



We Inspire girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running.

**Girls on the Run returns to Queen of Peace!
10 Week Program Starts Tuesday March, 21
Practices: Tuesdays and Thursdays 3:30 - 5:00 p.m.
Register opens online at: girlsontherunscwi.org
Monday February 13, 2017 at 8 a.m.**

Girls on the Run is a physical activity-based positive youth development program designed to develop and enhance girls' social, psychological, and physical competencies to successfully navigate life.

Participants explore and discuss their own beliefs around experiences and challenges girls face at this age. They also develop important strategies and skills useful in adolescence. The 10 week season culminates with the girls planning and executing a community impact project and participating in the Girls on the Run 5K.



Changing the world one girl at a time!

We envision a world where every girl knows & activates her limitless potential and is free to boldly pursue her dreams.