REGISTER
HERE**

**All Programs
are Free!**

MONDAY

10:30 a.m. - 11:30 a.m.

Tranquil Voices

7:00 p.m. - 8:00 p.m.

Becoming Your Own
Superhero

Monday, January 9, 2022
1:00 p.m. - 2:30 p.m.

Financial Fitness

TUESDAY

10:30 a.m. - 11:30 a.m.

Achieving Wellbeing

7 p.m. - 8 p.m.

The Joy of Discovery

WEDNESDAY

10:30 a.m. - 11:30 a.m.

Topic of the Day

7 p.m. - 8 p.m.

Recovery in Action

Zoom Chats

Monday - Friday, 6 p.m. - 9 p.m.



THURSDAY

10:30 a.m. - 11:30 a.m.

Creative Expressions

1:00 p.m. - 2:00 p.m.

Pathways to Resilience

7 p.m. - 8 p.m.

Circle of Wellness

FRIDAY

10:30 a.m. - 11:30 a.m.

A Journey of Strength



SATURDAY

11 a.m. - 12 p.m.

Recovery en
Español

2 p.m. - 3 p.m.

ABC's of
Recovery

virtual@recoveryprograms.us