



Recovery Program  
Solutions Of Virginia

## **RECOVERY PROGRAM SOLUTIONS OF VIRGINIA (RPSV) FREE VIRTUAL PROGRAMMING FOR APRIL 2021**

**RPSVA.ORG . (800) 374-4198**

*Need one-on-one support? Call RPSV's Warm Line to talk confidentially to a peer specialist. The Warm Line offers a friendly voice and personalized support for callers and is available Monday through Thursday from 4 p.m. - 11 p.m.*

*Reach us at **(703) 817-6124**.*

*RPSV also offers one-on-one virtual sessions through the Warm Line via Zoom.us.*

*Visit [rpsva.org/warm-line-calendar](http://rpsva.org/warm-line-calendar) to learn more today.*

### **Zoom Codes for April 2021**

10:30 a.m. – Meeting ID: 863 3251 5567  
Phone: (301) 715-8592 Code: 86332515567#  
Zoom Link: <https://us02web.zoom.us/j/86332515567>

2:00 p.m. – Meeting ID: 814 9653 7800  
Phone: (301) 715-8592 Code: 81496537800#  
Zoom Link: <https://us02web.zoom.us/j/81496537800>

3:00 p.m. – Meeting ID: 846 1279 9663  
Phone: (301) 715-8592 Code: 84612799663#  
Zoom Link: <https://us02web.zoom.us/j/84612799663>

7:00 p.m. – Meeting ID: 844 0897 1796  
Phone: (301) 715-8592 Code: 84408971796#  
Zoom Link: <https://us02web.zoom.us/j/84408971796>

#### **MONDAY**

**10:30 a.m.**  
**Tranquil Voices**  
**2:00 p.m.**  
**Creative Expressions**

#### **TUESDAY**

**10:30 a.m.**  
**The Silver Lining**  
**7:00 p.m.**  
**Overcoming Anxiety**

#### **WEDNESDAY**

**10:30 a.m.**  
**Topic Of The Day (Livestreamed from CWC)**  
**2:00 p.m.**  
**Spiritual Journey**

#### **THURSDAY**

**10:30 a.m.**  
**Staying Healthy And Fit**  
**7:00 p.m.**  
**Facing and Overcoming Loneliness**

#### **FRIDAY**

**10:30 a.m.**  
**Art for Wellness**  
**2:00 p.m.**  
**Achieving Well-Being**

#### **SATURDAY**

**3 p.m.**  
**ABC's of Recovery (Livestreamed from SCRDIC)**

**RPSV's programs are free. All are welcome!**