

Palm Beach County Fire Rescue
Mental Health Awareness Month Resources:

<https://sesameworkshop.org/topics/mentalhealth/>

<https://www.healthychildren.org/English/ages-stages/teen/Pages/Mental-Health-and-Teens-Watch-for-Danger-Signs.aspx>

<https://www.myflfamilies.com/services/samh/childrens-mental-health-resources>

<https://www.nimh.nih.gov/get-involved/digital-shareables/shareable-resources-on-child-and-adolescent-mental-health>

