



# Recovery Program Solutions of Virginia

## Virtual Programming

### Calendar 2022

#### Need One-on-one support?

RPSV Zoom Chats are available Monday through Friday from 6 p.m. - 9 p.m.

Zoom Chats are free **one-on-one virtual** sessions staffed by team members who are trained to listen and help.

Visit <https://bit.ly/ZC-Registration> to learn more and book an appointment today.

Spanish-speaking options are available.

Register for Virtual Groups

To get unlimited access to all of RPSV's online programs, please visit <https://bit.ly/VG-Registration> or click on the link below.

**REGISTER  
HERE**



**All Programs  
are Free!**

#### MONDAY

**10:30 a.m. - 11:30 a.m.**

Tranquil Voices

**4:00 p.m. - 5:00 p.m.**

Pathways to Resilience

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**6 p.m. - 9 p.m.**

Zoom Chat Support

#### TUESDAY

**10:30 a.m. - 11:30 a.m.**

Achieving Wellbeing

**7 p.m. - 8 p.m.**

Recovery in Action

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**6 p.m. - 9 p.m.**

Zoom Chat Support

#### WEDNESDAY

**10:30 a.m. - 11:30 a.m.**

Topic of the Day

**7 p.m. - 8 p.m.**

Facing & Overcoming  
Loneliness

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**6 p.m. - 9 p.m.**

Zoom Chat Support

#### THURSDAY

**10:30 a.m. - 11:30 a.m.**

Creative Expressions

**7 p.m. - 8 p.m.**

Circle of Wellness

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**6 p.m. - 9 p.m.**

Zoom Chat Support

#### FRIDAY

**10:30 a.m. - 11:30 a.m.**

A Journey of Strength

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**6 p.m. - 9 p.m.**

Zoom Chat Support

#### SATURDAY

**2 p.m. - 3 p.m.**

(\*\*On Saturdays  
only)

ABC's of  
Recovery

[virtual@recoveryprograms.us](mailto:virtual@recoveryprograms.us)

We Are Who We Serve!