



Recovery Program Solutions of Virginia Virtual Programming Calendar January 2022

Need One-on-one support?

RPSV Zoom Chats are available

Monday through Friday from 6 p.m. - 9 p.m.

Zoom Chats are free **one-on-one virtual** sessions staffed by team members who are trained to listen and help.

Visit <https://bit.ly/RPSV-Virtual> to learn more and book an appointment today.

Opciones de habla hispana estan disponible.

Register for Virtual Groups

To get unlimited access to all of RPSV's online programs, please visit <https://bit.ly/RPSV-Virtual> or click on the link below.

REGISTER
HERE

**All Programs
are Free!**

Friday, January 20, 2022
7:00 p.m. - 8:00 p.m.
Facing and Overcoming Loneliness

MONDAY

10:30 a.m. - 11:30 a.m.
Tranquil Voices

7:00 p.m. - 8:00 p.m.
Becoming Your Own
Superhero

TUESDAY

10:30 a.m. - 11:30 a.m.
Achieving Wellbeing

7 p.m. - 8 p.m.
The Joy of Discovery

WEDNESDAY

10:30 a.m. - 11:30 a.m.
Topic of the Day

7 p.m. - 8 p.m.
Recovery in Action

THURSDAY

10:30 a.m. - 11:30 a.m.
Creative Expressions

1:00 p.m. - 2:00 p.m.
Pathways to Resilience

7 p.m. - 8 p.m.
Circle of Wellness

FRIDAY

10:30 a.m. - 11:30 a.m.
A Journey of Strength

SATURDAY

11 a.m. - 12 p.m.
Recovery en
Español

2 p.m. - 3 p.m.
ABC's of
Recovery

Monday, January 9, 2022
1:00 p.m. - 2:30 p.m.
Financial Fitness

Zoom Chats
Monday - Friday, 6 p.m. - 9 p.m.



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