

Interconnected: Resilience & Wellness Program

The Interconnected: Resilience & Wellness Program is an educational webinar series for healthcare providers, professionals, and students to utilize in their journey of self-care while in the workforce or enrolled in school. The program highlights the importance of being resilient, catering to all dimensions of wellness, and how they are interconnected to achieve optimal health



Learn how to
bounce back and
incorporate
resilience into your
daily life



Involve the 8
dimensions of
wellness in your
resilience journey



Connect everything
together and
network with other
healthcare
professionals

*New
Series!*

OPEN FOR REGISTRATION

Please scan or click the left QR code to make a free account prior to registering for the webinars. If you already have an account, please scan or click the QR code to the right to log in to register for the program.



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